

# Still

*magazine*

How we

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ATSU-KCOM Dean Margaret Wilson, DO, '82, and ATSU President Craig Phelps, DO, '84 (back, center), along with members of ATSU-KCOM's stage party, celebrate the class of 2019's Commencement Ceremony in Kirksville, Missouri.

## Service and perseverance

This issue of *Still Magazine* emphasizes service, a theme central to the University's mission and a passion shared by many at ATSU. On a more subtle note, this issue also emphasizes perseverance and the journey each of us takes to achieve our goals. Compassion for others and determination to improve health and wellness are hallmark traits of our University community.

Recently, ATSU completed its reaccreditation process with the Higher Learning Commission. In addition to receiving full accreditation for 10 years, we received many positive acknowledgements from site visitors, including the University's commitment to community engagement and service. While it certainly took perseverance to complete the multiyear process and evaluation, the recognition of our service-oriented culture spoke volumes about our collective dedication to ATSU's mission and to serving others.

As the University continues to grow and finds more ways to serve its communities, many changes are taking place. New centers and clinics dedicated to education and improving access to care are opening on our campuses, and faculty and staff are finding innovative opportunities to educate and prepare students. I hope you will take time to learn about these endeavors on the following pages, and thank you for your continued support of our great institution.

Yours in service,

Craig M. Phelps, DO, '84, president

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## Our mission

A.T. Still University of Health Sciences serves as a learning-centered university dedicated to preparing highly competent professionals through innovative academic programs with a commitment to continue its osteopathic heritage and focus on whole person healthcare, scholarship, community health, interprofessional education, diversity, and underserved populations.

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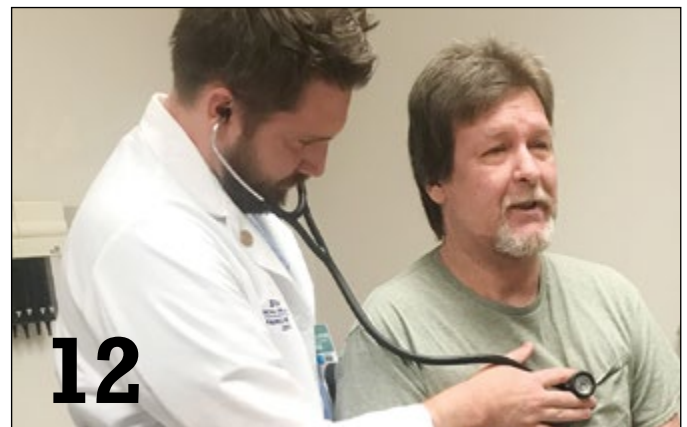


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Outlasting Memories

ATSU serves its communities through volunteering, patient care, campus and local events, and more.

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A.T. Still University (ATSU) is a graduate health sciences university comprised of six schools/colleges:

- Arizona School of Dentistry & Oral Health (ATSU-ASDOH)
- Arizona School of Health Sciences (ATSU-ASHS)
- College of Graduate Health Studies (ATSU-CGHS)
- Kirkville College of Osteopathic Medicine (ATSU-KCOM)
- Missouri School of Dentistry & Oral Health (ATSU-MOSDOH)
- School of Osteopathic Medicine in Arizona (ATSU-SOMA)

# Still *magazine*

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*Still Magazine* strengthens and extends the positive connections of alumni, faculty, staff, and students to the University and each other by informing, entertaining, and engendering pride in a shared experience and University mission. The magazine focuses on a variety of academic, social, political, cultural, scientific, and artistic issues through the lens of alumni and student achievements, scholarly activity, and institutional news.

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A.T. STILL UNIVERSITY  
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# Inspiration

## **E.A.R. Day 2018**

*Audiology students and faculty host local children and families*

On Oct. 20, the ATSU Chapter of Student Academy of Audiology hosted E.A.R. Day for the Mesa, Arizona, community. The event provided families with opportunities to learn more about hearing, hearing protection, communication strategies, and available resources.

Children rotated through a variety of activities (as pictured) while parents attended a panel of guest speakers. A family lunch was provided, followed by an informational session where parents could talk to professionals who provide services and resources to help people with hearing loss. The event ended with a carnival for the whole family.

"To play a role in E.A.R. Day 2018 was one of the most gratifying experiences in my graduate career thus far," says third-year audiology student Kelsey Artz, who organized the event. "To see members of our school and our community come together for all of the children was something truly to be proud of."

Making an athlete  
Fulfilling success  
A love story  
Lifelong caregiver  
A shot in the dark  
Brothers of healthcare



# Making an athlete

By Laurie Trowbridge



Josiah Middaugh powers through a grueling XTERRA race.

**I**n an XTERRA World Championship, athletes compete by swimming a mile, mountain biking 20 miles, and then running six miles, all in one day. Athletes compete on different terrains and environments. Swimming could be in a river, lake, or ocean. Biking could be a combination of a well-groomed trail that turns into a grueling 3,500-foot climb. In addition, running could be through a forest that leads into miles of beach sand.

Twelve-time XTERRA U.S. National Champion and 2015 XTERRA World Champion Josiah Middaugh, MS, '12, has trained his entire life to be an endurance athlete. He is a peak performer who coaches other athletes to achieve their best. However, he came to a professional racing career crossroads in 2010.

"I had just undergone my fifth knee surgery, and my future in the sport of triathlon was uncertain," Josiah says. "I had been personal training and coaching for a decade at that point, but I felt I needed

something to separate myself from the pack in a highly unregulated industry."

After researching ATSU's Human Movement program, he seized the educational opportunity. During his ATSU journey, he learned to define his coaching philosophy as well as how to incorporate evidence-based methods to improve training for his clients and enhance his approach to endurance training from the perspective of a coach and an elite athlete.

"The key for my endurance training is to sift through training approaches and short-term studies and decide how or if some of them can be applied to proven traditional methods," he says.

With previous experience as a coach and an athlete, Josiah and his equally accomplished brother, Yaro, established Middaugh Coaching in 2012. Working with athletes of all abilities and ages, their purpose is to set realistic goals for individuals and use performance metrics to guide and improve their training.

By avoiding trickle-down training methods of elite athletes, Josiah and Yaro review an individual's training history, current fitness level, goals, and available time to train and use that information to generate the most effective training program and schedule for that individual. Depending on the athlete's needs, Middaugh Coaching offers remote coaching, training camps, small-group training, and one-on-one sessions.

"Endurance athletes are not born – they're made," says Josiah. "It's incredible to see what people can achieve when they put their mind to it."

Now at age 40, Josiah is an endurance athlete of all seasons by competing in snowshoe races, mountain biking, trail running, and triathlons. While participating in grueling events that fulfill his spirit of adventure, he finds great rewards in coaching athletes. He says guiding people toward the best shape of their lives is as much about the journey as the destination.

# Fulfilling success

By Devon Williams

She was the most active she had ever been in her life. It was 2011, and Linda Hodges, DO, '05, was working nights in a critical care unit in St. Louis. After getting off work, she would go for a trail run and then head to her local Crossfit gym. However, she gained 20 pounds in four months and couldn't figure out why. Then, she had a conversation with her Crossfit trainer that changed her life.

"She asked me how many carbohydrates I was eating," says Dr. Hodges. "That was something I had never even considered. I came from the era where you followed a low fat diet; carbs weren't an issue in my mind."

After that day, she decided to learn all she could about nutrition, diet, and weight loss. She read everything she

could get her hands on and began giving talks about paleo and low-carb diets in the St. Louis area.

In 2015, she became certified as a diplomate by the American Board of Obesity Medicine. This designation represents the highest level of achievement in the medical specialty of obesity and weight loss medicine. After becoming certified, she opened Exceptional Health & Weight Loss Solutions PLC in Hiawatha, Iowa, a clinic to work one-on-one with patients to achieve their weight loss goals.

While working with her patients at the health and weight loss clinic, she noticed a large number of her patients were on medications for mental health, which was hindering their success in weight loss. Having struggled with post-traumatic stress disorder (PTSD) and depression in

her own life, she desired to take that type of pain away from others. In 2017, she opened Iowa Ketamine Services PLC. This clinic uses ketamine infusions as a valuable treatment tool for those suffering from refractory conditions such as PTSD, depression, and chronic pain.

Today, Dr. Hodges continues her work at both clinics, passionately working with patients to help them find success. She wrote a book, "Weight Loss that Works: Secrets to Restoring Confidence and Reclaiming Your Body." In addition, she recently created an intensive, eight-week online program with nutritional counseling, behavioral counseling, and mindset training similar to what she offers at her clinic.

"Every part of my career has fulfilled my need to make people feel deserving," Dr. Hodges says. "I don't ever want anyone to feel unworthy. That's probably the worst feeling I've ever felt, and that's what drives me."



Dr. Linda Hodges



Dr. Hodges works with a patient at the Iowa Ketamine Services PLC clinic.

# A love story

By Anne Ackroyd

**F**or someone with cancer, a simple tooth infection can mean a delay in receiving lifesaving care. When a walk-in patient with several infected teeth came to ATSU-ASDOH alumna Golnaz Pahlevanlou, DMD, MPH, '13, at San Ysidro Health in San Diego, there was much more than a toothache on the line. The patient needed clearance to begin chemotherapy. Because it weakens the immune system, the treatment that could save his life was on hold until the infection was addressed. Without dental insurance, the patient had nowhere else to turn.

When it comes to cancer treatment, timing is everything. Dr. Pahlevanlou knew there wasn't a moment to spare. The patient had several infected teeth – more than she would typically remove in one appointment. However, he had traveled from Mexico to visit the clinic and was in a hurry to get home and feed his pets. He wouldn't be able to come in for a second appointment the next day. She decided to remove some of the infected teeth in the morning and asked the patient to return later in the day for the remaining extractions.

"If there's one little thing that I can do, I'm going to do it," says Dr. Pahlevanlou.

The patient returned that afternoon with his wife. Brimming with gratitude for Dr. Pahlevanlou's help and overwhelmed by emotion, they shared their love story with her. Though they met in their late 40s, they were each other's first love. They connected online in the early days of internet dating and exchanged emails for several months before meeting face to face. They had been together for more than 20 years, a beautiful example of happily ever after that began on Yahoo! Personals. Dr. Pahlevanlou was touched by the couple's story.

"There was still so much sparkle in their marriage," she says. "You could tell how much they cared for each other."

A few days later, Dr. Pahlevanlou called the patient to see how he was doing. He had been cleared to begin chemotherapy the next week. Thanks to Dr. Pahlevanlou's compassion, his cancer treatment would begin on schedule. He and his wife could turn the page to the next chapter of their love story.

San Ysidro Community Health Center is one of the only options for many people in desperate need of care.

"We are the safety net," says Dr. Pahlevanlou. "No one gets turned away."

As a student at ATSU-ASDOH, Dr. Pahlevanlou embraced the University's mission and learned to love community health. It's why she decided to pursue a master of public health degree.

"ATSU-ASDOH encouraged our passion for serving the underserved, let it grow, and gave us the education to know what community health centers need," she says.

Dr. Pahlevanlou gained more than a great education at ATSU-ASDOH, however. It's where her own love story began. She met her husband, Mohammad Naqvi, DO, '13, when he was a student at ATSU-SOMA. He caught her eye competing in a Mr. A.T. Still pageant on campus, and they were introduced by mutual friends. Dr. Naqvi now works as an internist at Kaiser Permanente San Diego Medical Center. Although they are in different health professions, Drs. Pahlevanlou and Naqvi share a love of helping others lead healthy, happy lives.

While working at a community health center may not always be a fairy tale, Dr. Pahlevanlou's patients get her through the toughest days. She has found her happily ever after, in love and community health.



Dr. Golnaz Pahlevanlou met her husband, Dr. Mohammad Naqvi, while they were students in different programs at ATSU.

# The lifelong caregiver



By Erin Cole

Dr. Matthew Nelson talks with a patient at a family medicine center.

**M**atthew Nelson, DO, MPH, '15, was immersed in healthcare long before he stepped foot into medical school. Dr. Nelson's late brother experienced severe physical and mental impairments, and thus required a tremendous amount of care. At a young age, Dr. Nelson learned to recognize signs of a seizure, program feeding pumps, and insert gastric tubes.

"Most of my jobs as a young adult revolved around what I knew already, taking care of people as a certified nursing assistant or working in labs, inasmuch that I found myself infusing health and medicine into most of my life and studies," Dr. Nelson says.

Despite being involved in healthcare his entire life, his career path to medicine was not a natural progression. As a medical anthropologist on the Navajo Nation, he observed health and wellness through a non-medical lens. He developed a deep appreciation for community-based health initiatives and the ability to promote the

healing process from within. He became increasingly interested in the association between poverty and barriers to wellness.

Dr. Nelson became motivated to return to the Navajo Nation as a physician. With the strong support of his wife, Kasandra, he decided to apply to medical school. Because of his interest in community and public health, he was drawn to ATSU-SOMA. He had several memorable moments during medical school but none quite as memorable as his admission process.

"I received my letter in the mail informing me that I would not be granted an interview," recalls Dr. Nelson. "This came as quite a shock and was followed by several emotions, most notably disappointment."

