



Still

M A G A Z I N E

History in the making

How the Museum of
Osteopathic Medicine
preserves and promotes
A.T. Still University's heritage





OUR POINT OF VIEW

Jason Haxton, MA, director of the Museum of Osteopathic Medicine, stands outside the original American School of Osteopathy on the Kirksville, Missouri, campus. He has been leading efforts toward accreditation with the American Alliance of Museums. Learn more on Page 12.

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The Museum of Osteopathic Medicine preserves and promotes the history and tenets of osteopathy while pursuing accreditation with the American Alliance of Museums.

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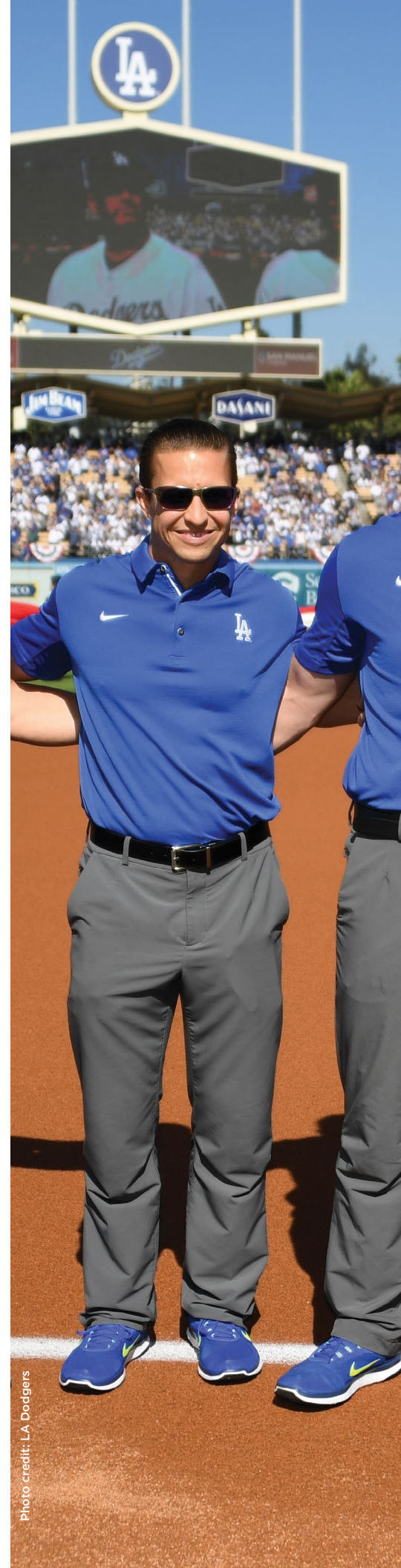


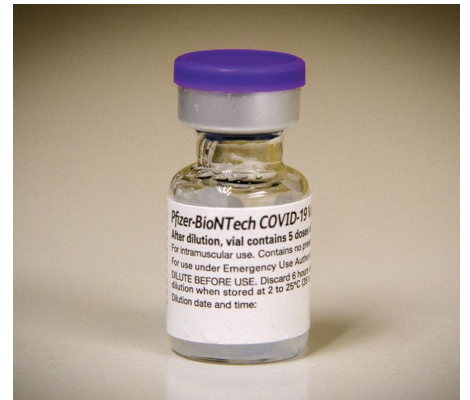
Photo credit: L.A. Dodgers



Dr. Thomas Albert (left) and Brandon McDaniel (third from left) serve on the Los Angeles Dodgers training staff. In 2020, they helped power their team to win the MLB World Series.



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Let's stay connected!

We love to share alumni stories, news,
and accomplishments, but we can't
do it without your help.

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stillmagazine@atsu.edu

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MAGAZINE

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ATSU MISSION

A.T. Still University of Health Sciences serves as a learning-centered university dedicated to preparing highly competent professionals through innovative academic programs with a commitment to continue its osteopathic heritage and focus on whole person healthcare, scholarship, community health, interprofessional education, diversity, and underserved populations.

A.T. Still University (ATSU) schools/colleges:

Arizona School of Dentistry & Oral Health
Arizona School of Health Sciences
College of Graduate Health Studies
Kirksville College of Osteopathic Medicine
Missouri School of Dentistry & Oral Health
School of Osteopathic Medicine in Arizona

Still Magazine strengthens and extends the positive connections of alumni, faculty, staff, and students to the University and each other by informing, entertaining, and engendering pride in a shared experience and University mission. The magazine focuses on a variety of academic, social, political, cultural, scientific, and artistic issues through the lens of alumni and student achievements, scholarly activity, and institutional news.

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The mission-driven roadmap



As we celebrate commencement and white coat ceremonies of 2021, I have been reflecting on the unique, remarkable year it has been. When the pandemic began, we didn't know what to expect or when our daily activities would look "normal" again. No one could have predicted the challenges and hardships we would face. Our leadership team didn't have a roadmap to navigate every situation. But we did have our mission.


ATSU's mission guides us through every obstacle and challenge we encounter. Whether it's continuing our osteopathic heritage, ensuring innovative learning opportunities for students, serving the underserved, or embracing diversity and inclusion, the University community has pulled together to advance the mission and achieve goals, even in the most difficult circumstances.

This issue of *Still Magazine* is a celebration of the hard work and determination of our University community. With the Museum of Osteopathic Medicine working toward

accreditation with the American Alliance of Museums, alumni serving on staff of national championship teams, and much more, this magazine captures examples of those who continue to work toward goals, regardless of the challenges, and help others along the way. We hope you enjoy reading their stories.

In this new academic year, ATSU will continue to follow its mission, keeping in mind lessons learned and preparing for new challenges that will inevitably come our way. This year has shown us the importance of remaining connected to one another and what we are able to accomplish when we work together. Thank you for your continued support of ATSU, its programs, and its students.

Yours in service,


Craig M. Phelps, DO, '84, president

ATSU-SOMA and The Wright Center transform primary care residencies

National Family Medicine Residency program receives full accreditation from ACGME

By Katie Hubbard

About 10 years ago, a meeting of the minds was taking place in Jackson Hole, Wyoming. A group of physician-educators, including Joy H. Lewis, DO, PhD, FACP; Frederic Schwartz, DO, FACOFP; and Linda Thomas-Hemak, MD, FACP, FAAP, along with their teams, met for a two-day summit to discuss the dream of revolutionizing postdoctoral training. Their goal: create a sustainable network family medicine residency program.

The group came together after Dr. Lewis, who is currently chair and professor of public health at ATSU-SOMA, made a call to Dr. Thomas-Hemak, CEO of The Wright Center for Community Health and president of The Wright Center for Graduate Medical Education, located in Scranton, Pennsylvania. Dr. Lewis was then director of postgraduate education and was looking for partners to form a teaching health center ATSU-SOMA residency program. She wanted to learn more about The Wright Center and its role in serving underserved populations, and to look into potential collaborations.

Upon learning about Dr. Thomas-Hemak's shared commitment to the underserved, Dr. Lewis continued a dialog with her and proposed a unique model for a residency program. Building on ATSU-SOMA's expertise with distance learning and relationship with community health centers (CHCs) and the National Association of Community Health Centers, the School would partner with The Wright Center, an established residency, to create a distributed health center residency model.

Dr. Lewis contacted Dr. Schwartz, who currently serves as senior advisor to ATSU-SOMA's dean, to inform him of the unique organization providing graduate medical education (GME) and the creative ideas for a shared distributed program. Dr. Schwartz, who happened to already have a plane ticket to Scranton in his pocket for a visit to The Wright Center and the new Commonwealth Medical School, then made a formal visit and presentation, and a partnership between ATSU-SOMA and The Wright Center blossomed.

What transpired from the group's convergence a short time later was a groundbreaking model for GME. While traditional GME programs take place in and are managed by individual hospitals and medical centers, the new model is a national consortium with one centrally run residency program operating in CHCs around the country.

Established in 2013 with a \$4 million grant from the Health Resources and Services Administration, The Wright Center for Graduate Medical Education National Family Medicine Residency (NFMR) addresses the nation's shortage of primary care physicians by developing a pipeline of doctors who have experience and an interest in working with underserved populations. It also addresses the need for increased residency slots by placing up to 22 medical school graduates in partnering CHCs each year over the three-year program. Ultimately, NFMR provides students who have a passion for providing care to underserved populations the opportunity to complete

their medical training in the same environment where they will end up working and where they are desperately needed.

The Wright Center for Graduate Medical Education serves as NFMR's sponsoring institution, and ATSU-SOMA provides the educational infrastructure. The four partnering health centers, located in Arizona, Ohio, Washington state, and Washington, D.C., use one set of competency-based evaluations and follow the same curriculum. The American Osteopathic Association was NFMR's original accrediting body, but since 2015, NFMR has been working toward accreditation with the Accreditation Council for Graduate Medical Education (ACGME).

NFMR's program director, Lawrence LeBeau, DO, who also serves as chair of GME at ATSU-SOMA, oversees associate program directors at each CHC location. He joined NFMR as program director one year after the program had been established, and when he learned about the impending single accreditation process through ACGME, he and his team immediately started working to meet ACGME's rigorous accreditation standards.

NFMR submitted its initial application in 2016 while it was in the process of graduating its first class of residents. As the program went through each iteration of the application process and graduated more classes, Dr. LeBeau and team consistently demonstrated excellent outcomes, fulfilling NFMR's purpose. The unique and innovative program format allowed for shared resources, thus reducing program costs and improving quality of training.

The Wright Center in Scranton, Pennsylvania.



“The collaborative working relationship we have is key,” Dr. LeBeau said. “It’s complex, but it’s been amazing to see the partnership, the openness, and the camaraderie.”