Dr. Nelson made the difficult decision to call the admissions staff and ask what improvements they could recommend for his application the following year. During that phone call, he discovered a vital component of his application was never received. Once his application was

reviewed in its entirety, Dr. Nelson was extended an interview and accepted to ATSU-SOMA.

"I kept that rejection letter and placed it in the front of my notebook to remind me how fortunate I was to be there, and how even just a little extra ambition in the right place can change everything," Dr. Nelson says.

Dr. Nelson is currently completing a fellowship in surgical obstetrics in Denver, Colorado. Although his practice is primarily obstetric patients, he treats newborns to geriatrics and hospice. This summer, he will transition to northern Arizona where he will be working near the Navajo reservation at a community health center.

Whether he is delivering babies in a rural emergency room or conducting home visits to the elderly, these experiences have galvanized Dr. Nelson's passion for underserved medicine. His unwavering commitment to providing exceptional and unconditional care to his patients and his own family are second to none.

# Shot in the dark

By Amanda Martinez

**W**hen her family moved from South Africa to the U.S. in 2012, Hermien Sauer mann, MS, '17, had been working as an occupational therapist for more than a decade. While in the process of moving, Sauer mann asked the Secretary of State's office about requirements to continue practicing in the U.S., but she didn't get complete information, as the National Board for Certification in Occupational Therapy (NBCOT) changed the requirements around the same time. NBCOT evaluated her undergraduate work and concluded more than half the requirements for her to take the exam were deficient.

"It was quite a shock at the time," she says.

Upon learning she couldn't sit for the NBCOT exam, she thought perhaps she would pursue another career path. Then, she heard about someone else's experience getting a master's degree in occupational therapy.

Sauer mann began researching master's degree programs. With none available near her new home in Atlanta, she knew her studies would have to be through an online program. She then

found the Advanced Master of Science in Occupational Therapy program at ATSU-ASHS and Bernadette Mineo, PhD, OTR/L, program director.

"Dr. Mineo patiently and selflessly mentored me through this process, even before I signed up for the master's program at ATSU," says Sauer mann.

However, it was a shot in the dark. Even with the master's degree, there was a chance she wouldn't be able to take her board exam since no program, including ATSU's, focused on qualifying for the board exam.

She decided to enroll in ATSU's program anyway. The curriculum had to be adapted to fit Sauer mann's unique situation. It also required her to do additional research and studying outside her courses to learn about U.S. occupational therapy systems.

After graduating with her master's in



Hermien Sauer mann

occupational therapy in August 2017, she again had her qualifications evaluated by NBCOT. Remaining deficiencies required her to travel to complete other hands-on courses as well as additional online courses.

Finally, in May 2018, Sauer mann was granted permission to take her board exam. One month later in June, she learned she passed.

Now, Sauer mann works in a private practice and

contracts with two small companies in different parts of Atlanta to provide pediatric occupational therapy. After many years of reading about the U.S. occupational therapy system, she is experiencing it firsthand.

"The systems are different, but the practice is the same," she says. "Since I started practicing, the philosophy behind occupational therapy has changed everywhere, but there are so many more opportunities in the U.S. for occupational therapy."



# Brothers born for healthcare

By Aubrey Henning



Carlos (left) and Christian Rivera (right) attend Cesar's (center) graduation from ATSU-MOSDOH in 2017.

**A**s children, Cesar Rivera, DMD, '17, and Christian Rivera, DMD, '19, often heard their grandfather give encouraging words to their mother. He would tell her to work hard to achieve her goals and never let anyone tell her she could not achieve what she wished for. Inspired by his words, the Rivera brothers work hard to follow their dreams.

Born in the U.S., Cesar, Christian, and their brother Carlos, MD, are triplets. They grew up in Agua Prieta, Sonora, a city in Mexico that borders Arizona. They are a part of a family of eight, including their father, mother, two older brothers, and sister. Throughout their childhood, their physician father would tell them stories of his work in the OR, treating patients and saving lives. With their father, uncle, and brothers in the field, a career in healthcare was a no-brainer for Christian and Cesar.

"I think healthcare was just in my blood," Cesar says. "My desire for healthcare was, to a certain degree, established since the day I was born."

The Rivera brothers were inspired to become dentists after receiving orthodontic treatment. Both were in awe of the confidence they gained after their smiles were restored. They realized the dental work they received did more than fix their teeth.

"That was the moment when I realized dentistry is more than just treating patients," says Christian. "It is also a way to bring back self-confidence, health, and joy."


Christian recently finished his last year of dental school at ATSU-MOSDOH. Now, he plans to move to southeast Texas to work as a dental associate. One day, he hopes to start his own practice and provide shadowing opportunities for students aspiring to become dentists.

Cesar is completing an oral and maxillofacial residency at Baylor University Medical Center in Dallas, Texas. At the end of the six-year program, he will be awarded diplomas in medicine and oral and maxillofacial surgery. His long-term goal is to open his own practice and take mission trips to remote areas of Latin America. At the end of his career, he would like to return to academia to help future surgeon trainees.

The Rivera brothers live by their grandfather's words. While they have worked hard to achieve their dreams, they are just getting started.

"We are not done yet," says Christian. "There are many things to do in life and in the community, like improving oral healthcare and health in general."





How we serve  
New clinic opening  
ATSU centers & clinics  
Stop the Bleed  
Simulation innovation  
Do No Harm

# Features

## **Record-breaking smiles**

*ATSU-ASDOH holds annual Give Kids A Smile*

On Friday, Feb. 22, ATSU-ASDOH and the Arizona Dental Foundation hosted the annual Give Kids A Smile event. Nearly 600 uninsured and underinsured children received free dental care, a new record for the School. Service provided at this year's event was valued at close to \$200,000.

Dental care was provided by ATSU-ASDOH students, faculty, and alumni, as well as local volunteer dentists. Children ages 6-12 from Mesa Public Schools, Apache Junction Unified School District, and community organizations were prescreened to receive cleanings, fillings, sealants, and extractions. As pictured above, many dental students dressed as superheroes and other fictional characters to put kids at ease as they received care.

Jaiden Mercer, D3, co-chair of Give Kids A Smile, says, "The amount of care provided was astounding, a record year for the event and true example of how powerful teamwork and collaboration between healthcare providers can be."



# How we serve

By Katie Hubbard

Community  
needs  
inspire  
calls to  
service

**S**ervice plays a major role in the lives of many who work and study at ATSU. Offering time and skills to help others is a signature element of the University's culture. Service experiences fulfill community needs while often causing a positive transformation within people on a personal or professional level.

*Still Magazine* spoke with ATSU alumni and faculty about experiences that influenced them and how they choose to serve. Whether these experiences changed the trajectory of their careers or contributed to societal needs, these individuals have found their own ways to put service above self and provide for their communities.

## The volunteer

Elizabeth Lopez-Murray, DHSc, '09, PA-C, '05, has a history of volunteering. As an undergraduate student, she traveled to Mexico to help provide basic healthcare to impoverished communities. While she was able to take patient vitals, her medical skills and knowledge were limited compared with those of the physician assistants (PAs) who worked alongside her. The exposure to their mentorship and compassion inspired her to pursue a PA career.

A few years later as a PA student, Dr. Lopez-Murray completed a clinical rotation in an underserved village in Guatemala. This experience solidified her commitment to helping communities in need and set her on the path to volunteer as a provider.

In October 2018, Dr. Lopez-Murray took her volunteer work to another level. In addition to being a provider at Clinica La Familia in Glendale, Arizona, and an adjunct faculty member at ATSU-ASHS, she began volunteering her time and skills to helping immigrants in Arizona seeking asylum.

Since then, she has continued to provide medical care to these individuals while leading efforts to collect monetary donations and medicine. Most of the people she treats are dehydrated and have infections, colds, or fevers, although some cases are more severe.

"When I first started, there was no one caring for them," Dr. Lopez-Murray says. "There were so many sick children, it broke my heart."

Dr. Lopez-Murray notes many of the asylum-seekers are coming from Guatemala, Honduras, and El Salvador, with nothing but the clothes on their backs. In some cases, children are crossing the border alone. Because of the increased number of asylum-seekers at ports of entry, federal government detention centers have become overcrowded, causing



U.S. Immigration and Customs Enforcement to release these people in cities along the border, including Phoenix.

The local effort to provide humanitarian assistance for these migrant families began with a church leader, who unified area churches to offer clothing, food, and medical care. Dr. Lopez-Murray and a few providers from her clinic were the first to volunteer their time and medical skills.

"Since the beginning of the year, it seems there are more and more people," Dr. Lopez-Murray says. "More than 100 families are dropped off each day at bus stops."

The work and long days can be overwhelming, especially with a family of her own. However, through social media, word of mouth, and an article she wrote for the American Academy of PAs, more providers have started volunteering. In fact, some are coming from across the country to lend their services to the asylum-seekers.

"Every single time I volunteer, it opens my eyes," she says. "No matter how tired I am, the children give me the energy and motivation to continue."



Dr. Elizabeth Lopez-Murray high fives a young patient.



Dr. Lopez-Murray

Photo credit: Jessica Valdez Outlasting Memories



## The cancer bashers

Wade Sewell, DO, '03, and his wife, Melanie, have always valued community. After Wade completed medical school and residency in Kirksville, Missouri, they moved to Mason City, Iowa, in 2007. The anesthesiologist and his family quickly acclimated to their new town, as the close-knit residents made them feel at home.

Several years later in 2014, a series of heartbreaking events shook the community and left the Sewells feeling helpless. Three close friends were diagnosed with breast cancer, one after another in February, March, and April. Then, a fourth friend was diagnosed with melanoma in May.

"These women were all under 40 and all young mothers," Melanie says. "It felt like the sky was falling."

Refusing to sit on the sidelines and do nothing, the couple sprang into action. They chose to hold a fundraiser to support their local cancer center, and within a few weeks, they arranged the "Breast Backyard Bash." The fun-filled event, held in the Sewells' backyard, was complete with party essentials including two bands and a food truck.

Individuals from around the community came together to honor those affected by cancer and celebrate the web of people involved in cancer support – medical professionals including doctors, nurses, techs, and radiologists; friends who deliver meals; neighbors who snowblow driveways and mow lawns; and church members who keep praying. In total, 200 people attended the event, raising about \$10,000.

"For one night, our four sweet cancer-fighting girlfriends danced in our backyard under the stars and, for a moment or two, forgot about cancer," Melanie says.

Not only was the Breast Backyard Bash a success, it was a smash within the community. Since 2014, it has become an annual event, and the community has continued to honor and support its cancer-fighting friends and their families.

**Dr. Wade and Melanie Sewell hold the annual Breast Backyard Bash at their home in Mason City, Iowa.**

"Unfortunately with cancer, it seems there are always more – friends of friends, co-workers, and even classmates of our children," Wade says. "We are honoring more and more people with this event each year."

The Sewells believe strongly in being useful to others. When their community faced a crisis, they did not miss their chance to be of service. They found a way to rally around cancer fighters and survivors while raising money for an important cause.

"This August, we will host the sixth annual Breast Backyard Bash," says Wade. "We've raised over \$50,000 in five years, and I don't see us stopping anytime soon."

## The novel inspiration

During her residency at Harbor-UCLA, Shipra Bansal, MD, assistant professor, ATSU-SOMA, came across a book that changed the way she thought about medicine. The book follows a real-life husband and wife surgeon team working in rural India. They wanted to bring better healthcare to the region by improving access to care.

After completing public health training at Johns Hopkins, the duo returned to India and opened a \$1 million hospital. While the hospital did help people in the area, the couple realized it was not the solution to improving access to care. People were coming back to the hospital every six months with the same ailments. Patients were presenting the same infections and were not getting to the hospital in time for childbirth.

The husband and wife team decided to change their approach. With many farming communities in the region, they created the Comprehensive Rural Development Project where they trained a leader from each village to provide basic healthcare. The project proved effective, reducing infant mortality by 70-75 percent and improving other health indicators.

Inspired by their story, Dr. Bansal flew to India and visited the hospital to see for herself how the couple managed the project. She even traveled to some of the villages to observe leaders at work. For her, the experience cemented the importance of community-based healthcare.

"Their approach to healthcare changed my perspective," says Dr. Bansal, who had already planned to pursue underserved medicine. "It convinced me of how I wanted to practice."

Today, Dr. Bansal's experience in India is still a vivid reminder of how to advance health. To make lasting changes on a large scale, health should be addressed in the context of community – where people live, work, and play.



As a provider at North Country HealthCare in Flagstaff, Arizona, Dr. Bansal has found her own way to serve patients using community-based medicine. She created nutritional group visits for those with metabolic syndrome, including hypertension, diabetes, and high cholesterol. Group visits are not common practice. Much like a typical doctor's visit, patients check in and get their vitals taken, but rather than going into an individual exam room, patients meet as a group in a community room to report how they are doing and changes they are making.

"I tried to help people make lifestyle changes within the one-on-one doctor-patient model in the clinic," Dr. Bansal says. "I realized it does work for some but not most."

The nutritional group visits feature a cooking component, which she says has been far more effective at helping people transition their diets to reduce cholesterol, reverse pre-diabetes, and decrease inflammation and weight. The first two years of data showed participants lost an average of 7 pounds over six weeks and reduced body mass index by 1.15, cholesterol by an average of 15.8 mg/dL, and triglyceride levels by an average of 47 points.

Dr. Bansal notes the supportive atmosphere of group visits and how patients seem to motivate each other. Additionally, she encourages ATSU-SOMA students to participate in the group visits.

"The project in India was part of my inspiration to implement community-based care into my environment," Dr. Bansal says. "We have created a community space for patients, and students get to see a different model of care."



Patients are invited to attend monthly potlucks, even after they finish group visits, to maintain their social support network.



Dr. Shipra Bansal

## The unexpected path

Before becoming a physician assistant, Eden Etcheverria, MS, PA-C, '17, thought she wanted to work in a private practice setting. It's a common plan for many people on their journey to becoming a health-care provider. However, as a student at ATSU-ASHS, she was exposed to a variety of experiences that made her consider a different path.

Etcheverria anticipated a career in women's health, but during her clinical rotations, she realized it was not her calling. Similarly, she thought she would love surgery and ER rotations, but she didn't love those either. Instead, she was drawn to the disciplines she least expected: family medicine and internal medicine.

"I enjoy following patients through their life and getting to know them," Etcheverria says.

She completed her clinical rotations in rural Louisiana, including an internal medicine rotation at a community health center with Gary M. Wiltz, MD, chair of ATSU's Board of Trustees. Her positive experiences influenced her decision to stay in the area after graduation.

"Most people want to work in private practice, but that leaves all those who need healthcare on the back burner," she says. "When I started the program, I saw how important it was to serve the underserved."

Now a full-time provider at the community health center Teche Action Clinic in Franklin, Louisiana, Etcheverria serves vulnerable populations in need of access to care. She not only works with them to improve their health but also listens to them to understand their needs and concerns.

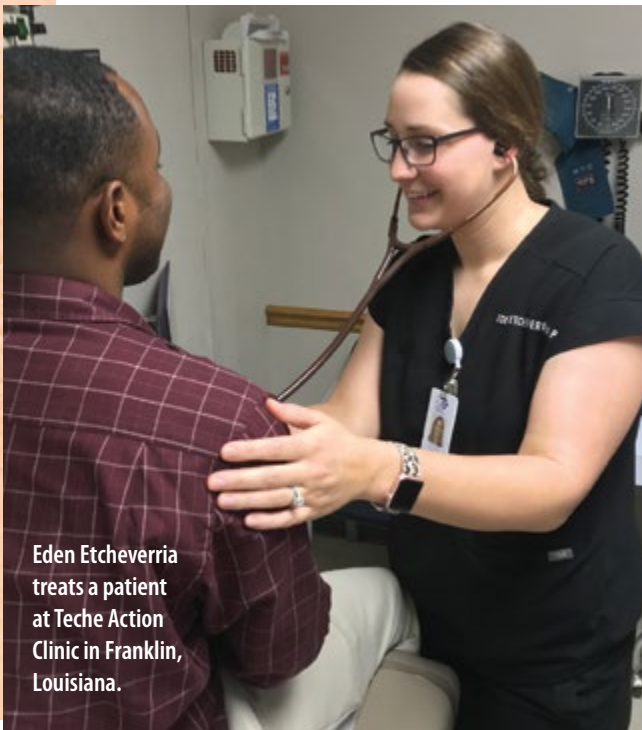


"There are many times where I have patients who want so badly to get their health under control, but they have to decide whether to pay their light bill or pay for their medications," she says. "I listen to them because sometimes they just want to know they are heard."

In her short time working at the clinic, she has built strong patient relationships. She has some patients who told her they never had anyone take the time to listen to their heart or check their stomach. After returning from her recent maternity leave, several nurses said Etcheverria's patients didn't want to see any other provider while she was away.

The gratitude and loyalty her patients have shown speak volumes about her service and compassion. By opening herself up to various educational opportunities, she found a fulfilling career where she felt she could make a difference.

"I allowed myself to experience working in a community health center," Etcheverria says. "I listened to what my heart was saying that this is where I am happy, and this is where I am finding joy."



Eden Etcheverria treats a patient at Teche Action Clinic in Franklin, Louisiana.

## The service role

Service may come in many forms, but the common element of each experience is taking the time and energy to put the needs of others first. For the alumni and faculty in this article, and the many others across ATSU who are community-oriented, being of service is a natural role. Serving others allows each person the opportunity to give back by giving of themselves while ultimately contributing to a greater good. 📌

Tell us about your service experiences!  
Email [stillmagazine@atsu.edu](mailto:stillmagazine@atsu.edu) to continue the conversation.



# ATSU-ASDOH unveils innovative digital dentistry clinic

By Anne Ackroyd

**A**TSU-ASDOH held a ribbon-cutting ceremony for the Dillenberg Center-PDS Innovation Clinic on Tuesday, Nov. 6. The PDS Innovation Clinic is a state-of-the-art digital dentistry center where ATSU-ASDOH students and faculty provide cutting-edge patient care. The clinic creates unique educational opportunities for students, while improving access to low-cost, high-quality dental care for community members.

The PDS Innovation Clinic, named for major donor Pacific Dental Services, consists of 11 operatories and a space dedicated to interprofessional collaboration among the dental school and ATSU's other health professions programs. The facility is the University's first 100 percent donor-funded initiative.

"The new clinic is an exciting space where students learn to treat patients using the latest technologies for virtual surgical

planning, digital impressions, and computer-aided dental designs," says Jonny Brennan, MD, DMD, '12, MPH, '11, associate dean, ATSU-ASDOH. "It also provides a collaborative area where faculty members from various dental specialties explore new, innovative models of care, value-based pay systems, and interprofessional education to bridge the gap with other allied healthcare specialists."

As ATSU-ASDOH's fourth dental clinic, the PDS Innovation Clinic will increase the School's capacity to see patients and streamline workflows around digital processes, while improving quality of services and reducing costs. The School is also home to the ATSU-ASDOH Dental Clinic, which offers primary dental care services, and The Center for Advanced Oral Health, which includes an orthodontic clinic for children and adults and the Dr. Rick Workman Advanced Care Clinic for patients with complex medical needs. [S](#)



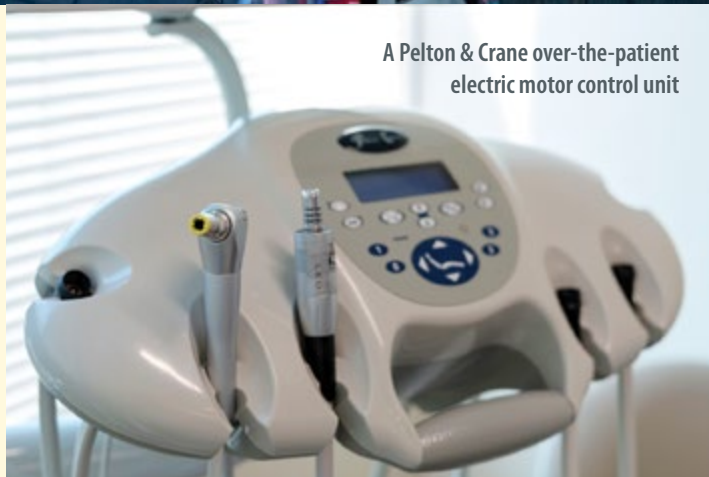
## INNOVATION CLINIC

The PDS Innovation Clinic is named for major donor Pacific Dental Services.

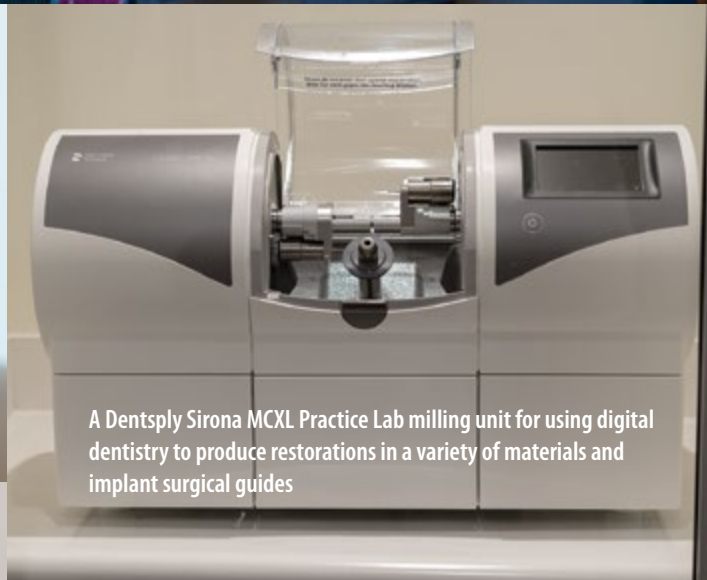




ATSU-ASDOH Dean Robert Trombly, DDS, JD; Dean Emeritus Jack Dillenberg, DDS, MPH; and Steve Thorne, MHA, CEO of Pacific Dental Services, celebrate the clinic's grand opening.



A Pelton & Crane over-the-patient electric motor control unit

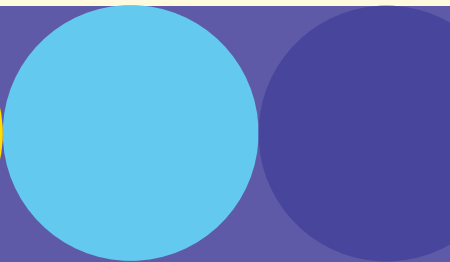


A Dentsply Sirona MCXL Practice Lab milling unit for using digital dentistry to produce restorations in a variety of materials and implant surgical guides



A 3M ESPE Pentamix Auto PVS Impression Machine

Turn page  
for more  
ATSU centers  
and clinics



Interprofessional  
and Culturally  
Proficient  
Standardized Patient  
Experience Center

Center for the  
Future of the Health  
Professions

Thompson  
Campus  
Center

A.T. Still University  
Osteopathic  
Medicine Center  
Arizona

A.T. Still  
Memorial Library  
Educational  
Technology  
Development Center

Byron & Helena  
Greenberg  
Performance  
Assessment Center

# ATSU centers and clinics

An overview

By Katie Hubbard

**A**TSU is more than its six schools and colleges. As shown on these pages, the University encompasses a growing number of centers and clinics to meet a variety of educational, research, community, and health service needs. The Dillenberg Center-PDS Innovation Clinic, featured on Page 22, is one of the newest additions to the mix, offering state-of-the-art patient care and unique educational opportunities for students. Another recent addition is the Interprofessional and Culturally Proficient Standardized Patient Experience Center, which immerses students in a patient-care environment and provides real-time guidance within a clinical setting. **S**

A.T. Still  
Research Institute  
Center for Oral  
Health Research

International  
Center for  
Osteopathic  
History

ATSU  
Gutensohn  
Clinic

The Center  
for Advanced  
Oral Health  

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Orthodontic  
Clinic

A.T. Still  
Research Institute  

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National Center for  
Community Health  
Research

Drabing Human  
Patient Simulation  
Center  

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American Heart  
Association Training  
Center

AFA Balance  
& Hearing  
Institute

St. Louis Dental  
Education and Oral  
Health Center

Teaching &  
Learning Center

Dillenberg Center-  
PDS  
Innovation Clinic

A.T. Still  
Research Institute  

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Center for Research  
in Osteopathic  
Manipulative  
Medicine

The Center  
for Advanced  
Oral Health  

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Dr. Rick Workman  
Advanced Care  
Clinic

University  
Writing Center

ATSU-KCOM Area  
Health Education  
Center (AHEC)  
Program Office  

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Northeast Missouri  
Chronic Conditions  
Center

The Center for  
Resilience in Aging

National Center for  
American Indian  
Health Professions

ATSU-ASDOH  
Dental Clinic

The Center  
for Advanced  
Oral Health  

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Jack and Jamie  
Learning Center

# ATSU-SOMA students

By Anne Ackroyd



# learn to



# STOP THE BLEED<sup>®</sup>



1. ATSU-SOMA faculty stage a mass-casualty simulation, giving students the opportunity to apply their newly acquired lifesaving skills.
2. ATSU-SOMA students attend a presentation by the Mesa Fire Department following the mass-casualty simulation.



feature story

3. Maj. Hay teaches ATSU-SOMA students how to apply an effective tourniquet.
4. Students care for standardized patient actors during a mass-casualty simulation.
5. First responders from the Mesa Fire Department arrive after a few minutes to take over the simulation.

If the unthinkable happens, ATSU-SOMA students are prepared to save lives. On Monday, Jan. 28, Maj. Michael Hay of the U.S. Army 6th Medical Recruiting Battalion provided Stop the Bleed training to faculty and first-year students. Participants learned to administer care to someone with life-threatening bleeding in the critical moments before first responders arrive.

All 106 first-year students at ATSU-SOMA participated in the training. After Maj. Hay provided classroom instruction, students were directed to the University's back patio, where faculty had staged a mass-casualty simulation. Students provided care to 40 standardized patient actors with simulated injuries. After a few minutes, the Mesa Fire Department arrived to take over, giving students a feel for how long they should expect to wait for help from first responders.

First-year medical students do not typically have the opportunity to learn these lifesaving skills. Because ATSU-SOMA students are assigned to community health centers in their second year of medical school, they will be able to train other healthcare providers and community members to respond to emergency situations.