In 2018, NFMR made a major breakthrough – it received initial accreditation from ACGME as a new design for a GME program. According to Dr. LeBeau, 54% of NFMR’s graduates have continued to practice at CHCs, which exceeds 30%-35% for other teaching health center programs and 2% for traditional residency programs.

“The result is it’s working,” Dr. Schwartz said. “More than half of graduates in this program have been retained in the health center world.”

As NFMR continues to develop its primary care workforce pipeline, it is successfully fulfilling the missions of ATSU-SOMA, The Wright Center for Graduate Medical Education, and partner CHCs. About 25% of NFMR’s residents come from ATSU-SOMA, making NFMR’s program an excellent vehicle to continue the School’s emphasis on community-based training and serving underserved populations.

“We’ve had a number of ATSU-SOMA graduates who have come into the program and are now working at CHCs they trained in as students and residents,” Dr. LeBeau said. “We even have some ATSU-SOMA graduates who have trained in the residency program, are working at the CHC, and are faculty for the residency program. It’s amazing.”

One unique aspect of NFMR since its inception is its use of Zoom, with each location participating in weekly didactic experiences and program meetings. ACGME was hesitant about NFMR’s use of Zoom early in the accreditation process. However, when the COVID-19 pandemic hit, Zoom became the standard for meetings and educational delivery, and the residency’s experience was shared with other programs.

“We’ve lost some of our distinctiveness because now the whole world is using Zoom,” Dr. LeBeau said. “But it’s also made it more normal and acceptable, and ACGME saw that.”

Two years after receiving initial accreditation, ACGME conducted their next site review – virtually – in fall 2020, and in early 2021, the

team received the news they had been anxiously waiting to hear. NFMR became the first multistate consortium family medicine residency program to achieve ACGME full continuing accreditation. Through a decade of collaboration and perseverance, their GME dream came to fruition.

“It was a learning process for us and for ACGME,” Dr. LeBeau said. “We’ve learned from ACGME, and we’ve improved our program and our processes based on their accreditation requirements. And I think they learned from us too.”

“Our collective NFMR success is a true testimony to the intense, collaborative, pioneering, mission-driven work of our amazing team of engaged leaders, faculty, and residents within our GME department and the program’s four partnering CHCs: Health Source, Unity, El Rio, and HealthPoint,” said Dr. Thomas-Hemak. “It’s been a seven-year, incredibly worthwhile journey with our NFMR program to date, and we are so proud to be involved in such groundbreaking national primary care workforce solutions with our ATSU-SOMA and NFMR friends.”

ATSU-CGHS achieves Exemplary Program status through Quality Matters

By Lizzy Ellery



ATSU-CGHS has been awarded Exemplary Program status from Quality Matters (QM) for achieving recognition in all four of the program certification areas. Katherine Adler, DHA, FACHE, adjunct instructor, and Sue McDaniel, MS, instructional designer, have been the leading force behind ATSU-CGHS' review process.

A global organization, QM focuses on quality assurance for online and innovative digital teaching and learning environments. QM program certification is achieved following a rigorous review process that examines components deemed critical to success in online learning.

"QM is the gold standard for recognizing online courses," Dr. Adler said. "It covers a lot of things, but their main goal is alignment, meaning everything in the course is aligned to help the students learn."

QM has four categories for program review: Online Program Design, Online Teaching Support, Online Learner Success, and Online Learner Support. Each category of review has its own set of standards a course must meet to receive certification. Many institutions will strive to meet one category at a time.

"We did something nobody else has done," Dr. Adler said. "We submitted all four reviews at once."

QM completed the first course review, DHAD 7200, in December 2017. Later, 14 more courses were reviewed with QM managing the review process. The review team for each course consists of a master reviewer and two peer reviewers. Review teams go through each standard of the QM rubric to award a final score.

"If you meet all of the required standards and score 85 or better out of 100, then you are QM certified," McDaniel said.

After QM reviewed the first 15 courses, Dr. Adler and McDaniel determined they were ready to continue the process on their own, with Dr. Adler as the master reviewer. Over a 10-month span, 49 additional courses went through review.

Every core course in the Doctor of Health Sciences, Doctor of Education, and Master of Science in Kinesiology programs were included in the initial review process. ATSU-CGHS focused on these core courses because they were not going through curriculum modification at the time. When a course receives curriculum modification, it must run through two cycles before it is submitted for review.

"QM asks you to run the course twice, see how it works, make your modifications, then send it through for review," McDaniel said. "So, once the Master of Public Health and Master of Health Administration programs run their courses twice, we will start reviewing those courses next."

With Dr. Adler and McDaniel putting courses through all four categories of review at one time, the outcome resulted in being awarded Exemplary Program status. ATSU-CGHS is the second program ever in QM's history to achieve this high honor.

"We will continue down this path even though we've gotten the Exemplary Program designation," Dr. Adler said. "In order to keep it, we have to keep going."



ATSU receives fourth consecutive HEED Award

ATSU has been named a recipient of the 2020 Health Professions Higher Education Excellence in Diversity (HEED) Award from *INSIGHT Into Diversity* magazine, the only diversity and inclusion publication in higher education. ATSU was the first health professions university to be named a HEED Award recipient in consecutive years (2018), in three consecutive years (2019), and now for a fourth consecutive time.

“This HEED Award further demonstrates the commitment ATSU has placed on cultural proficiency, diversity, equity, and inclusion,” said Clinton Normore, MBA, vice president of diversity & inclusion. “Earning the award once is a tremendous accomplishment. Earning the award four years in a row is transforming. Though we are extremely honored to have earned the award, we are humbled by work yet to be done.”

The award process consists of a comprehensive, rigorous application with questions relating to recruitment and retention of students and employees, continued leadership support for diversity, and other aspects of campus diversity and inclusion.

“Congratulations to Clinton, his team, deans, and all cabinet members for prioritizing cultural proficiency, diversity, and inclusion,” said ATSU President Craig M. Phelps, DO, ’84. “Receiving the HEED Award four years in a row is something we can all be proud of and recognizes ATSU’s progress in accomplishing its vision, mission, and strategic plan.”

ATSU supports students who learn and serve in diverse, underserved, urban, and rural communities across the world. *INSIGHT Into Diversity* magazine selected ATSU for its deep commitment to an educational and collaborative environment embracing cultural proficiency.

“We take a detailed approach to reviewing each application in deciding who will be named a HEED Award recipient,” said Lenore Pearlstein, publisher of *INSIGHT Into Diversity* magazine. “Our standards are high, and we look for institutions where diversity and inclusion are woven into the work being done every day across their campus.”

Please visit insightintodiversity.com for more information about the 2020 HEED Award.



ATSU-KCOM awarded 10-year accreditation

By Jason Hunsicker

ATSU-KCOM was awarded Accreditation with Exceptional Outcome by the American Osteopathic Association's Commission on Osteopathic College Accreditation (COCA). This achievement, the highest possible under COCA, grants ATSU-KCOM the maximum accreditation length of 10 years.

"The University is very pleased with ATSU-KCOM's accreditation results, and we wish to acknowledge Dean Margaret Wilson, DO, '82, and all her faculty and staff contributing to this excellent outcome," said ATSU President Craig Phelps, DO, '84.

A comprehensive site visit was conducted virtually on Jan. 13-14, 2021. COCA reviewed the report and found ATSU-KCOM met all standards, affirming the decision during its meeting April 15-17, 2021. The College's next

accreditation review will be in the 2030-31 academic year.

ATSU-KCOM is proud to have achieved the highest accreditation status possible set by the Commission on Osteopathic College Accreditation," Dr. Wilson said. "The University, School, faculty, and staff work very hard to assure all standards are met or exceeded in an ongoing effort to make sure the program continues to lead in osteopathic medical education.

"I am grateful for all those who participated in the accreditation site review process, including our students, who represent the institution so well."

COCA is recognized by the U.S. Department of Education as the accreditor of colleges of osteopathic medicine and sets standards for educational quality.

FEATURES



These Civil War cavalry boots are a popular attraction at the Museum of Osteopathic Medicine. They belonged to A.T. Still, DO, and he wore them frequently, until later in his life.

Page 653 of the October 1908 *Journal of Osteopathy* said, "And still the aged doctor lived quietly at Kirksville, wearing a home-made country suit, with old fashioned leg boots and a slouch hat, and whittling a big stick as he converses in good plain Missouri with distinguished visitors."

One reminiscence of Mary Jane Laughlin Denslow, Dr. Still's granddaughter, said, "In his later years he wore his boots but seldom, in their place were 'carpet shoes.' His boots hung by their straps in his bathroom and were used as a piggy bank."

Museum of Osteopathic Medicine, Kirksville, Missouri [1981.597.01]

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Keeper of the flame

How the Museum of Osteopathic Medicine preserves osteopathy's roots and promotes its future

By Katie Hubbard

Around the world, museums capture the attention of millions of people each year. From aquariums and zoos to science centers and historical sites, museums have the unique ability to transport visitors to another time and place and immerse them in an educational experience. These cultural hotspots provide insight on specialized topics while showcasing tangible and intangible elements of humanity and the natural world.

Museums are traditionally known for acquiring, conserving, studying, and exhibiting pieces of history and the environment. However, these institutions have become much more by building bridges to the past and bringing history to life. Today's museums incorporate advanced technology with online galleries and virtual tours in addition to offering educational programming and community outreach.

The Museum of Osteopathic Medicine

Illuminating the past sheds light on the future, and the Museum of Osteopathic Medicine is doing its part to enlighten future generations. Based in Kirksville, Missouri, on the grounds of the founding institution of osteopathic medicine, the museum welcomes visitors near and far who are interested in the history of A.T. Still, DO, and the tenets of osteopathy.