While no one wants to find themselves in a situation where these skills are required, students felt confident in the training they received.

"Stop the Bleed is an excellent hands-on experience that provides any community member the chance to potentially save a life,"

says Alexis Fehervari, OMS I. "Two hours of our time in exchange for knowledge that could save lives is an invaluable opportunity. From a medical student's perspective, this training was a great way to add another clinical 'tool' to my arsenal. In regard to the simulation, it provided an opportunity to apply our knowledge to a realistic situation and practice the skills we had just learned."

"I thought Stop the Bleed was a great addition to our first-year curriculum," adds Kara Imbrogno, OMS I. "I felt like it was an important introduction for those of us without exposure to emergent or trauma care. I feel more confident in my abilities to assist, if I ever encounter an accident outside the hospital or clinic."

Faculty members were impressed by students' mastery and application of skills.

"This program is a perfect way for first-year medical students to learn a practical, hands-on skill that could save a life – not four years from now when they graduate, but tonight, on their way home," says Christina Weaver, DO, '14, assistant professor, clinical sciences, ATSU-SOMA. "I am so proud of our students. Aside from learning how to recognize and control life-threatening bleeding, the vast majority of them knew their patient's name and demonstrated excellent humanistic skills in the face of disaster. They kept their composure under pressure, and through it all remembered who they truly are – future osteopathic physicians." 

# Cutting-edge simulation

## Simulation center expands to include surgical and critical care training

By Devon Williams

**A**TSU-KCOM's Ben Schrant, DO, FAOCA, '08, assistant professor, surgery, had a vision two years ago to obtain an anesthesia machine to use in ATSU's Drabing Human Patient Simulation Center. Along with Lisa Archer, RN, BSN, director of simulation & performance assessment, and Mackenzie Lesh, DO, '18, his vision became a reality. ATSU's simulation center was recently awarded a grant through Northeast Missouri Osteopathic Charitable Trust to develop a surgical and critical care training center for osteopathic trainees. With funds from the grant, ATSU was able to purchase an anesthesia machine and a Fundamentals of Laparoscopic Surgery (FLS) all-in-one trainer.

This educational project aims to prepare surgical residents for required certification in FLS. The addition of a functioning anesthesia machine provides opportunity for high-fidelity simulated clinical training in critical care medicine, surgery, and anesthesiology fields. Osteopathic residents and medical students now have increased opportunity to advance their ventilator management, procedural, and surgical skills. The surgical center will also benefit other members of the northeast Missouri medical community, such as practicing physicians, nursing students, and first responders.

"We can place an endotracheal tube in any of our simulators," says Dr. Schrant. "The anesthesia machine can then be used as a typical critical care ventilator. This allows for students to gain hands-on experience in a simulated environment, and allows practice with higher acuity patients."

Discussion of anesthesia with simulation has been a hot topic lately within the simulation community, and ATSU is on the forefront of that trend. The combining of an anesthesia machine with ATSU's current simulators is a cutting-edge development. Dr. Schrant and lab technician Rob Long have learned how to use the simulator software to create realistic responses from the ventilator and anesthesia machine. Consequently, critical care medicine, airway management, and difficult airway scenarios may be practiced in real time. The anesthesia machine will be used to augment teaching tools already available in the simulation center and function as a working piece of medical equipment that students are encouraged to understand, manage, and alter.

"For hands-on learners, this will add so much more to their experience as students," says Archer.

Moving forward, plans are to expand the surgical center to include high-fidelity operating room and surgical crisis simulation. The new equipment furthers the mission of ATSU-KCOM to provide students and local physicians with cutting-edge training and experiences. **S**

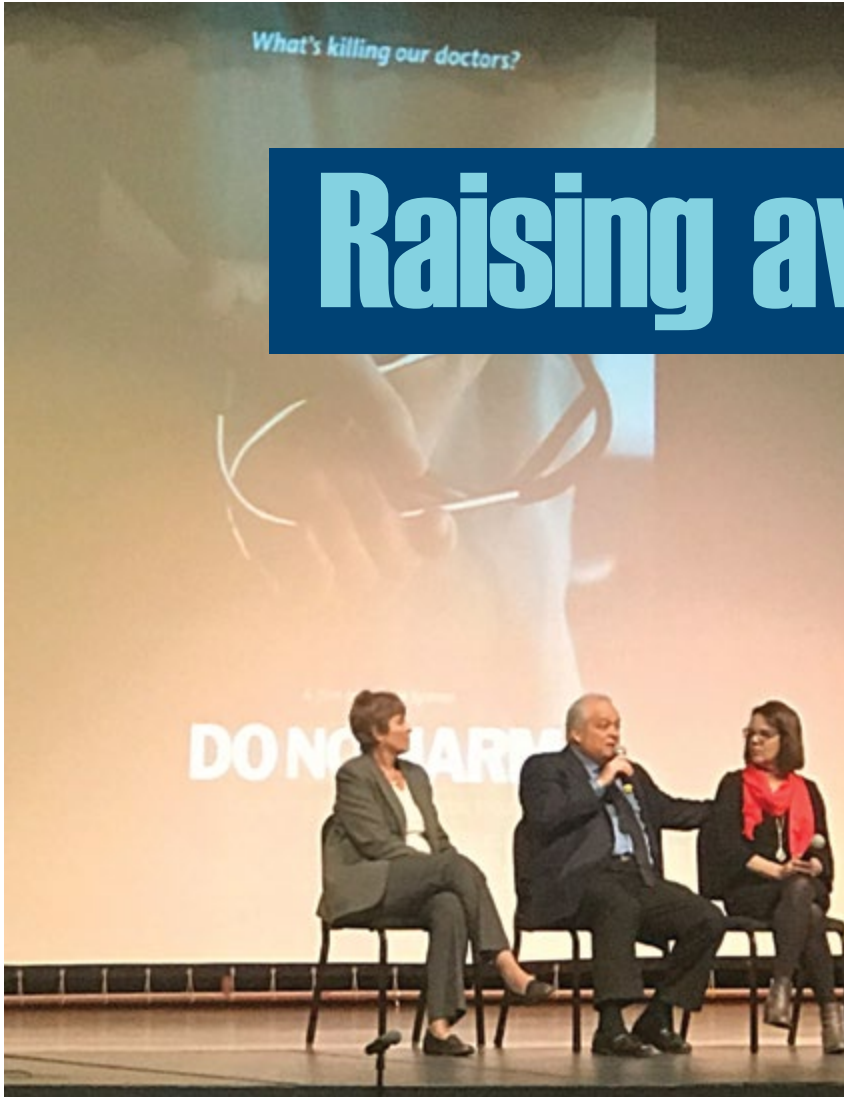




What's killing our doctors?

# Raising awareness

By Katie Hubbard



“On April 23, 2015, our lives changed dramatically when Dr. Kevin Thomas Dietl lost his battle with depression and anxiety and died of suicide,” John said. “We were devastated.”

In the months following his death, the Dietls decided to take action. Unembarrassed and unashamed, they wanted to spread awareness and prevent this from happening to anyone else. They met with ATSU-KCOM Dean Margaret Wilson, DO, '82, and the three agreed something had to be done.

“Since that time, a lot of positive changes happened, starting here at this program and spreading throughout the U.S.,” John said.

Missouri leads the nation in advocating for medical student well-being. A bill was signed into law designating Aug. 28, 2017, as the first Show-Me Compassionate Medical Education Day. The day is a statewide observance by osteopathic and

allopathic medical schools to raise awareness of medical student well-being with various awareness activities throughout the week. The bill also established the Show-Me Compassionate Medical Education Act with a committee to organize and implement mental health research projects, identify best practices, make recommendations, and report findings.

ATSU-KCOM continues to emphasize the importance of self-care and balance. Resources are available, including mental health wellness counselors, the Ask/Listen/Refer suicide prevention training program, and a Mental Health First Aid training program. In addition, students are encouraged to participate in the Still-Well Student Wellness Program.

“Awareness needs to be raised at all levels,” Dr. Wilson said. “We continue to look for ways to reduce stigmas and improve interventions and strategies to engender lifelong habits of good health and well-being.”

**C**ontinuing efforts to increase mental health awareness, ATSU-KCOM hosted showings of the film “Do No Harm: Exposing the Hippocratic Hoax” on Wednesday, Dec. 12. The film, produced by two-time Emmy Award winner Robyn Symon, addressed the importance of self-care, mental health awareness, and the national epidemic of caregiver distress. All first- and second-year medical students, as well as physicians, healthcare professionals, behavioral health counselors, and emergency response personnel from the community were invited to attend.

Among those in attendance were John and Michele Dietl, parents of Kevin Dietl, DO, '15, who died by suicide weeks before his graduation from ATSU-KCOM. The Dietls are one of the storylines featured in the film. During each showing, John and Michele shared their son's story, discussed mental health awareness, and addressed questions from those in the audience.



Reconnect

Class notes

Faculty & staff news

Meet the board

In memoriam

Parting shot



# Connections

## Professors of rock

*Faculty participate in air guitar fundraiser*

The MEDleys, a student cappella group, held an air guitar contest Thursday, Nov. 29, on the Kirksville, Missouri, campus to raise money for Kirksville High School's guitar music education program. Megan Howell, OMS II, is a member of the MEDleys and sings in the Community Chorus, directed by Kirksville High School music teacher Rebecca Murphy. When Howell learned Murphy was raising money to start a guitar class at the high school, she wanted to help. She and other members of the MEDleys came up with the idea for an air guitar fundraiser.

Faculty members were sponsored by their respective departments and showed off their air guitar skills in righteous fashion. Many dressed in elaborate costumes while rocking out with choreographed routines. Brian Degenhardt, DO, (pictured) won the audience's performance choice award, and Keith Elmslie, PhD, won most funds raised from his department. Overall, the contest raised \$1,501, enough to purchase all the guitars needed.

"This is an opportunity for them to learn a skill that they may not financially be able to access outside of school," Murphy says.



Phoenix, Arizona | Aug. 10-12

### Occupational Therapy Class of 2016 Reunion

Organized by Britt Kimball, MS, OTR/L, '16, the occupational therapy class of 2016 held a weekend reunion at the Pointe Hilton Squaw Peak Resort.



Honolulu, Hawaii | Oct. 20

### American Dental Association (ADA) Annual Session

Alumni, faculty, and students from both ATSU-ASDOH and ATSU-MOSDOH enjoyed the sunny beaches of Honolulu and the annual reception at the annual session. Hosted by ATSU-ASDOH Dean Robert Trombly, DDS, JD, and ATSU-MOSDOH Dean Dwight McLeod, DDS, MS, attendees learned about the latest clinic expansions on the Mesa, Arizona, campus and the full accreditation of ATSU-MOSDOH by the Commission on Dental Accreditation.



San Diego, California | Oct. 6-8

### American Osteopathic Association Osteopathic Medical Education Conference (AOA-OMED)

Alumni, students, and friends from ATSU-KCOM and ATSU-SOMA gathered for a reception hosted by ATSU President Craig Phelps, DO, '84, and Kirksville Osteopathic Alumni Association (KOAA) Board President David Kelley, DO, '03, to share updates from the University and to celebrate KOAA award recipients Peggy Boyd-Taylor, DO, '77, as Alumna of the Year and Robert Behnen, associate vice president, university advancement, ATSU, as an honorary KOAA member.



Kirksville, Missouri | Oct. 25-27

### Missouri campus Founder's Day

ATSU-KCOM alumni from the classes of 1967 and 1993 returned to campus to celebrate their 50- and 25-year reunions. In addition to honoring the reunion participants and Gold Medallion members (those who already celebrated their 50-year reunion), KOAA award recipients were also recognized. Eleanor Steinbaum, Betty Crouse, and the Freeman Foundation were recognized as honorary KOAA members. Kent Campbell, DO, '83, associate dean, academic & clinical educational affairs, ATSU-KCOM, and Andy Jackson were honored with Distinguished Service Awards, and Dan Martin, MA, director, wellness programs, ATSU, received the Living Tribute Award.



Vancouver, British Columbia | Oct. 29

### American Academy of Periodontology (AAP) Annual Meeting

Organized by Clark Chen, DMD, '12, alumni from ATSU-ASDOH and ATSU-MOSDOH gathered in beautiful Vancouver following the conference to reconnect.



Mesa, Arizona | Nov. 10

### Physical Therapy Continuing Education & Alumni Reception

In honor of his 10-year reunion, Dwight Barnes, PT, DPT, '07, shared his expertise on telehealth and consulting as a physical therapist with fellow graduates and faculty. Attendees also enjoyed a reception hosted by Ann Lee Burch, PT, EdD, MPH, dean, ATSU-ASHS, and Jim Farris, PT, PhD, chair, physical therapy, ATSU-ASHS.



Ridgedale, Missouri | Nov. 29



Washington, D.C. | Jan. 24

### American Physical Therapy Association Combined Sections Meeting (APTA CSM)

ATSU-ASHS' Ann Lee Burch, PT, EdD, MPH, dean, and Jim Farris, PT, PhD, chair, physical therapy, hosted alumni and students at an evening reception, sharing updates across the University and the Physical Therapy department, including a proposed pro bono physical therapy clinic on the Mesa, Arizona, campus and the post-professional program now including many more students around the world.



Mesa, Arizona | Feb. 22-23

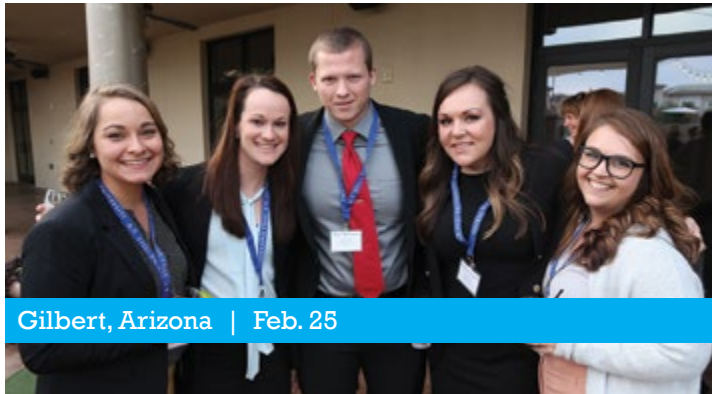
### ATSU-ASDOH Alumni Weekend

The ATSU-ASDOH classes of 2009 and 2014 celebrated milestone reunions, including more than 30 alumni volunteers at Give Kids A Smile. They recognized Gene Jasper, DDS, with the Living Tribute Award, Mindy Motahari, DMD, '08, with the Distinguished Service Award, and James Younan, DMD, MPH, '17, with the Public Health Dentistry Award. In addition, they attended continuing education courses on periodontal and peri-implant diseases and conditions, advanced care dentistry, and dental service organizations.

*More reconnections on next page*

### Doctor of Osteopathic Medicine Alumni & Friends Reception

Alumni from ATSU-KCOM and ATSU-SOMA as well as other DOs enjoyed a reception following the first day of continuing education programming at the annual Primary Care Update at Big Cedar.



Gilbert, Arizona | Feb. 25

### Doctor of Athletic Training (DAT) Winter Institute

Alumni from ATSU's residential and online Athletic Training programs gathered during the annual DAT Winter Institute to discuss the latest research in athletic training and other developments for the profession.



Prescott, Arizona | March 8

### Arizona State Association of Physician Assistants (ASAPA) Conference

ATSU-ASHS' Bert Simon, DHSc, PA-C, associate director, medical science, and Randy Danielsen, PhD, PA-C emeritus, program director, medical science, hosted alumni and students attending the state's annual spring convention to complement their continuing education with updates about the growth in ATSU's Physician Assistant Studies programs in Arizona as well as in California.



Check out our alumni Facebook page at [facebook.com/atsu.alumni](https://facebook.com/atsu.alumni) for more event photos and updates, and like us while you're there!



Orlando, Florida | March 15

### American Academy of Osteopathy (AAO) Convocation

Hosted by Norman Gevitz, PhD, senior vice president-academic affairs, ATSU; Karen Snider, DO, assistant dean, osteopathic principles & practices (OPP) integration, ATSU-KCOM; and David Shoup, associate professor, OPP, ATSU-SOMA, the reception drew in alumni, students, and international supporters of ATSU. Updates shared included the continued emphasis on high-tech and high-touch in ATSU-KCOM's curriculum and the creation of the Interprofessional and Culturally Proficient Standardized Patient Experience Center on the Mesa, Arizona, campus.



Tucson, Arizona | March 21

### Tucson Alumni, Students, & Friends Reception

The annual regional reception in Tucson included several dozen alumni, students, and friends from ATSU's various programs, allowing them the opportunity to learn about the University's expansions, accreditations and accolades, and student successes in a variety of healthcare fields.

Chicago, Illinois | March 22

### American College of Osteopathic Family Physicians (ACOF) Convention

Margaret Wilson, DO, '82, dean, ATSU-KCOM, and Lawrence LeBeau, DO, '92, program director, Wright Center National Family Medicine Residency program, welcomed alumni and students specializing in family medicine, thanking them for their dedication to primary care and sharing ATSU's continued focus on serving those who have the most limited access to quality healthcare.



### **American Academy of Audiology (AAA) Conference**

ATSU-ASHS' Tabitha Parent-Buck, AuD, chair, audiology, and Andrea Ruotolo, AuD, '05, post-professional program director, hosted alumni and friends attending the annual AAA conference, providing updates on the reach of the redesigned post-professional program extending beyond the U.S. and recognizing Judy Huch, AuD, '08, with the ATSU-ASHS Alumni Chapter's Humanitarian of the Year Award for serving her community through her nonprofit clinic and as a member of the AAA's Public Awareness Committee.

# UPCOMING alumni events

Visit [atsu.edu/alumni/events](http://atsu.edu/alumni/events) for current event information as dates are subject to change, or contact [alumni@atsu.edu](mailto:alumni@atsu.edu) to learn more. Registration for conferences is not required to attend ATSU alumni events. All ATSU alumni in the area are always invited to attend, even if an event is in conjunction with a different profession's conference.

**Aug. 19**

**Kinesiology Alumni & Students Reception (Kinesiology Summer Institute)**  
Mesa, Arizona

**Sept. 6**

**Dental Alumni & Students Reception (ADA)**  
San Francisco, California

**Oct. 10-12**

**Missouri campus Founder's Day**  
Kirksville, Missouri

**Oct. 26-28**

**ATSU Alumni, Students, & Friends Reception & Booth (AOA-OMED)**  
Baltimore, Maryland

# An expression of gratitude

By Brad Chambers

Growing up in New York, brothers David, DO, '74, and Eric Greenberg, DO, '74, had never heard of osteopathic medicine, let alone held aspirations to become osteopathic physicians.

It was 1969, and New York Post publisher Byron Greenberg learned during a visit to the newsroom the upcoming National Convention for Osteopathic Medicine was to be held in New York City. He offered his son, Eric, a press pass to attend. That offer changed the course of Eric's life. He found himself absorbed in the convention's lectures and the osteopathic concepts that were shared. During the reception, he met Dr. Morris Thompson, then president of Kirksville College of Osteopathic Medicine (ATSU-KCOM).

"He must have seen something interesting in my inquiries as he took me under his wing, introducing me to many of the faculty in attendance, and invited me to be his guest for the remainder of the conference," Eric recalls. "At the conclusion of the conference, President Thompson asked me, 'You are going to apply for next year, aren't you?'"

Fate favors the fearless, and Eric enthusiastically applied. He soon found himself and his brother in classes with beloved anatomy professor and University icon Duke Snyder.

"What a difference that week made in my life," Eric says. "I completely changed my career path after that experience."

This unexplored path led to careers that allowed the brothers to spend their lives in a profession they thoroughly enjoyed, while rewarding them with professional and financial success.

"It is the rare person who is genuinely engaged in a profession they truly love," Eric notes.

As an expression of gratitude to the University and to their parents for their sacrifice,

David and Eric chose to fund a naming opportunity at ATSU-KCOM with a six-figure gift from a charitable remainder unitrust.

"We wanted to show our appreciation for the opportunity ATSU-KCOM had given us while honoring our parents who undertook the financial burden of simultaneously putting two sons through medical school, never once worrying about this burden or expecting us to reimburse them for this tremendous commitment to our professional careers," Eric says.

Choosing to name a facility dedicated to student assessment and learning seemed to be the perfect choice. The newly named Byron & Helena Greenberg Performance Assessment Center provides learning, testing, and, where necessary, remediation experiences to validate a level of clinical skill competence appropriate for medical students entering their postgraduate training.

"My only regret is that David was not able to live long enough to have been able to see this wonderful center and attend the dedication ceremony to witness the joy I felt as President Phelps unveiled the naming plaques of the Byron & Helena Performance Enhancement Center," Eric says. "It may be the most rewarding feeling I have ever experienced, knowing how the center will enhance the education and training experiences of future students."

Nancy Greenberg, widow of David Greenberg, DO, '74, and Eric Greenberg, DO, '74, attend the Byron & Helena Greenberg Performance Assessment Center dedication on the Kirksville, Missouri, campus.





Museum of Osteopathic Medicine, Kirksville, Missouri  
[2002.03.01] traditional table with green covering,  
[2012.115.01] hydraulic table with black covering

The museum houses two McManis tables, a traditional table (left) and a hydraulic lift table (right).



**Dr. John McManis**

Museum of Osteopathic  
Medicine, Kirksville,  
Missouri [1978.208.01]

# Fundamental alterations

By Aubrey Henning

The McManis table was created by John V. McManis, DO, 1905, to provide physicians a table that would adjust for their comfort and ease of practice. Traditional tables, divided into two equal sections, had little mobility with which to treat patients and did not adjust to fit the physician's height. Dr. McManis addressed this problem by making a table that included a hydraulic lift, among other features.

The table, divided into three sections, lets physicians adjust the settings to move patients into different positions. It can be swung laterally or vertically, rocked or tilted sideways, and adjusted longitudinally. This allows physicians to easily treat patients without strain on themselves.

Used throughout the world, McManis tables were sold by the McManis Table Company in Kirksville, Missouri. Although the company closed in 1950, the tables are still used today because of their durability. The table on display in the Museum of Osteopathic Medicine was purchased in 1949 and used in Dr. John R. Roderick's practice in Kirksville.

"Like many before him, Dr. McManis initially came to Kirksville for treatment as a patient," says Jason Haxton, MA, director, Museum of Osteopathic Medicine. "He was so impressed with the relief provided from osteopathic healthcare that he stayed, first as a student and later as a faculty member contributing research and devices of his own creation to assist the practitioner."

## '60s

**Edward Stiles, DO, '65**, presented "Use of Sequenced OMT (Osteopathic Manual Treatment) and AGR-H model to Identify and Resolve Control Parameters inhibiting Optimal Motor Control in a BioTensegrity System: Measured Utilizing a Pressure Sensitive Treadmill" at the 2018 International Fascia Research Congress in Berlin.

## '70s

**Gary G. Doss, DO, '78**, Port Huron, Michigan, retired from his orthopedic surgery practice in September. In his 35-year career, Dr. Doss has received many honors, including the Friend of Kids Award from Port Huron Schools, Michigan State Medical Society Community Service Award, Special Recognition Award from Michigan Interscholastic Athletic Administrators Association, and Humanitarian Award from St. Louis Metropolitan Hospital Association.

**"Hopefully I represented A.T. Still University, or KCOM as I knew it, with a lifetime of service to my community."**

– **Dr. Gary Doss on his retirement**

## '80s



**Robert Jackson, DO, '81**, Kirksville, Missouri, received the 2018 Medical Honoree Award from the Arthritis Foundation of Missouri. The award is presented annually to a member of the medical community who has dedicated his or her career to improving patient outcomes and reducing the suffering of those afflicted with arthritis.

Dr. Jackson is a rheumatologist and is the president and founder of Premier Specialty Network (PSN). His organization provides medical specialists to rural community and critical access hospitals where specialty care might not otherwise be available. PSN offers outreach specialists to hospitals in numerous states, including Missouri, Iowa, Illinois, Kansas, Arkansas, Nebraska, Wyoming, and Kentucky.

Dr. Jackson previously served as associate dean of academic affairs and chair and associate professor of internal medicine at ATSU-KCOM.



**Steven F. Rubin, DO, FACFP dist., '84**, received the 2019 Lifetime Achievement Award from the American College of Osteopathic Family Physicians (ACOFP). Dr. Rubin is a family medicine physician in Paramus, New Jersey, and is affiliated with Valley Hospital. The ACOFP Lifetime Achievement Award honors outstanding individuals who have demonstrated career-long service to patients, osteopathic family medicine, and ACOFP.

## '90s

**David Sly, DO, FAAFP, '90**, Sioux City, Iowa, joined Unity-Point Clinic Family Medicine – Sunnybrook.



**J.D. Polk, DO, MS, MMM, CPE, FACOEP, '93**, chief health and medical officer for NASA, delivered the keynote address for Campbell University School of Osteopathic Medicine's 2018 White Coat Ceremony.

**Suzanne Steinbaum, DO, '94**, was named a 2019 Top Doctor for cardiovascular disease by Castle Connolly Medical Ltd.

**Scott Mattoon, MS, PA-C, '99**, joined Interlakes Orthopaedic Surgery in Geneva, New York.

## '00s



**Larry Engelmann, AuD, MS, '00**, Oklahoma City, Oklahoma, is a past president of the Academy of Doctors of Audiology. He recently published a two-part article titled "Branding the Lie or Branding the Truth: The Need to Differentiate Audiologists from Hearing Aid Dealers" in *Audiology Today*.

**Ernest C. Edwards, AuD, '01**, Lynchburg, Virginia, retired after 53 years as a professional audiologist.



**Jodi Glass, AuD, '02**, was elected to Aldersbridge Communities Board. Dr. Glass will serve as a trustee for the nonprofit organization, which provides long-term care, skilled nursing, rehabilitation, and



independent living services for seniors in Rhode Island.

**Josh L. Leahy, MS, PA-C, '04**, Mesa, Arizona, received the Aces of Hearts award from Arizona Emergency Medical Systems Inc. for saving a fellow mountain biker after cardiac arrest in 2018.



**Aaron Newcomb, DO, '04**, Carbondale, Illinois, earned his board certification in preventive medicine. As a physician at Shawnee Health Care, he is also board certified in family medicine and addiction medicine.