The Museum of Osteopathic Medicine maintains a vast collection of objects, images, documents, books, and more. More than 80,000 artifacts are available for public viewing online, with many of those items found in Heritage Hall, the main gallery, and hallway displays. The collection continues outdoors in the historic Medicinal Plant Garden and at the Still family gravesite. These exhibits are designed for all interest levels, ranging in topics from the early frontier experience and life of Dr. Still to the formative years of the osteopathic profession, first school, and those responsible for the profession's subsequent growth.

Along with viewing items in the collection, members of the public have an opportunity to conduct research and access scholarly resources. The museum's International Center for Osteopathic History, which specializes in osteopathic historical research up to 1979, offers a number of books, journals, photographs, documents, and other materials for research purposes.

In terms of education and outreach, Jason Haxton, MA, director of the Museum of Osteopathic Medicine, works with schools and professional osteopathic organizations at state, national, and international levels. He spends much of his time on osteopathic history education for ATSU students, faculty, and staff, and even provides online lectures and podcasts.

Haxton, who has devoted his career to studying American antiques and ancient artifacts, oversees all levels of the museum, from collections management and research to exhibit development and installation. He and his staff, including Heather Rudy, MA, the museum's assistant director, are continually finding new information and new artifacts to help tell osteopathy's rich history.

As the Museum of Osteopathic Medicine embraces all facets of the osteopathic profession, it more broadly incorporates the history of whole person healthcare, which is tied to all ATSU programs, including dentistry, nursing, public health, physician assistant studies, occupational therapy, physical therapy, athletic training, kinesiology, audiology, and more. Through these curricula and ATSU events, like commencement and Founder's Day, the museum has become inextricably woven into the University fabric and effectively anchored in the Kirksville community.

"We can directly trace the origins of osteopathic medicine back to this community," Haxton said. "It is surprising how many ways our history is connected to all aspects of the University."



Dr. A.T. Still leans on one of his many walking sticks, circa 1914. Museum of Osteopathic Medicine, Kirksville, Missouri [2007.63.36.13]

The background image reflects the above image and other museum artifacts before the remodeling of the museum display areas in 2021.

Journey to accreditation

With ATSU's vision of preeminence, all areas of the University strive for excellence at the highest levels, and the museum is no exception. Museum staff has been working toward accreditation for many years with the American Alliance of Museums (AAM). A long-time leader in developing best practices and advocating for museums, AAM is the accrediting body for many high-profile museums, like The Metropolitan Museum of Art and Smithsonian.

In 2000, Haxton and his staff began the slow and arduous task of processing and cataloging the more than 100,000 items in the museum's collection. In addition, the museum purchased PastPerfect Museum Software and began putting the collection online. This forward-thinking move gave the museum a virtual presence, which was almost unheard of at the time.



Christopher Ferguson (left) and Jason Haxton (right) discuss management of the museum's collection.

By 2011, after several years of working on the collection and obtaining needed resources, the museum had come a long way. The staff held a Collections Assessment for Preservation visit and received a positive review. The report indicated the museum was doing outstanding work, as it was a model for other museums and on a solid path to meet AAM's accreditation expectations.

A few years later, the museum began the AAM accreditation process. The museum's policies, professionalism, and vision for the future received positive feedback, and the staff had successfully processed about 43,000 items, or about 43% of the collection. However, AAM requires 80% of a collection to be accessible before granting accreditation. Knowing they were on the right track, the staff continued processing and cataloging items and hired grant-funded support staff to supplement their efforts.

By October 2020, approximately 85,000 items, or 85% of the collection, were now processed, cataloged, and available online - well above the required amount. With the support of Shaun Sommerer, PhD, ATSU's vice



Heather Rudy and Jason Haxton review items from the museum's collection.

president for university advancement, the museum restarted its AAM accreditation journey.

Museum staff resubmitted necessary documentation, including a strategic plan, emergency plan, code of ethics, and collections management policy. AAM then provided guidance and multiple reviews before approving the core documents in March 2021. This approval allowed the museum to officially apply for AAM accreditation.

One additional requirement for formal application is support from a director of an active accredited museum. As an active museum in the state, the University of Missouri Arts and Archaeology Museum supported the Museum of Osteopathic Medicine’s application without hesitation, having seen the museum firsthand during professional museum training partnerships.

In late March 2021, AAM accepted the museum’s application and provided a 60-page self-review for the museum to complete within three months. Having recently completed this self-review, the museum now awaits additional information requests from AAM. Once approved, a professional museum visit and review will be held on-site, the final step in AAM’s accreditation process.

The museum anticipates decades of hard work will be rewarded with AAM accreditation, the highest standard achievable in the museum profession. Only about 1,000 of the nation’s estimated 35,000 museums have earned this level of distinction. As museum staff continues working toward processing and cataloging the entire collection, the history of Dr. Still and osteopathic medicine has never been more accessible, even during a pandemic.

“The Museum of Osteopathic Medicine is the largest collection of osteopathy in the world,” Haxton said. “It contains the complete history.”

Back to the beginning

The Museum of Osteopathic Medicine’s artifacts tell a unique story, but so does the museum itself. While it has come a long way through its accreditation process, it has come an even longer way from its establishment nearly a century ago.



These two curio cabinets in Memorial Hall held the museum’s original collection, which mostly included Dr. A.T. Still’s personal belongings. This image was featured in the 1936 *Journal of Osteopathy*.
Museum of Osteopathic Medicine, Kirksville, Missouri

Dr. Still’s daughter, Blanche Laughlin, started the original museum collection, which consisted mostly of the old doctor’s belongings, including his boots and walking sticks. The collection was housed in two curio cabinets in ATSU’s Memorial Hall, just down the street from the current museum location.

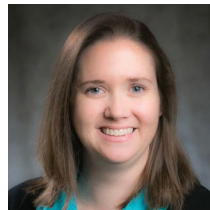
“Much like Dr. Still’s humble beginnings, the collection had humble origins too,” Haxton said.

Before the collection began to take shape in 1934, some osteopathic artifacts had been donated to the Smithsonian in the early 1920s. Although it is still

MUSEUM STAFF



Jason Haxton, MA
Director



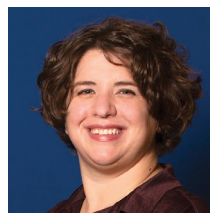
Heather Rudy, MA
Assistant Director



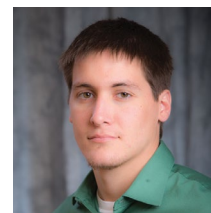
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Christine Gran
Research Coordinator



Jennifer Weber
Exhibits Manager



Christopher Ferguson
Museum Registrar



unknown what exactly was donated, historical records indicate those items were part of an osteopathic medicine exhibit that ran at the Smithsonian from the 1920s-60s.

Thankfully, thousands of other artifacts, dating from the early 1800s to present, have been donated to the Museum of Osteopathic Medicine's collection over the years. These items from Dr. Still's relatives, osteopathic physicians, and museum supporters reflect the osteopathic profession's beginnings and ongoing history, with the core of the collection remaining centered on Dr. Still's professional and private life.

"After 20 years, there are still surprises in artifacts that surface or a new facet of a significant osteopathic leader or story," Haxton said. "We are constantly gaining more information and a better understanding of our growth and success in worldwide healthcare."

The Museum of Osteopathic Medicine has always been located on University property, but it was a private entity until the Board of Trustees voted to incorporate the museum in April 1996, under the administration of former President Fred C. Tinning, PhD. Since that time, each University president, including current President Craig M. Phelps, DO, '84, has supported and encouraged elevating the museum to a higher standard.

"President Phelps has strongly supported the museum in achieving AAM accreditation," Haxton said. "He believes if the University and its programs strive for the highest levels of accreditation, so should the museum."

The premier institution of osteopathic history

When the museum was granted a charter by the American Osteopathic Association, it became known as the museum of the osteopathic profession. With recognition of AAM accreditation, it will also position itself as one of the country's most prominent museums.

"The osteopathic profession is rooted in rich culture and history, which serves to define the distinctiveness of our profession," said Kevin Klauer, DO, EJD, CEO of the American Osteopathic Association. "Some consider the osteopathic profession a 'branch of medicine.' Well, I disagree. We are our own distinct tree. The Museum of Osteopathic Medicine is critical and instrumental to preserving our history and illustrating our professional identity."

Norman Gevitz, PhD, ATSU's senior vice president-academic affairs and a medical historian, lauds the museum's efforts, particularly in educating the public.

"The Museum of Osteopathic Medicine is special," Dr. Gevitz said. "It is the only one of its kind dedicated to history of osteopathic medicine and osteopathic medicine education."



Dr. A.T. Still's daughter, Blanche Laughlin, started the original museum collection.

Museum of Osteopathic Medicine, Kirksville, Missouri [2000.01.08]

The museum has proven to be a good steward of its collection, and the staff has worked tirelessly to share osteopathic history with patrons across the globe, all while preserving and cataloging artifacts, preparing them for exhibit, and making them available online.

Their work is often tedious. Rudy notes her days may consist of cataloging artifacts, which includes assigning numbers to an artifact, photographing the object, placing information into the online database, and creating archival-quality storage for the artifact. Sometimes she builds boxes and artifact travel cases, sews artifact bags, or finds storage solutions for difficult artifacts. Other days, she assists the exhibit manager with installing or removing artifacts from display.

Most importantly, the staff's daily tasks always center on proper care of the collection, including jumping into action for emergency salvage of artifacts. In one instance, a donor brought in a large collection of framed items that had gotten wet. Rudy's first instinct was to remove the frame and dry the artifacts, ensuring minimal damage.

"It is always fun finding out new information and uncovering previously unidentified artifacts," Rudy said. "These little nuggets help make our job really interesting and make you feel like you are saving and telling an important story in history."