**Jamie L. Wagner, DO, FACOS, '04**, presented the 2018 Fred C. Tinning, PhD, Founder's Day Osteopathy Lecture, "Living the Dream: The 21st Century Osteopathic Physician," on the Missouri campus in October.

**Jayna M. Williams-Neuman, AuD, '04**, was appointed manager of hearing aids for the Everett Clinic in Everett, Washington.



**Amit Gosalia, AuD, '06**, was elected president of the Audiology Practice Standards Organization (APSO). APSO was created to develop, maintain, and promote national standards for the practice of audiology.



**Erin Ezzell, DO, '07**, joined Southeast Hematology/Oncology at the Southeast Cancer Center in Cape Girardeau, Missouri.

**Judy Huch, AuD, '08**, was honored as the 2019 Women of Influence Community Service Champion by Tucson Local Media.



**Melinda Brown, MHA, '09**, was named director of the Gipson Center for Healthcare Leadership at Missouri Southern State University in Joplin, Missouri. This new program will start a bachelor's in healthcare administration in fall 2019. She is married to **Mark Brown, DO, '11**.

**Abigail Mitchell, DHEd, MSN, RN, CNE, FHERDSA, '09**, Buffalo, New York, was recognized by Continental Who's Who as a Lifetime Achiever as a professor at D'Youville College School of Nursing.

**Joni Raneri, DPT, '09**, Tucson, Arizona, was named associate administrator for Banner – UMC Tucson and Banner – UMC South.

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## '10s



**Johnnie Sexton, AuD, '10**, Raleigh, North Carolina, was named the practitioner winner of the 20th annual Oticon Focus on People Awards, which celebrates outstanding people who have made a positive impact on the hearing-impaired community.

**James Buhanan, DMD, '11**, was named dental department chief at the Veterans Affairs center in Alexandria, Louisiana.

**Michele Doughty, DHEd, '11**, was recognized as one of *Med-EdPORTAL's* 2018 Top 10 peer reviewers out of more than 300 individuals.

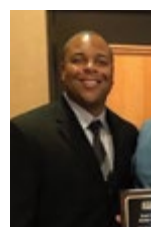


**Ryan N. Miller, DO, '12**, joined the medical team at Idaho Physicians Clinic in Blackfoot, a member of Bingham Healthcare. An ATSU-KCOM graduate, he treats injuries of the hands and wrists.

**Christina Radous, AuD, '12**, joined the clinical team at Metro Hearing LLC in Glendale, Arizona.



**Abraham Caroci, DMD, MPH, '13**, was one of 109 individuals and organizations in the world to be honored with the Golisano Health Leadership Award. The Golisano Health Leadership Awards were launched in 2016 to recognize individuals and organizations furthering the cause of Special Olympics and improving access to healthcare, fitness, and wellness programs for people with intellectual disabilities.



**Justin Garrison, DO, '13**, and physician assistant Kurtis Manley from Kingman Medical Center were awarded Physician/Physician Assistant Partnership of the Year by the Arizona State Association of Physician Assistants. The award recognizes a working physician and physician assistant duo who collaborate to improve patient care and exemplify the unique relationship of trust, collegiality, and mutual respect that is essential in healthcare. Dr. Garrison is a graduate of ATSU-KCOM.

**Brent Smith, DHSc, '13**, co-authored "Effects of hip strengthening on neuromuscular control, hip strength, and self-reported functional deficits in individuals with

chronic ankle instability," which was published in the July 2018 issue of the *Journal of Sport Rehabilitation*.



**Katie Muth, MS, '14**, was elected to Pennsylvania's 44th Senatorial District in November. She is a graduate of the Athletic Training program at ATSU-ASHS.

**Ryan Schmidt, DO, '14**, Casa Grande, Arizona, joined Sun Life's Casa Grande Center for Women. Dr. Schmidt is an ATSU-SOMA alumnus.



**Karl Burris, PT, DPT, '15**, was selected as one of the 2018 recipients of the American Physical Therapy Association's Emerging Leader award. The Emerging Leader award honors individuals who have shown extraordinary dedication to the profession and the organization as they begin their physical therapy careers.

**Heath Hall, MHA, '15**, was named CEO of Monticello Health Services in the Dallas/Fort Worth area.

**Terry Janes, DHSc, '15**, Sykesville, Maryland, joined Righttime Medical Care as regional director of operations, overseeing the leadership, direction, and coordination for Righttime Medical Care centers and directing and developing methods to improve delivery of patient services and corporate growth plans.

## "We will be able to better provide essential services collaboratively as a result of the registration."

– Dr. Joy Rosenberg on developing a professional registration for educational audiologists

'16



**Justin Lange, DO, '15**, Craig, Alaska, joined PeaceHealth Medical Group on Prince of Wales Island as a primary care physician. He is an ATSU-KCOM graduate.

**Royce Aldea, PT, DPT, DHSc, DCE, '16**, Saddle Brook, New Jersey, became director of clinical education for the Dominican College Doctor of Physical Therapy program.

**Brittany U. Carter, DHSc, MPH, '16**, is the new director of health and research at Wellsource, a company that develops health risk assessments.



**Joy Rosenberg, AuD, MEd, PFHEA, '16**, was involved in developing the first professional registration for educational audiologists in the United Kingdom. The new system will benefit children and young people who are deaf, as well as their families.

**Kara Dragone, DMD, MPH, '17**, presented "Periodontal Plastic Surgery" in December on the Arizona campus. Dr. Dragone is a second-year periodontics resident at the University of Pittsburgh School of Dental Medicine and is researching the bone regenerative capability of magnesium.



**Cristin Haase, DMD, MPH, '17**, was featured in the cover story for the American Indian Science and Engineering Society's fall 2018 publication, *Winds of Change*.



**Breanne Jaqua, DO, MPH, '17**, Toledo, Ohio, was appointed to serve on the Accreditation Council for Graduate Medical Education (ACGME) Review Committee for Emergency Medicine. As the resident member on this review committee, Dr. Jaqua will also serve on the ACGME Council of Review Committee Residents. She is an ATSU-SOMA alumna and emergency medicine resident physician at Mercy Health – St. Vincent Medical Center.

**Angela Kogut, MS, PA-C, '17**, Kingman, Arizona, joined Kingman Regional Medical Center's Pain Management Clinic.



**Deepak Kumar, AuD, '17**, of The Audiology Clinic, received the Excellence in Business Award for excellence in clinical diagnostic services from Ireland's *Public Sector Magazine*. The award is given to local governments and public-private partnerships in Ireland that have demonstrated

outstanding service, a strong record of success, and general business excellence.

**Kathie Thomas, DHA, '17, MPH, '11; Lihua Dishman, DBA, MBA,** assistant professor, health administration, ATSU-CGHS; and **John Fick, EdD, FACHE,** associate professor, health administration, ATSU-CGHS, published an abstract, "Examining the relationship among hospitalist continuing education, hospitalist communication competency, and stroke patient outcomes: A discussion of findings" in *Michigan Academician*.

In addition, they presented "Examining the relationship among hospitalist continuing education, hospitalist communication competency, and stroke patient outcomes: A discussion of study implications" at the 2019 Annual Conference of Michigan Academy of Science, Arts, and Letters at Alma College.

**Megan Aspelund, DO, '18,** received second place in the American Osteopathic Association's Bureau of International Osteopathic Medicine for her narrative medicine essay. Dr. Aspelund's essay, "Finding Health in Sweden," was based on her fourth-year international rotation she completed in Sweden as an ATSU-SOMA student.

**Genita Hyacinthe, DHSc, '18,** and **Kathleen Mathieson, PhD, CIP,** associate professor, health sciences, ATSU-CGHS, authored "Laboratory information system-electronic health record interconnection, usage, and functionality in ambula-

tory care settings," which was published in the October 2018 issue of the *Journal of Health and Medical Informatics*.

**Muizz Merchant, DMD, '18,** joined the Schaumburg Dental Studio team in Schaumburg, Illinois.

**Nathan Palin, MS, '18,** is the new tactical strength and conditioning program manager for the National Strength and Conditioning Association. He is an ATSU-CGHS graduate.



**Lisa Sand, MS, '18,** joined the Orthopedic Surgery department at Essentia Health St. Joseph's-Northern Orthopedics Clinic in Brainerd, Minnesota, as a physician assistant.

**Jennifer Wilbers, DHA, '18, MHA, '04; Lihua Dishman, DBA, MBA,** assistant professor, health administration, ATSU-CGHS; and **John Fick, EdD, FACHE,** associate professor, health administration, ATSU-CGHS, authored "Do United States inpatient acute-care hospitals with lower 30-day readmission rates have more satisfied patients?" The paper was presented at the 2019 Forum on Advances in Healthcare Management Research held in conjunction with the 2019 Leadership Congress of the American College of Healthcare Executives in Chicago.

They also authored "Do 30-day readmission rates matter to patient satisfaction of inpatient acute-care hospitals in the United States?" The paper was presented at the 2019 Annual Conference of Michigan Academy of Science, Arts, and Letters at Alma College.

## class notes



**Feras Ziadat, DMD, '18,** joined the dental firm of Ehrbright & Hankel DDS in Casa Grande, Arizona. He is a graduate of ATSU-ASDOH.

Submit class notes to  
[stillmagazine@atsu.edu](mailto:stillmagazine@atsu.edu).

# Continuing Education

## Upcoming programs

### Athletic Training

**Incorporating Evidence-Based Practice into Athletic Training: An Overview of Practice-Based Partnerships**

**Health Information Technology in Athletic Training – EBP Home Study Course**

**Evidence-Based Practice in Athletic Training – EBP Home Study Course**

**Clinical Outcomes Assessment: An Overview – EBP Home Study Course**

**Guidelines for Best Practices in Concussion Management: The Development of Position and Consensus Statements**

**Pain: How it Affects Stability and Movement**

**Medicolegal Considerations for Sport-Related Concussion**

**Optimizing Lateral Ankle Sprain Rehabilitation**

**Concepts of Diagnostic Accuracy in Athletic Training**

**Lower Limb Preventive Training Program Best Practice and Implementation**

Topics are available all day, every day, and are web-based.

**For more information, call 480.219.6131 or email [atce@atsu.edu](mailto:atce@atsu.edu).**

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### Dentistry

**Dental Ethics**  
All day, every day | Web-based

**Clinical Dentistry and Ethics**  
All day, every day | Web-based

**New Classification of Periodontal and Peri-Implant Diseases and Conditions**  
Sept. 28, 2019 | Arizona campus | Mesa, Arizona

**Complementary and Alternative Local Anesthesia**  
Oct. 19, 2019 | Arizona campus | Mesa, Arizona

**Laser: An Emerging Scientific Technology Workshop**  
Nov. 2, 2019 | Arizona campus | Mesa, Arizona

ATSU-ASDOH is an ADA CERP recognized provider.

**For more information, call 480.219.6086 or email [asdohce@atsu.edu](mailto:asdohce@atsu.edu).**

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**CONTINUING  
EDUCATION**

Register for courses online at [ce.atsu.edu](http://ce.atsu.edu).

## Medical

2019

### August Internal Medicine Update

Aug. 2-4, 2019

Margaritaville | Osage Beach, Missouri

### Founder's Day

Osteopathic Approach to Primary Care: Integrating OMM into the Management of Common Conditions

Oct. 10-12, 2019

Missouri campus | Kirksville, Missouri

### Big Cedar

*Primary Care Update*

Dec. 5-7, 2019

Big Cedar Lodge | Ridgedale, Missouri

ATSU is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

2020

### ATSU CME/CE Cruise

*Primary Care Update*

Jan. 12-19, 2020

Royal Caribbean – Allure of the Seas®

Fort Lauderdale, Florida (*cruise departure*)

Western Caribbean

### Las Vegas

*Primary Care Update*

March 5-7, 2020

Treasure Island | Las Vegas, Nevada

### Founder's Day

*Manipulation Update*

Oct. 2020 – Dates TBD

Missouri campus | Kirksville, Missouri

### Big Cedar

*Primary Care Update*

Dec. 3-5, 2020

Big Cedar Lodge | Ridgedale, Missouri

**For more information, call 660.626.2232 or email [continuingeducation@atsu.edu](mailto:continuingeducation@atsu.edu).**

## Physical Therapy

### Examination and Intervention Strategies for Common Orthopedic Conditions around the Elbow, Hand, and Wrist

Aug. 24, 2019

Arizona campus | Mesa, Arizona

ATSU-ASHS Physical Therapy department is qualified to provide physical therapist continuing education courses and activities according to the Arizona State Board of Physical Therapy (Rule R4-24-402).

**For more information, call 480.219.6056 or email [ptceu@atsu.edu](mailto:ptceu@atsu.edu).**

A. T. STILL UNIVERSITY  
FIRST IN WHOLE PERSON HEALTHCARE

ATSU

# faculty & staff news

ATSU

**Martin Allison, MA**, joined Learning & Disability Resources in October as a disability resources adviser on the Arizona campus.

**Amanda Anders**, executive assistant, president's office, completed the 2018 Kirksville Leadership Institute. The institute's class project was downtown beautification.

**Shana Engel** joined ATSU as assistant director of purchasing.



**John Gardner, PhD, MEd**, joined the Human Resources department in October as director of Title IX & training. Additionally, he earned his doctoral degree in higher education leadership at Colorado State University with a research topic on sexual misconduct, federal Title IX policy, and intersectionality.

**Geoffroy-Allen Franklin, MBA**, data manager/analyst, A.T. Still Research Institute, and **Jane Johnson, MS**, research assistant professor, A.T. Still Research Institute, completed and published Event Adjudication Committee Jury Room (EACJR) software on GitHub and Zenodo. EACJR is a multiyear, multisite research project exploring patient-reported events and determining which are adverse events by a consensus of review committee members. The project is supported by grants from the American Academy of Osteopathy and ATSU's Strategic Research Fund.



**Marsha Ham, PhD**, university director, Teaching & Learning Center, retired from ATSU, effective July 5. She joined the University in August 2015 as the Teaching & Learning Center's founding director. Since then, she has worked to build a center focused on providing faculty and students with a broad variety of resources and programs.

**Theresa Hunziker**, admissions counselor, residential admissions, received the Missouri campus Employee Excellence Award for the fourth quarter of 2018.



**Michael Kronenfeld, MBA, MLIS**, university librarian, A.T. Still Memorial Library, retired in March after 17 years with ATSU. He opened the Arizona campus library in 2002 and was appointed university librarian in 2011 when both campus libraries were merged.

**Dan Martin, MA**, director, wellness programs, received the Kirksville Osteopathic Alumni Association's Living Tribute Award at the Founder's Day Alumni Recognition Ceremony. The award honors ATSU-KCOM faculty and administration who make significant contributions to the University.

**Kim Perry, DDS, MSCS**, associate vice president, university partnerships, was inducted as a fellow into the American College of Dentists.

**Craig M. Phelps, DO, '84**, president, received the Samuel U. Rodgers Achievement Award from the Missouri Primary Care Association in October at the Community Healthcare Awards of Excellence. Dr. Phelps also received the 2018 Medallion Award from the Missouri Association of Osteopathic Physicians and Surgeons for outstanding service to the osteopathic profession.

**Clarissa Rodriguez** joined ATSU in October as the administrative assistant for Diversity & Inclusion. She is based on the Arizona campus.



**Jean Sidwell, MALS**, director, Missouri branch, A.T. Still Memorial Library, retired in January after more than 30 years of service. She joined the University as a library clerk in November 1986.

**Susan Swogger, MLIS**, is the new Missouri branch manager for the A.T. Still Memorial Library. She joined the library staff in September 2016.

**Brittany Williams, MS**, instructional designer & faculty development coordinator, Teaching & Learning Center, received the Arizona campus Employee Excellence Award for the third quarter of 2018.

**Jeffrey Cohen, DDS**, joined the School as an adjunct professor.

**Jack Dillenberg, DDS, MPH**, dean emeritus, received the Skills Meskin Award from the Dr. Edward B. Shils Entrepreneurial Fund Inc. for his exceptional and relentless pursuit of innovation in education, public health leadership, health program development, and addressing oral health issues to improve the nation's oral health. Additionally, Dr. Dillenberg received the 2019 American Association of Public Health Dentistry Distinguished Service Award for his contributions toward improving the nation's public health.

**Mai-Ly Duong, DMD, MPH, MAEd, FAGD, FSCD, '12**, associate director, special care dentistry, received a \$5,000 grant from the Academy of General Dentistry to raise awareness and educate healthcare professionals, parents, teens, and the community about risk factors associated with developing oral cancers, the link between human papillomaviruses and oral cancer, and the lifesaving value of obtaining regular oral exams and screenings. In addition, Dr. Duong was inducted as a fellow into the American College of Dentists.

**Amanda Fernandez** is a dental assistant for CCU 3 in the dental clinic.

**Wendy Hardina** is the School's new education specialist.

**Larry Harlan, DDS**, joined the School as an adjunct professor in the dental clinic.



Dr. Kalamchi (center)

**Sabah Kalamchi, DDS**, director, oral and maxillofacial surgery, received the Ivor Kramer Medal of Academic Distinction on Friday, Nov. 23, in London. The award, given for research excellence, is named for Ivor Kramer, a former professor of oral pathology and dean of the Eastman Institute of Dental Surgery at the University of London.

**Noemi Kershner**, dental assistant, dental clinic, received the Arizona campus Employee Excellence Award for the fourth quarter of 2018.

**Satish Kumar, DMD**, associate professor, became the director of periodontics, effective July 1.

**Jason Lee** joined the School in September as an operations assistant.

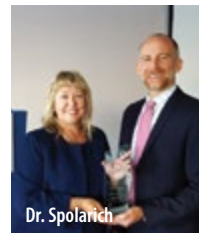
**Binita Mool** joined the dental clinic as a sterilization/float dental assistant.

**Jae Hyun Park, DMD, PhD, MSD, MS**, professor and chair, postgraduate orthodontics, published an article in the *American Journal of Orthodontics & Dentofacial Orthopedics* titled "Improvement of facial profile by nonextraction orthodontic treatment with temporary skeletal anchorage devices and visual treatment objectives." The article, co-authored by Kiyoshi Tai, DDS, PhD, in Japan, was selected as Case of the Month for the journal's November issue.

Additionally, Dr. Park's article, "Anterior open bite correction with 2-jaw orthognathic surgery," which was co-authored by **Michael Papademetriou, DMD, MS**; Carolyn Gardiner, DDS, DHed; and **John Grubb, DDS, MSD**, was selected as the *American Journal of Orthodontics & Dentofacial Orthopedics'* cover story in the January 2019 issue.

**Maricela Segovia-Santoyo** is a dental assistant for prosthodontics in the dental clinic.

**Morgan Shubert** joined the dental clinic as a sterilization/float dental assistant.



Dr. Spolarich

**Ann Spolarich, PhD, RDH, FSCDH**, professor, director of research, was honored by the Oral Health Research Group of the International Association for Dental Research with the 2018 Oral Health Research Award. The award recognizes a researcher for significant contributions to the advancement of oral health.

**Caitlin Talkington** joined the dental clinic as a sterilization/float dental assistant.

**Amanda Westendorf** is a dental assistant for oral surgery in the dental clinic.



## Top Colleges for Diversity

# ATSU is a 2018 HEED Award recipient!

ATSU received the 2018 Health Professions Higher Education Excellence in Diversity (HEED) Award from *INSIGHT Into Diversity* magazine, the oldest and largest diversity-focused publication in higher education. The University was selected for its deep commitment to an educational and collaborative environment embracing cultural proficiency. Today, ATSU supports students who learn and serve in diverse, underserved, urban, and rural communities across America.

"The ATSU community is honored to receive this award for two consecutive years," said ATSU Associate Vice President for Diversity & Inclusion Clinton Normore, MBA. "This esteemed award affirms our continued commitment to achieving a culturally proficient University community and the value we place on diversity and inclusion throughout our campus and community relationships."

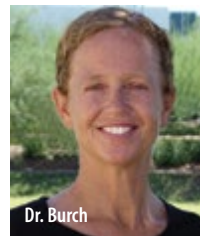
ATSU is the first health professions university to be named a HEED Award recipient for consecutive years. The award process consists of a comprehensive, rigorous application that includes questions relating to the recruitment and retention of students and employees, continued leadership support for diversity, and other aspects of campus diversity and inclusion.

"We take a detailed approach to reviewing each application in deciding who will be named a Health Professions HEED Award recipient," said Lenore Pearlstein, publisher of *INSIGHT Into Diversity* magazine. "Our standards are high, and we look for schools where diversity and inclusion are woven into the work being accomplished every day across their campus."



**Debra Abel, AuD, '02**, adjunct assistant professor, audiology, was named president-elect of the Academy of Doctors of Audiology.

**Cailee Welch Bacon, PhD, ATC**, associate professor, athletic training; **Kirsty Gaither, MA**, distance support librarian, A.T. Still Memorial Library; and **Brittany Williams, MS**, instructional designer, Teaching & Learning Center, delivered a presentation about Qualtrics rollout activities and the Train-the-Trainer SparkTank grant at the Qualtrics annual conference in Salt Lake City.



**Ann Lee Burch, PT, EdD, MPH**, was selected as dean of ATSU-ASHS in May. She had been serving as the interim dean since December. Dr. Burch joined ATSU in 2008 as associate professor and chair of physical therapy. Since 2012, she has served as vice dean of ATSU-ASHS.

Dr. Burch was selected as an advisory board member for the Health, Wellness, & Society Research Network, and she was selected to join the Arizona Advisory Council for Common Sense, the nation's leading non-profit organization committed to helping kids thrive in a world of media and technology. In addition, she was selected to attend the Institute for Management & Leadership in Education at the Harvard Graduate School of Education. The two-week program, which was held in June, is designed for experienced administrators.

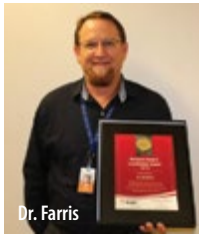
**Randy Danielsen, PhD, PA-C emeritus**, stepped down as dean of ATSU-ASHS, effective Dec. 1. He is serving as program director for the new online Doctor of Medical Science program in the Physician Assistant Studies (PA) department.

Dr. Danielsen joined the School in 1995 to help start the inaugural PA program in Arizona. In 1998, he became chair of the PA department where he served until 2004. He was appointed to full professor in 2004 and served as dean of the School from 2004-10 and again from 2012-18.

**Michelle DiBaise, DHSc, MPAS, PA-C, DFAAPA, '14**, was named chair of the Physician Assistant Studies department and director of the master's in Physician Assistant Studies program, effective July 1.

**ASHS**





Dr. Farris

**Jim Farris, PT, PhD**, chair, physical therapy, received the 2018 Special Olympics' Golisano Health Leadership Award. The award recognizes healthcare champions who are making significant contributions to equal access to health, fitness, and wellness for people with intellectual disabilities. It is the highest honor Special Olympics awards its health partners.

**Heather Guerra, AuD**, joined the Audiology department in October as an assistant professor.



Jordan

**Beth Jordan**, clinical education assistant, physical therapy, received the Exemplary Staff Award from ATSU-ASHS Staff Assembly. The award recognizes staff members who demonstrate outstanding service to the University, create opportunities for professional growth, and contribute to a team-oriented work environment.



Dr. Valovich McLeod

**Tamara Valovich McLeod, PhD, ATC**, director, athletic training, was one of five speakers at the Brain Injury Alliance Arizona breakfast for National Concussion Awareness Day in September. In January, she received the Pediatric Research in Sports Medicine Society National Achievement Award for Athletic Training. Dr. Valovich McLeod was recognized for modeling exemplary clinical care and contributing to the education of youth sports medicine providers.

**Bert Simon, DHSc**, became the associate director of the new online Doctor of Medical Science program, effective July 1. Dr. Simon, who served as chair of the Physician Assistant Studies department since 2012, stepped down from this role.

**“We’ve been able to include more than 200 ATSU physical therapy students in serving Special Olympics athletes, a unique educational opportunity.”**

**– Dr. Jim Farris on his Golisano Health Leadership Award**

**Kathy Adler, DHA, FACHE**, associate dean, completed her Quality Matters Master Reviewer recertification.

**Erin Breitenbach, PhD, MA**, chair, health education, was selected to attend a National Science Foundation-funded summit on scalable advanced learning ecosystems at the Georgia Institute of Technology in November. In addition, she began serving on the Editorial Review Board for the *International Journal of Innovative Teaching and Learning in Higher Education* in January.

**Jeffrey Chaffin, DDS, MPH, MBA, MHA**, associate professor, public health, was invited to be an associate editor for the Section on Oral Health, Integration, and Practice of the 2020 Surgeon General’s Report on Oral Health.

**Lihua Dishman, DBA, MBA**, assistant professor, health administration, served as a judge for the Distributive Education Clubs of America High School competition in December. Additionally, her case study manuscript, “Allocating Hospital Resources to Improve Patient Experience,” was accepted for publication in SAGE Business Cases.

**Olivia Ellison** joined the College as the new enrollment data coordinator.

**Jimmie Flores, PhD, DM, MS**, adjunct professor, health administration, completed the requirements for the Project Management Institute’s Portfolio Management Professional (PfMP)<sup>®</sup> credential.



Dr. Gold

**Jaana Gold, DDS, PhD, MPH, CPH**, associate professor, public health, co-authored two chapters in a new textbook, “How to Use Evidence-Based Dental Practices to Improve Your Clinical Decision Making,” which will be published this fall and sponsored by the American Dental Association. The chapters are titled “Issues of Bias and Confounding in Clinical Studies” and “Curriculum Content and Strategies for Evidence-Based Practice Instruction.”

**Lynda T. Konecny, DHEd, MS, CHES, '08**, associate professor, health education, published a chapter, "Medical student wellness initiatives," in the book titled "Exploring the pressures of medical education from a mental health and wellness perspective."



**Elsie Rudd, MA**, retired at the end of March. She had been with the College since 1999 and was a member of the instructional design team.

**Helen Salisbury, PhD**, associate professor, health sciences, received a \$10,000 grant from AZPetPlates.org to benefit the Humane Society of the White Mountains in Lakeside, Arizona, for low-cost public spay/neuter surgeries for the companion animals of community residents, including the White Mountain Apache Tribe.