The history of medicine as a whole is scattered throughout the world and dates back to Hippocrates. Osteopathic medicine, on the other hand, has more finite roots, and they all lead home to one altruistic person - Dr. Still - and his community.

Left: Dr. A.T. Still shows an osteopathic treatment to three nurses at the American School of Osteopathy hospital, circa 1907. Museum of Osteopathic Medicine, Kirksville, Missouri [2006.20.01]

American School of Osteopathy

Know all men by these presents, that
William Smith, M. D.
having attended a full course of Lectures on, and
Demonstrations of Osteopathy, and having, after due
Examination, been found fully qualified to practise the
Art in all its branches, is hereby conferred by me
with the title
Diplomate in Osteopathy.

Given at Kirksville, Missouri
this, the 15th day of February 1893

A. J. Still
President

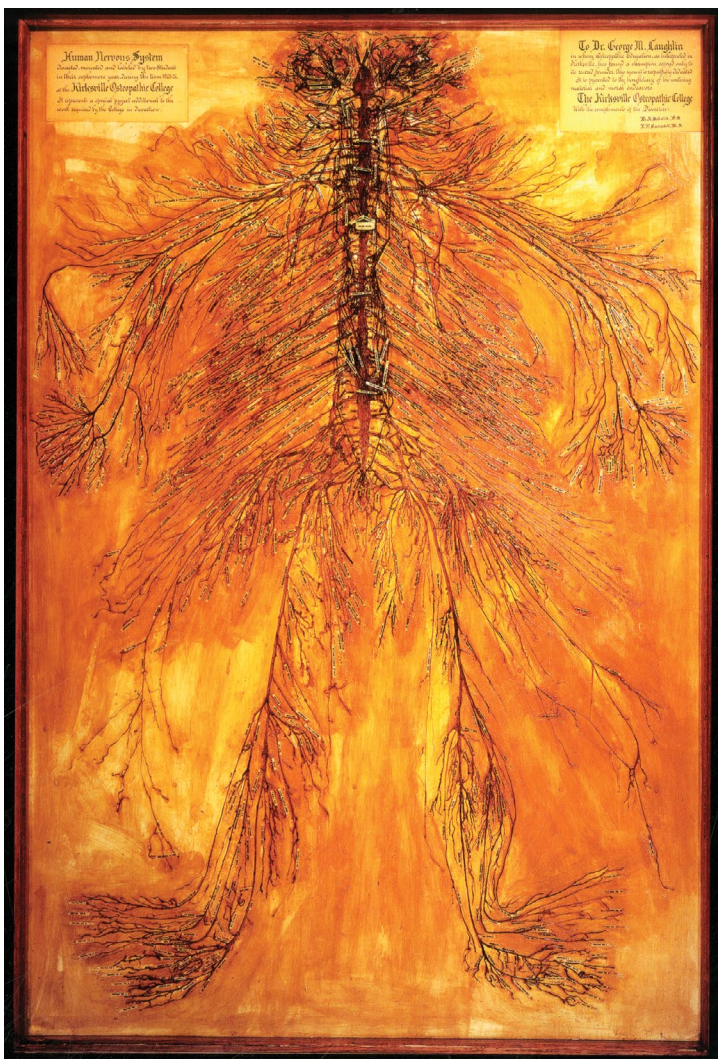
In 1892, a Scottish physician named William Smith, MD, joined forces with A.T. Still, DO, to launch the American School of Osteopathy. Dr. Smith taught anatomy and physiology in exchange for learning osteopathy, and on Feb. 15, 1893, he became the first person to receive a doctor of osteopathy degree. Museum of Osteopathic Medicine, Kirksville, Missouri [1981.551.01.01]

Right: In 1898, the American School of Osteopathy became the first educational institution west of the Mississippi to obtain an X-ray machine. The X-ray machine's images provided physical evidence of osteopathic medicine's benefit. This machine on display is a replacement of the original. Museum of Osteopathic Medicine, Kirksville, Missouri





This two-room building was the first school building of the American School of Osteopathy. It was used from 1892-1894 and was moved to its current location in Heritage Hall in 1994.



The Still Family Cabin was built in Lee County, Virginia, in the 1820s and was moved to its current location in Heritage Hall in 1994.

Left: In 1925-26, medical students M.A. Schalck and L.P. Ramsdell, both from the class of 1928, dissected an entire human nervous system. The nervous system is on display at the Museum of Osteopathic Medicine and is only one of four such dissections in the world.
Museum of Osteopathic Medicine, Kirksville, Missouri [1999.08.07]



Dr. A.T. Still stands in a tree.
Museum of Osteopathic Medicine, Kirksville,
Missouri [2010.02.1588]

“When it comes to osteopathic medicine, all paths trace back to Kirksville, the same campus that stood as the American School of Osteopathy,” Haxton said. “That uniquely positions the Museum of Osteopathic Medicine as the premier institution of osteopathic history.”

A key to securing the future and unlocking the past

When museums obtain AAM accreditation, they gain not only the prestigious title of excellence but also access to exclusive resources. For the Museum of Osteopathic Medicine, this will mean access to grant funding, which could provide the museum with financial stability for years to come.

Another valuable benefit is fellowship. Museums holding AAM accreditation are able to network with other high-level museums. The Museum of Osteopathic Medicine’s staff members will be able to keep abreast of important topics and current trends in the field and help the museum continue to be a leading example.

One additional key element of accreditation is the ability to borrow objects from fellow AAM-accredited museums. Earning accreditation shows accountability, as these museums have demonstrated credibility and integrity with respect to their collections and their communities.

Once the Museum of Osteopathic Medicine receives AAM recognition, it will have met standards to show it can be trusted with artifacts from other museums, thereby opening the door to borrowing items relevant to its collection. The first items on the museum’s wish list are undoubtedly those mysterious items donated to the Smithsonian in the 1920s. If those artifacts end up on loan at the Museum of Osteopathic Medicine, they would answer the decades-old question of what was donated and perhaps add more detail to the ever-developing story of osteopathy.

“The possibility of getting those artifacts back as a permanent loan to the museum is so exciting,” Haxton said. “The more knowledge we have, the better we can share our history with the world.”

Haxton, along with every member of his staff, is passionate about the work they do. Their enthusiasm is visible through the details of their work, which are on display within the museum and beyond in the osteopathic community. AAM accreditation will definitely be a high point, but it will certainly not be a stopping point. The museum will stay true to its purpose and will continue its education and outreach about the history of Dr. Still and whole person healthcare.

“The museum is a jewel in the crown,” Dr. Gevitz said. “It marks us off as the first osteopathic medical school and keeper of the flame.” ■



Dr. A.T. Still writes while visiting the Morris Farm in Millard, Missouri, around 1897-1900. Museum of Osteopathic Medicine, Kirksville, Missouri [1984.952.05]

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Financial donations help the museum accomplish its mission of preserving and promoting the history and tenets of osteopathy through collections and research to a global audience.

Donate items to the collection

The museum collects historic materials to support its education, exhibition, and scholarship functions. If you are considering donating items, please call Christopher Ferguson at 660.626.2359.



Ending the pandemic

ATSU-CGHS alumna becomes first person in U.S. to be vaccinated against COVID-19, ushering in a sense of hope after a devastating year.

By Jason Hunsicker

Dec. 14, 2020, was going to be a memorable day for Sandra Lindsay. As COVID-19 vaccines neared availability in the weeks prior, Lindsay, DHSc, MBA, MS, RN, CCRN-K, NE-BC, '21, director of nursing in the critical care division at Long Island Jewish Medical Center, part of Northwell Health, made no secret of her desire to be inoculated as quickly as possible, and Dec. 14 was the day.

She knew she'd be the first person in her hospital to receive the vaccine, and it seemed likely she'd be the first in New York City. She expected attention from hospital administration and perhaps an appearance by the New York governor.

When she sat down that morning and received the injection, media outlets were present, their cameras rolling and flashes firing. She said a few words before trying to say goodbye and head back to work.

Not so fast. As she quickly learned, Dr. Lindsay wasn't just the first to be vaccinated in her hospital, in the city, or even in the state of New York. She was the first person in the United States of America to receive the vaccine.

And the entire nation was waiting.

Dr. Sandra Lindsay receives the first COVID-19 vaccine in the U.S.



Photo credit: Northwell Health

“I did not expect the extent to which this happened,” said Dr. Lindsay, who completed her doctor of health sciences degree from ATSU-CGHS in March 2021.

She sat for three different press conference sessions, to maintain social distancing in the massive media crowds. Major networks began calling for interviews. Across the country and around the world, people wanted to hear what Dr. Lindsay had to say.

“It was a whirlwind,” she said. “I did not get home until 10:00 that night.”

It was a long day in a long year, but a day of light instead of so many others full of darkness. Hundreds of thousands of Americans had died from COVID-19, and New York City had grimly represented the epicenter of the U.S. outbreak for many months. A vaccine symbolized the beginning of the pandemic’s end, Dr. Lindsay said, and though she somewhat unexpectedly found herself in the spotlight, she was ready to use that platform.

“I feel hopeful today, relieved,” Dr. Lindsay told the media. “I feel like healing is coming.”

She has continued to share that message whenever given an opportunity, especially when speaking to fellow members of the Black community. Statistics have shown Black Americans to be disproportionately affected by COVID-19 and dying from the disease at rates several times higher than white Americans. Dr. Lindsay understands and respects the hesitancy of many in the Black community to get the vaccine, and hopes she can serve as an example.

“Being able to share my experience and hear their concerns and clarify misconceptions, debunk any conspiracy theories they may have heard, that’s been rewarding for me to get the opportunity on these platforms to do that,” said Dr. Lindsay, who experienced no side effects. “The truth matters. Unfortunately, that spreads more slowly than the conspiracies.”