**S.D. Shanti, DDS, PhD, MPH, CPH**, associate professor, public health, was selected to be an exam item writer for the public health certification exam (CPH) held by the National Board of Public Health Examiners.

**Aesha Turner, MC, MCHES**, became the business operations manager, effective March 1.

**Kent Campbell, DO, '83**, associate dean, academic & clinical educational affairs, received the Kirksville Osteopathic Alumni Association's Distinguished Service Award at the Founder's Day Alumni Recognition Ceremony. The award recognizes alumni and friends who have provided outstanding service and financial support to ATSU-KCOM.

KCOM



**Yohei Norimatsu, PhD**, assistant professor, physiology, received a three-year, \$382,343 grant from the National Institutes of Health to support his research, "Atomic-scale refinement of CFTR and TAAR1 molecular models for the study of drug binding."

**Kelcey Smith**, education coordinator, family medicine, received the Missouri campus Employee Excellence Award for the third quarter of 2018.



**Robert Sparks, DO, '83**, joined ATSU Gutensohn Clinic in January as a family medicine physician.

**Bruce Young, PhD**, professor, anatomy, received recognition in *Psychology Today* for his research on tonic immobility in alligators.



**Joan Davis, PhD, MS, RDH**, director, research, special projects, & initiatives, presented "Tobacco Cessation on the Clinic Floor," an internationally streamed webinar in November as a part of the American Dental Education Association eLearn webinar series.



**Prashanth K. Haribabu, DDS, MDS, MSD**, joined the School as director for oral and maxillofacial surgery at the St. Louis Dental Center.

In March, Dr. Haribabu attended the Fifth Global American Academy of Implant Dentistry Conference and First Asian Hard and Soft Tissue Symposium in New Delhi, India. He served as one of the keynote speakers and as a chair to moderate a scientific surgical session. In addition, he was awarded the Master Fellowship certificate by World Congress of Oral Implantology, Japan.



**Dwight McLeod, DDS, MS**, dean, was named the 2018 Missouri Dental Association (MDA) Dentist of the Year in November at the MDA House of Delegates. The award recognizes a member dentist who has demonstrated outstanding service to the association, the profession of dentistry, or the community in the past year.

Dr. McLeod also received the Samuel U. Rodgers Achievement Award from the Missouri Primary Care Association in October at the Community Healthcare Awards of Excellence.

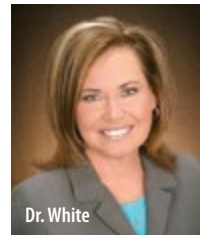
MOSDOH



**Richard J. Vargo, DMD, FAAOMP, FAAOM,** joined the School as specialty care unit director for oral and maxillofacial pathology at the St. Louis Dental Center.



**Lisa Watts, DO,** associate professor, regional director of medical education, received the Northwest Osteopathic Medical Foundation's Founders' Exceptional Accomplishment Award for her work in developing ATSU-SOMA's partnership with the Northwest Regional Primary Care Association in Portland, as well as her role as the founding director of medical education for the Wright Center National Family Medicine Residency.



**Earla White, PhD,** was named inaugural chair of the Undergraduate Medical Education department, effective April 1. Since joining ATSU-SOMA in 2017, Dr. White has served as director of community-oriented primary care, a member of the Interdisciplinary Research Committee, and an elected member of the Faculty Council.

**“Our osteopathic community is like family to me, and I can only hope that my work adds, in some small measure, to our collective success.”**

**– Dr. Lisa Watts on her award from the Northwest Osteopathic Medical**

**Lorree Ratto, PhD, FT,** associate professor, served as a member of the National Health Care for the Homeless Council's advisory committee on end-of-life for people experiencing homelessness. The committee created a set of guidelines titled "Adapting Your Practice: Recommendations for End-of-Life Care for People Experiencing Homelessness."

**SOMA**

**Submit faculty & staff news to [stillmagazine@atsu.edu](mailto:stillmagazine@atsu.edu).**



**Janet Tinning**  
1938-2019

Janet Tinning, wife of ATSU President Emeritus Fred C. Tinning, PhD, shared her husband's strong belief in the principles and practice of osteopathic medicine. She was an advocate for the profession and for osteopathic medical students. To help continue their legacy, memorials are being accepted for the Tinning Family Financial Award Endowment for Gerontology in memory of Susan G. and James C. Tinning, which provides scholarships for medical students committed to serving the senior citizen population, and the Fred C. Tinning, PhD, President Emeritus Founder's Day Osteopathy Lecture Endowment, which funds the Founder's Day Osteopathy Lecture.

# A profession worth bragging about

By Aubrey Henning

**A**TSU board member Tisha R. Kice-Briggs, DDS, loves to brag she has the best job ever. Originally from Memphis, Missouri, Dr. Kice-Briggs has practiced dentistry in Kirksville, Missouri, for nearly 17 years.

"I get to spend my days visiting with and caring for lots of different people," says Dr. Kice-Briggs. "I am blessed to have many loyal, longtime patients who I have developed friendships with over the years."

Dr. Kice-Briggs, Rick Gooch, DDS, and Matt Harden, DDS, own Kirksville Dental Group, a large private practice in Kirksville with a satellite location in Edina, Missouri.

In high school, Dr. Kice-Briggs knew she wanted to help people in her career. After deciding healthcare was the path she wanted to take, she researched different professions and found dentistry was the best option. Today, she enjoys her career and the flexibility it offers her.

"I love that I have great work-life balance," says Dr. Kice-Briggs. "I am the proud mother of the most amazing twin boys – Isaac and Adrian. They are 9 years old, and they keep my husband and me very busy with all of their activities."

In addition to her private practice, Dr. Kice-Briggs has served on ATSU's Board of Trustees for six years. She became involved with ATSU when former President Jack

Magruder, EdD, consulted with her about bringing a dental school to the Kirksville, Missouri, campus. She helped to fundraise for the school through the Friends of ATSU Dental campaign.

"I love everything ATSU stands for, especially preparing healthcare professionals to be committed to whole person healthcare, community health, and serving the underserved populations," says Dr. Kice-Briggs, who completes her term of service to the board this summer. "I am honored and humbled to be a part of their education in any small way."

In August 2018, Dr. Kice-Briggs served as co-chair for the seventh annual Missouri Mission of Mercy (MOMOM), a free dental clinic held in Missouri once per year. The 2018 MOMOM event took place in Kirksville and was the first time the clinic came to northeast Missouri. Through her position as co-chair, Dr. Kice-Briggs was able to serve people in her own community. In two days, the large-scale clinic provided \$816,000 worth of free dental care to more than 1,200 patients.

Dr. Kice-Briggs applies her passion for helping people to her career, service on ATSU's Board of Trustees, and service to her community. The joy she finds in her work as a dentist explains how she can proudly say she has the best job ever.



Dr. Tisha Kice-Briggs uses her dental expertise to help ATSU and her community.

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- Post-professional Physical Therapy (DPT)
- Post-professional Physical Therapy – non-degree

Master's degree program

- Advanced Physician Assistant Studies (MS)

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For more information, contact ATSU-CGHS enrollment representatives at 866.626.2878, ext. 2237, or visit [atsu.edu/cghs](http://atsu.edu/cghs).

Employees and alumni are encouraged to contact an attorney about any tax implications they might have.

Discounts are independent and cannot be combined.

# In memoriam

## 1940s

**Lucien L. Trimble, DO, '42**  
Sept. 12, 2017  
Lawrenceville, Georgia

**David G. Siehl, DO, '43**  
Jan. 13, 2019  
Scottsdale, Arizona

## 1950s

**Louis W. Berta, DO, '51**  
Feb. 12, 2019  
Bay City, Michigan

**William K. Church, DO, '52**  
Feb. 25, 2019  
Victoria, British Columbia

**John E. Murphy Jr., DO, '52**  
Dec. 18, 2018  
Dayton, Ohio

**Lloyd H. Riley, DO, '53**  
Dec. 4, 2018  
Plainfield, Indiana

**David W. Humphrey, DO, '55**  
Sept. 15, 2018  
Clarion, Pennsylvania

**Millard Bass, DO, '57**  
July 24, 2018  
Brooklyn, New York

**Morton J. Stanley, DO, '57**  
Jan. 14, 2019  
Flint, Michigan

**Ralph Keating Jr., DO, '59**  
Feb. 27, 2019  
Centerville, Ohio

## 1960s

**Lawrence B. Harker, DO, '60**  
Jan. 18, 2019  
Dayton, Ohio

**Keith D. Peterson, DO, '60**  
Sept. 30, 2018  
Lacey, Washington

**Adam Frent, DO, '61**  
Oct. 19, 2018  
Tamarac, Florida

**G. Richard Hershberger, DO, '61**  
Oct. 19, 2018  
Middleton, Wisconsin

**Bernard I. Zeliger, DO, '61**  
Dec. 15, 2018  
Harrisburg, Pennsylvania

**Donald A. Evans, DO, '62**  
Sept. 6, 2018  
Jensen Beach, Florida

**Max E. Helman, DO, '65**  
Jan. 30, 2019  
Granger, Indiana

**John J. Swienkowski, DO, '65**  
Nov. 7, 2018  
Gladwyne, Pennsylvania

**John V. Coupland, DO, '66**  
Nov. 7, 2016  
Hermitage, Pennsylvania

**Stanley L. Painter Jr., DO, '66**  
Dec. 19, 2018  
Winthrop, Maine

**Harold K. Poff, DO, '66**  
Nov. 17, 2018  
Ashley, Michigan

**John J. Nicklas, DO, '67**  
Jan. 26, 2019  
Fort Myers, Florida

**Norman J. Dubiel, DO, '68**  
Aug. 24, 2018  
Bradenton, Florida

**Robert G. Maul, DO, '69**  
Feb. 25, 2019  
Lubbock, Texas

**Peter L. Wickens, DO, '69**  
Oct. 7, 2018  
Clinton Township, Michigan

## 1970s

**Richard G. Huff, DO, '70**  
Jan. 28, 2019  
Spring Lake, Michigan

**Charles L. Pritchard, DO, '70**  
March 27, 2019  
Kirksville, Missouri

**Rolland W. Taylor, DO, '70**  
Aug. 4, 2018  
St. Louis, Missouri

**Spencer L. Ballard, DO, '71**  
Aug. 23, 2018  
Southfield, Michigan

**Darryl A. Beehler, DO, '75**  
March 29, 2019  
Detroit Lakes, Minnesota

## 1980s

**Michael B. Schnapp, DO, '81**  
July 28, 2018  
Atlanta, Georgia

**Michael J. Martin, DO, '83**  
March 21, 2016  
St. Petersburg, Florida

**Barry W. Galbraith, DO, '86**  
Aug. 8, 2016  
Brooksville, Florida

## 1990s

**Alexander Benson, DO, '97**  
July 15, 2012  
Beverly Hills, California

**Sandra L. Melbye, MS, PA-C, '97**  
Oct. 19, 2018  
Scottsdale, Arizona

## 2000s

**Larry T. McPherson, AuD, '04**  
March 14, 2016  
Lancaster, California

**Brandy S. Tiger, MS, PA-C, '04**  
April 17, 2016  
Muskogee, Oklahoma

**Seth L. Beebe, DO, '06**  
Nov. 2, 2018  
Alexandria, Louisiana

**Cathy L. Goforth, MS, PA-C, '08**  
Oct. 22, 2017  
Howard, Ohio

**Adam F. Ley, MPH, '09**  
July 29, 2016  
St. Paul, Minnesota

## 2010s

**Ruth A. Mennom, DHSc, '14**  
Sept. 24, 2018  
Lancaster, Ohio

## Friends

**Arthur Levy, DMD**  
Feb. 1, 2019  
Mesa, Arizona

**Barbara J. "Bobbie" Madsen**  
Nov. 7, 2018  
Kirksville, Missouri

**Kay Morlan**  
March 6, 2019  
Kirksville, Missouri

**Deborah A. Raines, PhD, EdS, RN, ANEF, FAAN**  
Feb. 15, 2019  
Getzville, New York

**Janet Tinning**  
Feb. 23, 2019  
Lansing, Michigan

Read full-length obituaries  
online at [stillmagazine.atsu.edu](http://stillmagazine.atsu.edu).

# DOCare serves in Uganda

By Aubrey Henning

ATSU students in the DOCare club visited Uganda to provide medical and dental care to children in need. The trip was done in partnership with Power of a Nickel, an organization based in Tulsa, Oklahoma, that conducts medical mission trips in various countries. ATSU's

team consisted of students from ATSU-KCOM and ATSU-MOSDOH and was led by Stanley Grogg, DO, '71.

Medical students performed screenings and triage, provided glasses to children with vision problems, and treated symptoms and diseases in conjunction

with the pharmacy. Dental students watched and assisted a local dentist who was performing extractions, and assisted with patient intake, screenings, and intraoral exams. More than 1,000 patients were served, 90 percent of whom were children.



parting shot

Children in Katwe, Uganda, welcome the team of doctors, nurses, and dentists to their school. The school in Katwe was started by two orphans who grew up on the streets and understood firsthand how hard life was. Their school is now providing education to more than 400 children in the area.

800 W. Jefferson St.  
Kirksville, MO 63501



Open up and meet this ATSU board member