This is a natural role for Dr. Lindsay, who herself is a natural leader. It’s a trait she learned from her grandmother, the matriarch of her family, as she grew up in Jamaica. Her grandmother was a schoolteacher, and even out in the community people looked to her for answers, advice, and counsel.

Dr. Lindsay finished high school and immigrated to the U.S. with her mother. Perhaps to ease the transition from tropical Jamaica to New York City in December, she dived into her education and career aspirations in healthcare.

Dr. Lindsay got her associate’s degree in nursing at Borough of Manhattan Community College, then her bachelor’s degree from St. Joseph’s College, and master’s degree from Herbert Lehman College in the Bronx.

As her career progressed, she saw many nurses she looked up to had master of business administration degrees. Dr. Lindsay enrolled at Hofstra University to complete her MBA, at the start seeing it as a capstone to her education, but by the end feeling she had unfinished business. Several of her professors recommended she pursue doctoral studies, and Dr. Lindsay found herself searching for a new program.

Through a recommendation from a colleague, Dr. Lindsay found ATSU, and she liked what she saw. She first set her concentration on global health studies, but later decided to expand her specializations – and course load – to include leadership and organizational behavior.

“I’m a real glutton for punishment,” Dr. Lindsay joked.

In truth, Dr. Lindsay said, she has no regrets about her decisions. She found ATSU-CGHS’ programs well structured and faculty members like her advisor, Kathleen Mathieson, PhD, CIP, incredibly helpful.

“Her feedback in the discussions is appropriate and thought provoking,” Dr. Lindsay said. “She guides you in the right direction and is always available to help.”

Dr. Mathieson has been so influential she’s turned Dr. Lindsay around on research, something which had initially deterred her from pursuing her doctorate but now sees as a key part of her future.

All her future holds remains to be seen, following a year like no other. Dr. Lindsay described the first days of New York’s coronavirus outbreak as a tsunami that struck overnight. Her hospital expanded its ICU capacity from about 50 to 150 beds, which still wasn’t enough to handle the patient load. By February 2021, the volume had decreased, but the kinds of cases were worse in many ways.



Dr. Sandra Lindsay holds up her "Crushing COVID-19" sticker after receiving the vaccine.

**"I could not wait for the vaccine,
and I feel a little bit more
protected, a little safer,
like a burden has been lifted
off my shoulder."**

- Dr. Sandra Lindsay

"They are just as sick or even sicker, and they are younger this time around," Dr. Lindsay said in February, while describing the feelings that drove her to seek the vaccine so quickly.

"I'd never been afraid of anything in my career before now. I'm so afraid of getting it because you don't know how it is going to affect you," she said. "Some people live. Some people die. It affects males. It affects females. All different skin colors. Whether you have comorbidities or not. It's so erratic and unpredictable. Long term, how will it affect me? Some people recover very quickly, some people have long-haul symptoms. I could not wait for the vaccine, and I feel a little bit more protected, a little safer, like a burden has been lifted off my shoulder."

A short while after receiving the vaccine, Dr. Lindsay was contacted and asked to be a part of "Celebrating America," a primetime national television broadcast on the night of President Joe Biden's inauguration. In March, the Smithsonian's National Museum of American History came calling to add her vaccination record card, scrubs, and hospital badge to its collection. Then in July, Dr. Lindsay traveled to the White House, where Biden presented her with the U.S. Citizenship and Immigration Services Outstanding Americans By Choice recognition.

"During the height of the pandemic, Sandra poured her heart and soul, working with patients and keeping her fellow nurses safe," Biden said. "When the time came she became the first person in America to get fully vaccinated outside the trials. She can now hug her grandson. She's out there making sure her patients and folks in the community get vaccinated."

Dr. Lindsay has gratefully accepted her opportunities to represent front-line healthcare workers across the country and continues to try to change minds about the vaccine. It has worked, too, as Dr. Lindsay has received messages from children and adults, thanking her for her bravery and for inspiring them to get the vaccine.

"It is so important to get it," Dr. Lindsay said. "Otherwise, we can't move on." ■

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ATSU-ASHS celebrates 25 years of growth, excellence in health sciences

By Katie Gastrau

In December 2020, ATSU-ASHS celebrated its 25-year anniversary. Faculty, staff, and alumni connected with one another online to learn more about the School, including its history and its plans for the future. The celebration started with Ann Lee Burch, PT, EdD, MPH, dean of ATSU-ASHS, welcoming and thanking ATSU President Craig Phelps, DO, '84; Norman Gevitz, PhD, senior vice president-academic affairs; and Ted Wendel, PhD, senior vice president, university planning and strategic initiatives, for their leadership and support.

Initially, the School was created in 1995 as a branch of ATSU-KCOM called KCOM Southwest Center for Osteopathic Medical Education. During summer 1995, construction was completed on the buildings for classes to

start that fall. All students enrolled in the first fall semester signed a letter knowing the School was not fully accredited yet, said Randy Danielsen, PhD, PA-C emeritus, DFAAPA, professor and director of the Doctor of Medical Science program and inaugural dean of ATSU-ASHS.

“Those inaugural students trusted us to create quality programs and obtain ongoing accreditation,” Dr. Danielsen said. “We did not let them down.”

At first, the School had four programs: Physician Assistant Studies, Physical Therapy, Occupational Therapy, and Sports Healthcare. The first graduation was held in August 1997 for Sports Healthcare and Physician Assistant Studies, and their diplomas stated the original name, KCOM Southwest Center. Shortly after this graduation in 1998, ATSU-ASHS became its own school.

ATSU-ASHS was growing and needed more space. Hence, the School moved to Mesa, Arizona, during the 1999-2000 academic year. The new campus had over 50 acres and plenty of room for expansion. Dr. Danielsen explained how they continued to add more programs and developed post-professional programs in each discipline.

Today, the School has many more programs than the original four. They have residential programs in Athletic Training, Audiology, Occupational Therapy, Physical Therapy, and Physician Assistant Studies. Their online programs include Athletic Training, Audiology, Physical Therapy, and Doctor of Medical Science. The School has also added residency programs and online certificate programs.

All ATSU-ASHS departments have made great accomplishments and look forward to more success to come. Each department chair, including Eric L. Sauers,

Please visit atsu.edu/ashs to learn more about ATSU-ASHS and its program offerings.



PhD, ATC, FNATA, '97, chair and professor, interdisciplinary health sciences; Tabitha Parent-Buck, AuD, chair and professor, audiology; Jyothi Gupta, PhD, OTR/L, FAOTA, chair and professor, occupational therapy; Lori Bordenave, PT, DPT, PhD, '07, chair and associate professor, physical therapy; Michelle DiBaise, DHSc, PA-C, DFAAPA, '14, chair and professor, physician assistant studies, delivered remarks and highlighted goals of their respective departments.

ATSU-ASHS will be growing in many ways in the coming years. Dr. Burch is proud of the School's history and is looking forward to future accomplishments. For example, Dr. Burch said the School would build on its efforts in diversity, equity, and inclusion; continue to develop flexible and innovative curricular modules driven by chairs and program directors; and expand research productivity from faculty, students, alumni, and the continuity and potential of interdisciplinary collaboration.

"Individuals and communities need graduates of ATSU-ASHS, providers who believe in whole person healthcare, serving the underserved, and a lifelong commitment to learning and service," Dr. Burch said. "The School is a success because of the contributions of each and every member of the ATSU-ASHS community." ■



THEN

Construction of the School at its current location in Mesa, Arizona.



NOW

The current Mesa, Arizona, campus.

In honor of ATSU-ASHS' 25-year anniversary, please visit giving.atsu.edu/ashs-25 to support the School and its initiatives.



2020 tested sports
in ways never
before imagined.
ATSU alumni
made certain their
teams were up
to the challenge.

The strength to be champions

By Jason Hunsicker

Zeroes filled the scoreboard in Walt Disney World, and the Los Angeles Lakers were 2020 NBA champions.

Two weeks later, a 97-mph fastball from Julio Uriás blinked past Willy Adames, and the Los Angeles Dodgers won the 2020 World Series.

And a little more than two months after that, with one final kneel down to run out the clock, the Alabama Crimson Tide captured the 2020 NCAA Football national championship.

Three teams in three different sports, climbing to the tops of their respective mountains during seasons in which they had to combat COVID-19 while conquering their competition.

Three teams in three different sports, delivering supreme athletic performances under the brightest of lights.

Three teams in three different sports, all powered by A.T. Still University.

While television cameras followed LeBron James' celebration, ATSU-ASHS alumna Nina Hsieh, MS, ATC, CSCS, CES, '03, held the Larry O'Brien Trophy tightly. In 2019, Hsieh was the first woman to become a head athletic trainer of an NBA team. The next year, she became the first woman head athletic trainer to win a championship in any major American professional sport.

"I watched basketball growing up and since you were a child you've seen that trophy and seen it being held, and never did you think it would happen to you," she said. "It's amazing."

As on-field celebrations waned, Brandon McDaniel, MS, '10, and Thomas Albert, DPT, '04, found themselves on the pitcher's mound at Globe Life Field in Arlington, Texas, surrounded by their families and hoisting Major League Baseball's top prize. Both Iowa natives and ATSU-ASHS alumni, McDaniel, a strength and conditioning coach, and Dr. Albert, assistant athletic trainer, have each been with the Dodgers for several promising seasons in which they came up short.

"It was awesome, finally, to get it done," Dr. Albert said.

With crimson and white confetti raining at Hard Rock Stadium in Miami Gardens, Florida, Matt Rhea, PhD; Paul Constantine, MS, '21; and David Ballou, MS, '09, soaked in the scene. Dr. Rhea, Alabama football's director of sports science, is an ATSU-CGHS professor of kinesiology who came to ATSU in 2006 to develop the online master's program, then under ATSU-ASHS. Ballou, the Tide's director of sports performance and one of the program's first graduates, recruited Dr. Rhea to work with him at IMG Academy in Florida and later at Indiana University, where they met Constantine, an assistant strength and conditioning coach. Constantine then enrolled in ATSU-CGHS to pursue his master's, and when Alabama football coach Nick Saban came calling in early 2020, the trio headed south to Tuscaloosa. Now, they had become champions.

"It was surreal," Constantine said.



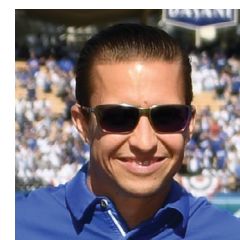
Dr. Matt Rhea



David Ballou



Paul Constantine



Dr. Thomas Albert



Brandon McDaniel



Nina Hsieh



Dr. Rhea was on faculty at Southern Utah University when he saw ATSU-ASHS was seeking someone to develop an online master's program in kinesiology. Attracted by the University's forward thinking, he pursued the position and led the department for four years before stepping into a faculty role, which allowed him to explore consulting opportunities.

"I have to express gratitude to ATSU President Dr. Craig Phelps and ATSU-CGHS Dean Dr. Don Altman and the willingness on the part of the University to let me get out and connect with our students like that, to work from different places and in different capacities," Dr. Rhea said.

It wasn't until Ballou spoke to him about designing and launching a sports science program at IMG Academy when his consulting work took him on-site. The program's success and strong working relationship he developed with Ballou later led them to Indiana's football program, and their reputation grew in college football, all the way to Saban's office.

Ballou works with athletes in the weight room and on their conditioning, while Dr. Rhea's role involves data collection, assessments, and data projections to develop evidence-based practices. The entire system focuses on power, rather than just getting players to be bigger and stronger.

Constantine began his career as strength and conditioning intern at Baylor University, supplementing his income with a part-time job at a barbecue joint and earning the nickname "Coach Brisket." In 2013, he took a position as head strength and conditioning coach at Houston Baptist University, and seeking to further his experience, took a job at Indiana in 2016. Ballou and Dr. Rhea arrived two years later, and Constantine quickly became a valued staffer with a deep understanding of their system.

"The system we run requires a much higher level of strength coach, a higher skill set," Dr. Rhea said. "That's where the education piece is very helpful. Paul was seeking that education and had become very knowledgeable in our system and familiar with the way we were operating. ATSU's program has served him well."

They started work at Alabama in early March 2020, just days before the pandemic brought the world to a halt. Fortunately, they were pivoting to an area in which they had great expertise – distance learning.

"People who had no idea what Zoom was were frantically trying to figure out how to communicate and have meetings," Dr. Rhea said. "I had been doing

it for 10 years. I believe we were far more effective working with our athletes, because we went into online professor mode."

Student-athletes returned to campus in June, and Constantine continued putting into practice what he was learning through his studies. Pursuing dual certificates in sports conditioning and corrective exercise & orthopedic rehabilitation, he was gaining renewed knowledge in how the body works, moves, and trains, and immediately applying it in a high-performance model.

"It's helped me, especially working with athletic trainers, being able to speak their lingo," Constantine said. "I know my role and they know their role, and we also know sometimes there is a little gray area. We both know what we're capable of doing and function well within our roles."

The Crimson Tide entered the 2020 season ranked No. 3 nationally and two seasons removed from their last championship. Navigating those expectations was nothing compared to challenges brought by the pandemic.

"The biggest challenge we faced was the uncertainty," Dr. Rhea said. "We have a system built on different progressions, and those are important, but you never knew what athletes would be able to show up and train with you on any given day. We didn't even know what coaches would be able to be there."

"I have to give credit to our healthcare people for getting protocols in place that at times were very challenging and restrictive, but also gave us a chance to do this safely and effectively."

Top left: University of Alabama football Director of Sports Performance David Ballou shouts instructions during an offseason workout in spring 2021.

Top right: University of Alabama football Director of Sports Science Dr. Matt Rhea studies the scene during a preseason workout in summer 2020.

Bottom right: University of Alabama football Assistant Strength and Conditioning Coach Paul Constantine points the way for players during an offseason workout in spring 2021.

Bottom left: From left, Paul Constantine, Dr. Matt Rhea, and David Ballou take a selfie after Alabama football's win in the 2020 NCAA football national championship game.

Originally from Burlington, Iowa, Dr. Albert triple majored at Upper Iowa University before deciding an advanced degree in physical therapy was his next step. ATSU's program – and Mesa, Arizona's warm climate – appealed to him.

“My first semester at ATSU, I felt like I'd learned almost as much as I did in four years as an undergraduate athletic training major,” Dr. Albert said. “That was impressive, the thoroughness of anatomy and physiology right out of the chute.”

He met his future wife, Amanda, at ATSU-ASHS and began working his way into professional sports, initially with the Harlem Globetrotters, who were based in Phoenix. He later worked with a company now known as Select Physical Therapy, and, in 2012, was hired as a rehabilitation coordinator with the Cleveland Indians. In 2016, he landed a job with the Dodgers.

McDaniel grew up in Council Bluffs, Iowa, and played college baseball at Wayne State. Wanting a career in baseball, he switched his major to exercise science and earned an internship with the Pittsburgh Pirates in 2007. He enjoyed the job but also found himself in situations where he didn't feel he had the knowledge to be truly proficient. He started researching master's programs when a co-worker, Mubarik Malik, MS, '08, told him about ATSU's nascent online program.

“I could work at my own pace but also, being on the road, I was able to get out and continue to do my job,” McDaniel said. “It forced me to get outside the box of things I knew about the field, about fitness. It was more philosophical. It gave me the platform to realize there's more to life than three sets of 10 and running a mile as fast as you can.”

After completing his degree and again seeking to advance his knowledge, he latched on with Mark Verstegen at Athletes' Performance, where he worked in the program's military training division for two years. Impressed with the organization, the Dodgers looked to hire strength coaches from the company and, in 2012, McDaniel got a job with their minor league affiliate. He was promoted to the majors later that year.

McDaniel and Dr. Albert were in the middle of spring training when Major League Baseball sent everyone home on March 12, 2020. The performance staff shifted to doing what they could remotely, helping players train and stay ready for when baseball returned in July. That return was far from normal, with COVID-19 protocols governing the number of players who could be in training and weight rooms, and the amount of time staff could spend working with them.

Despite the challenges, Los Angeles got off to a great start and coasted into the postseason as



Top to bottom: Los Angeles Dodgers Assistant Athletic Trainer Dr. Thomas Albert and Strength and Conditioning Coach Brandon McDaniel pose with their respective families and the Commissioner's Trophy after the Dodgers' 2020 World Series win.

Photo credit: LA Dodgers

heavy favorites before finding themselves on the verge of elimination in the National League Championship Series. They trailed Game 5 early before rallying to a win, dominated Game 6, and came from behind again in Game 7 to advance to the World Series.

Dr. Albert said the stress of the NLCS comeback made the team feel more at ease in the World Series against Tampa Bay. After splitting the first four games, the Dodgers took the next two for their first championship since 1988.

“We'd tasted failure for seven years in a row, many times as the favorites to win it all,” McDaniel said. “It was really gratifying to know how hard it was to do that, most importantly for the players. Watching their reactions, watching them hold that trophy up. That was the most gratifying thing, knowing I've been fortunate enough to walk beside them and maybe help facilitate a little of their career along the way and help put them in a position to win.”



Los Angeles Dodgers Strength and Conditioning Coach Brandon McDaniel works out pitcher Clayton Kershaw at Dodger Stadium in Los Angeles.



For Hsieh, a master's program was always part of her long-term plans, and following her undergraduate degree from California State-Fullerton, a mentor steered her toward ATSU-ASHS.

"I was looking to make sure I was going into a postgraduate program specific to athletic training," she said. "There were schools where I could go and get a master's in kinesiology and do some graduate assistantship in an athletic training room, but I

wanted to enhance my skills and education with something specific to athletic training."

Hsieh got a job as an athletic trainer at University of California-Santa Barbara and spent her summers working at Los Angeles Lakers' camps. In 2008, she was hired as an athletic trainer with the Lakers' developmental league affiliate, and in 2016, she was promoted to assistant athletic trainer with the NBA team.

From left to right: Nina Hsieh provides treatment to guard Alex Caruso during a game in Walt Disney World during the 2020 season and holds the Larry O'Brien Trophy after the Lakers won the 2020 NBA Finals.

Just three years later, in 2019, she ascended to head athletic trainer of the Lakers, becoming the first woman to do so in the NBA.

“Obviously, it means a lot. It’s huge,” she said. “I’ve never wanted to put myself in a category of being a female head athletic trainer, even though you have to look at it that way. For me, it’s always been that the job is mine because I am qualified for the job. I don’t look at it as being the only one, although there are certain moments when I have to look at it that way, to help the future and all of the females who have dreams of working toward this.”

The NBA regular season was three-quarters of the way to its conclusion when the league suspended operations March 11, 2020. Teams returned for a mini training camp in their home cities in July before everyone relocated to Orlando, Florida, for continuation of play in what became known as “the bubble” at Disney World.

Aside from navigating COVID-19 protocols, Hsieh and her staff needed to find ways to ramp up player

activity progressively to avoid injuries. Part of finding success comes with developing positive relationships with athletes.

“You’ve got to have that rapport so the athletes trust you and everything you ask them to do, and they’ll do it without any kind of reservation or pushback,” Hsieh said. “You ask them to do something and they’ll do it because they know you’re asking them to do something that’s going to better them.”

Los Angeles stormed through the playoffs’ first three rounds before meeting the Miami Heat in the NBA Finals. An MVP performance by James lifted the franchise to the title in six games, and Hsieh, who grew up watching Laker championships on television, experienced the thrill of helping deliver one.

“If you watch me on TV, you’ll never see me show much emotion, because this is my job. It’s professionalism,” she said. “Once it’s over and we had that success, the emotions came out.”

Six individuals, spread across three different teams in three different sports, all champions, with roots at ATSU. All have earned great success and are well networked in their professions. For one school to be represented like this in one season, they said, is unprecedented.

“That’s incredible,” said Hsieh. “I’m obviously a big fan of the ATSU program. It’s helped me to get where I’m at and helped a lot of people succeed in life. For this to happen in the same year, with COVID, bringing home titles, that’s incredible, and I think it speaks very highly of the school.”

In working with their colleagues across the profession, a single school doesn’t come to mind in these circles as “the place” connected with championship-level success. Perhaps that’s about to change.

“The thing that tied us all together and brought us all together has been ATSU,” Dr. Rhea said. ■

Hippotherapy offers unique rotation opportunity for students

By Lizzy Ellery

When the COVID-19 pandemic swept the nation, many ATSU programs made adjustments to their clinical rotations, shifting from hands-on, in-person labs to virtual simulations. As time went on, many students and faculty members were feeling burnt out on virtual simulations, which prompted two faculty members from ATSU-ASHS' Occupational Therapy (OT) department to develop a unique learning opportunity. Adam Story, PT, DPT, OTR/L, OTD, MTC, and Jennifer Radziak, OTD, OTR/L, CHT, researched and planned an alternative strategy for the Fieldwork Level I occupational therapy pediatric rotation.

"Students are usually in person with therapists and patients," Dr. Radziak said. "We wanted to make sure we gave them an experience that would prepare them for their level II internships, where they are actually out in the community working with an occupational therapist and real patients."

When they were earning their respective degrees, Drs. Story and Radziak briefly learned about hippotherapy – a style of therapy used by occupational, physical, or speech therapists where horses are used to facilitate specific treatments. While there are countless benefits to this type of therapy, it is not regularly taught in detail as part of the traditional OT curriculum.

"When I was in school in Florida, we had a section of the class where they put up a PowerPoint and said, 'This is hippotherapy. It is amazing; it does amazing things,'" Dr. Story said. "There are all these different things you can work with it. And that's it. Let's move on to the next subject."

"I had a few hours of observation," Dr. Radziak said. "It was a blip on the radar."

After researching CDC guidelines and taking all University required safety precautions, Drs. Story and Radziak created a week of hippotherapy fieldwork for students to have a hands-on experience, while keeping safety a top priority. In addition, they created an online option for any student who did not feel comfortable attending the in-person fieldwork experience.



Faith Urbanik, Michelle Spotskey, Autumn Dawley, and Madison Cherry, students in the Doctor of Occupational Therapy program class of 2022, participate in the hippotherapy rotation.

"We have the in-person crew and the online crew," Dr. Story said. "The online component parallels the in-person experience."

Hippotherapy offers a distraction for patients during therapy treatments and may lead to more productive therapy sessions. In one instance, a client had some tone in one of her legs. While she was on the horse, one of the side walkers was able to give her a little pressure and stretch her leg over a longer period of time.

"If you were in a clinic, how long is a kid going to sit there and let you stretch their leg?" Dr. Radziak said. "But if they're on a horse and they're doing some other things, and they're playing and having fun, they don't realize the whole 45 minutes they are on the horse they are getting that stretch."

Drs. Story and Radziak are excited about the offering of hippotherapy as part of the OT curriculum. It will provide an additional type of therapy for students to add to their toolbox for the future.

"Even people who are kind of afraid of horses, or who are not quite interested in hippotherapy, have a better sense of what it can offer," Dr. Story said. "These 56 students are going to go out into the world, and if they have a perfect situation where a patient could benefit from hippotherapy, they will know about it and will be able to refer the patient for it." ■



A horse is used to facilitate a therapy treatment for a young patient.

Founder's Day 2020

By Katie Gastrau

Founder's Day in Kirksville, Missouri, is an event the University looks forward to every year. This past year, some changes were made to ensure the celebration took place in the safest way possible. Even though it may not have looked the same, it was important for ATSU to continue its annual tradition.

Virtual Alumni Recognition Ceremony

All 2020 Kirksville Osteopathic Alumni Association (KOAA) Honors Excellence Awards winners and alumni were recognized online via Zoom. Those attending the ceremony viewed a slideshow with information about the winners and names of alumni celebrating graduation anniversaries.

Classes of 1970, 1980, 1990, and 1995 were recognized as they celebrated their 50th, 40th, 30th, and 25th anniversaries. The class of 1970 became members of the Gold Medallion Club for being alumni for 50 or more years. Some alumni highlighted their practice/specialty, spouse, children, current location, personal interests/hobbies, fondest memory of medical school, favorite recollection, and most influential ATSU-KCOM faculty or staff member.

In addition to the ceremony to recognize alumni, virtual reunions took place, and many alumni were able to reconnect with old friends.

Winners of 2020 KOAA Honors Excellence Awards

Honorary KOAA Membership

Phyllis Domann & Mary Ann Hill

Distinguished Service Awards

Nancy Parrish & William J. "Bill" Wobken

Living Tribute Award

Howard S. Levine, DO, '87

Alumnus of the Year

David Goldman, DO, JD, FCLM, '91



“When I first came to Kirksville to attend medical school, it felt as if I were coming home ... ATSU has provided me the opportunity to fulfill the dream I had at 9 years of age to become a physician and psychiatrist.”

- David Goldman, DO, JD, FCLM, '91





**Fred C. Tinning, PhD, DOEd (hon.), '14,
Founder's Day Osteopathy Lecture**

Suzanne R. Steinbaum, DO, FACC, FAHA, '94, presented "Living from the Heart": An Osteopathic Approach to Heart Disease.

"Living from the Heart' represents my holistic approach to women and heart disease. It was wonderful to be able to discuss the role of lifestyle, including diet and exercise, along with psychosocial issues, in evaluating heart disease. The key to overall heart health is prevention, and addressing all aspects of a woman's life is an essential part of that."

- Suzanne R. Steinbaum, DO, FACC, FAHA, '94

Founder's Day parade

To allow for social distancing, part of the celebration included a "backwards parade" in place of traditional events. Students and their families attended the parade and collected goody bags from ATSU staff members as they drove through each station. ■

Left: Staff members hand out ATSU-branded items as vehicles follow the parade route.

Center: The University mascot, Bucky, greets people as they drive through campus.

Right: Those driving through the parade receive catered meals in to-go boxes.



Voices

ATSU leaders discuss diversity, equity, and inclusion

Featuring ATSU-ASHS Dean Ann Lee Burch, PT, EdD, MPH



Dr. Ann Lee Burch

Diversity of ATSU faculty, staff, and students, including diversity of race, ethnicity, socioeconomic class, sexual orientation, religion, gender, and ability, greatly enriches our living and working environments each day. Graduating healthcare professionals who come from vastly different trajectories and backgrounds will serve society at large and create a better world. I believe diversity within the health professions helps to reduce health disparities in communities that may exist due to lack of understanding, bias, or in some instances access. Respect for differences, recognizing the unique nature of an individual, is the goal, and tolerance is not enough. ATSU-ASHS faculty are currently engaged in research, teaching, and service focusing on how social determinants of

health shape education and healthcare outcomes. Every piece of science in this focused area helps move diversity, equity, and inclusion initiatives forward.

Each day at ATSU and beyond can be a point of reflection on diversity, equity, and inclusion. Whether serving on an admissions committee or a hiring committee, teaching in the classroom, or walking the halls or meeting by Zoom, each person can make a difference in treating others fairly, engaging in inclusive communication, and welcoming newcomers to the University as a whole.

I know ATSU is committed, deeply committed to diversity, equity, and inclusion, and I celebrate that commitment now and into the future.



INSPIRATION



In the 1930s, William G. Sutherland designed cranial helmets, including the one pictured above, for his research in cranial osteopathy.

“For experiments, I had to perform upon my own skull, that is, upon a live specimen. I could not take a doctor and use him for a guinea pig. He would have all the knowledge and I would have none. I had to be my own guinea pig. By so doing, I learned something about the cerebrospinal fluid differs from texts,” he said in “Contributions of Thought,” 2nd Edition 1998, Page 187.

Museum of Osteopathic Medicine, Kirksville, Missouri [1980.482.01]

IN THIS SECTION

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Provide a smile

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Rural dentistry advocate

It's never too late to follow your heart

By Lizzy Ellery



Dr. Carl Whalen

Carl Whalen, DO, PhD, '20, wanted to be just like his grandfather. Growing up, Dr. Whalen often witnessed his grandfather in action as the only physician in the small town of Bruce, Wisconsin. He was on call 24/7 as a general practitioner and surgeon.

"I spent a lot of time at my grandparent's house while growing up, and even as a young boy, I saw and appreciated the dedication my grandfather had for his patients," Dr. Whalen said. "His willingness to care for his patients, regardless of their ability to pay, left a lasting impression on me."

To Dr. Whalen, being a physician was more than an occupation; it was a calling. Though he felt the calling, he didn't initially pursue medicine because he struggled with self-confidence and worried what he would do if one of his patients died.

"I was afraid of death," Dr. Whalen said. "I was young, and I didn't understand this was part of being a physician."

Dr. Whalen's passion for science led him to study organic chemistry. After earning his PhD, he had a career in the pharmaceutical industry where he oversaw 200 preclinical drug studies, then a job as a certified eye bank technician where he recovered corneas from post-mortem donors, coming face to face with his fear of death.

"I now had to face death every day with calmness, sympathy, respect, and stamina," Dr. Whalen said. "My becoming a physician will not change the inevitability of death, but my experiences with the deceased will help me serve the living in a more respectful, reverent manner."

Dr. Whalen moved to Philadelphia in 2009 to take a new position as a national director in charge of finding human research tissue for scientists. After six months on the job, the company lost funding, and Dr. Whalen lost his job.

“Depression set in. I had moved to Philadelphia with my wife, and we felt we had no option but to succeed there. Losing my job was devastating,” he said. “A few months after losing my job, I realized I was suicidal. I needed to get out of Philadelphia for a couple weeks to clear my head.”

So, Dr. Whalen headed to Albuquerque, New Mexico, to stay with his sister, who helped him seek medical attention. After several weeks of wrestling with depression, he decided to stay in New Mexico a little longer. During that time, he needed something to occupy his time and mind, so he enrolled in a biology class at Central New Mexico Community College.

“I was certainly the only PhD scientist in my BIO 1492 class,” Dr. Whalen said. “As simple as the class turned out to be for me, it gave me a purpose. I had class all day on Saturdays. At least for that one day a week, I had a reason to get out of bed.”

By this time, his wife told him not to come back to Philadelphia, essentially ending their marriage. He now had to start over. Though he really wanted to be a physician, he still lacked confidence and was concerned about being the one solely responsible for patients. He also thought, at age 48, he might be too old to start medical school, knowing how many years it would take to finish the program. But feeling motivated from the class, Dr. Whalen considered becoming a physician assistant (PA), where he could earn his degree quicker, have responsibilities like a physician, but have a doctor supporting him and ultimately being the one responsible for patients.

Dr. Whalen began taking more classes to satisfy the prerequisite courses needed for PA school. Before long, one of his instructors asked, “Why aren’t you teaching chemistry here?” With that nudge, Dr. Whalen sent his resume to the dean and was hired to teach chemistry at Central New Mexico Community College while he continued his classes.

He later added tutoring to his responsibilities and tutored over 40 students in a five-year span. When one of his students approached him to seek guidance on dropping one of his chemistry classes,

Dr. Whalen told this student about his ambitions of becoming a physician but also confessed his concern about his age. Then the student said, “You’re going to be five years older in five years, you might as well be a doctor too.”

With his prerequisites complete and no more excuses, he was ready to take the Medical College Admission Test (MCAT), determined to pursue medical school.

“My MCAT exam was on a Saturday afternoon,” Dr. Whalen said. “In the morning before the exam, I had organic chemistry lab to teach. Instead of finding a replacement, I went ahead and taught the lab. It kept me calm before my exam. Then after the exam, I went to a Saturday night tutoring appointment.”

After taking the MCAT, Dr. Whalen continued teaching and tutoring while applying to medical schools. Two years later, he was accepted to ATSU-SOMA.


“The most important thing about ATSU is they were the school that gave me the chance,” Dr. Whalen said. “I will always be grateful for that.”

Dr. Whalen started medical school one week short of his 54th birthday. It took about nine months before he found his stride. After many sleepless nights fraught with worry, stress, and anxiety, Dr. Whalen realized he needed to take things one day at a time, instead of focusing on larger goals.

“You can only live your life one day at a time,” Dr. Whalen said. “Even now, when I finish residency, I have to take another exam before I can be a board-certified pediatrician. There is always one more exam down the road.”

Since his childhood days of watching his grandfather care for patients, Dr. Whalen has accepted his calling and found his sense of purpose. Currently a first-year resident in the Department of Pediatrics at the University of New Mexico School of Medicine, Dr. Whalen takes full advantage of time he spends with preceptors and truly values his learning experience. While he is still planning his future, his No. 1 goal is to be a good doctor.

“Really follow your heart and try to put your best foot forward,” Dr. Whalen said. “Everyone wants to know what kind of doctor you want to be. I have always answered it the same way; I just say I want to be a good one.”



Back at
ATSU-KCOM,
Dr. Misra
aims to help
students

become
successful
professionals

By Jason Hunsicker

Dr. Saroj Misra

Saroj Misra, DO, FACOFP, '98, grew up in an allopathic medical family. Both of his parents were MDs, all of the doctors he knew were MDs, and when he decided to apply to medical schools, he initially believed he'd be looking at MD programs.

That was until his father, an interventional cardiologist, suggested he look at osteopathic medical schools. He'd had very few DO residents, but always found them to take the best patient medical histories, to actually put their hands on and examine patients, and they were the residents who treated patients with the respect and dignity they deserved.

Now, Dr. Misra is back at his alma mater as ATSU-KCOM's associate dean for clinical affairs, a role in which he will advance those residency opportunities and work to ensure students are meeting evolving clinical needs.

"In residency and practice, you are no longer handed information, and they don't tell you the rules or give you the strategies for success," Dr. Misra said. "You have to be willing to search that out. The answer isn't in a textbook.

"Becoming professional and successful requires an integration not only of what the culture of the society of medicine asks of you, but what you internally value and identify as important. You cannot be professional without

learning the skills of reflection and insight, and then turning those insights into action plans to improve performance over time."

He initially set out to become a teacher and earned a bachelor of arts degree in English language and literature from the University of Michigan-Ann Arbor. Dr. Misra has found that degree and training provided some of the most useful tools in his practice of medicine.

"I learned the importance of clear and effective communication from studying language and literature," he said. "This is such a critical piece of what separates a doctor who is excellent from a doctor who is merely competent."

Dr. Misra sees the medical education model shifting to provide students more clinical opportunities in their first and second years, with an emphasis on communicating with patients, fully embracing Dr. A.T. Still's founding osteopathic tenets of addressing the body, mind, and spirit.

"You cannot fully and adequately care for any patient with any medical, physical ailment, if you are not at the very least assessing and addressing the impact it has both psychologically and spiritually/emotionally," Dr. Misra said.

"I see part of my responsibility in ensuring we have good clinical experiences that help the student learn the elements not easily taught through a textbook or on a website."

When one door closes, another door opens

By Katie Gastrau

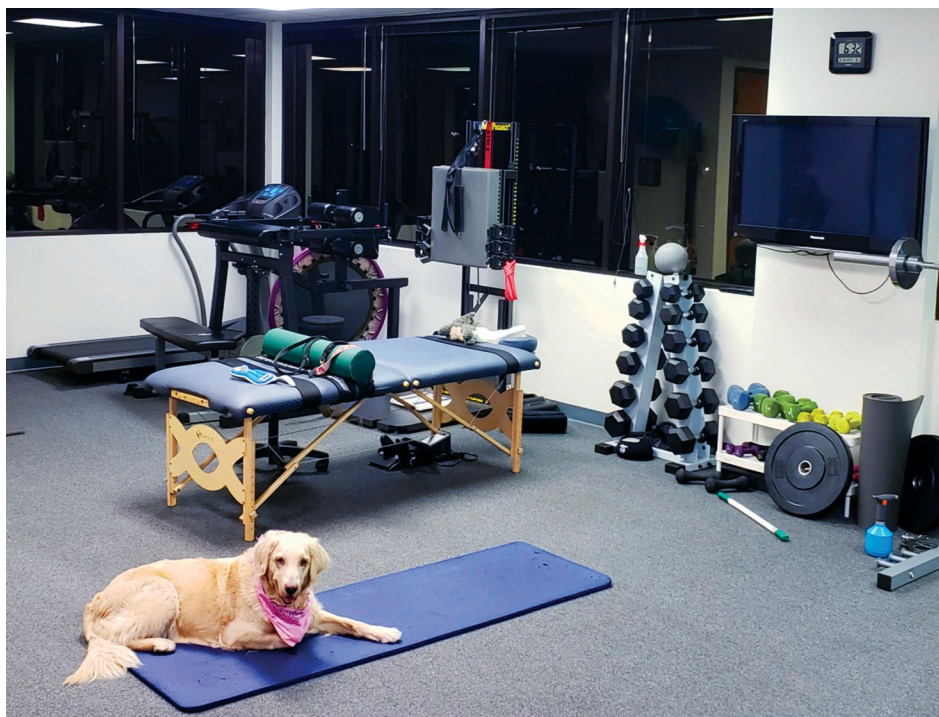
In January 2021, Alexandra Chaux, DPT, '10, finally opened her own physical therapy clinic in Thousand Oaks, California. Although she encountered difficult steps throughout the process, she was thrilled to finally meet her goal.

Just a year earlier, Dr. Chaux was working for another clinic where the focus was volume and quantity. Most of the time, she would see a patient for 15 minutes and then have to move on to the next one. She wanted an environment where she could make visits more personalized and treat her patients with more compassion. However, working full time at the clinic didn't allow her the time needed to start her own business. Then the pandemic began.

When the clinic temporarily closed, Dr. Chaux realized this was her opportunity to establish her own clinic. She woke up early every day and devoted all her time to her new venture. She made a business plan, studied corporations, built a website, started a blog, and found a space for her clinic.

Finances were the most difficult part. Dr. Chaux wanted to provide care primarily for elderly, so she decided to use Medicare and cash for her business. She discovered becoming a Medicare provider can be a slow process. After almost nine months and two visits from Medicare to her clinic, she was finally able to open her doors.

With Chaux Physical Therapy officially open, patients have many options to receive care. Dr. Chaux offers in-person and online visits, a post-COVID-19 recovery program, women's core classes, and several other services. She has experience with all age groups but is most passionate about working with elderly. Her goals with patients are to



Inside the Chaux Physical Therapy Clinic, Dr. Chaux's dog, Lulu, is part of the team and is loved by patients.

extend their independence and to educate them. For example, most of the time her patients live alone, so it is important for them to know how to get up when they fall.

"I want to give them my attention, my care - treat them with a lot of respect because they have already done so much for us," Dr. Chaux said. "I said when I open my clinic, I'm going to walk them through the door, even if I have to open their car door, and treat them as if that person is my grandpa."

Dr. Chaux seized the opportunity to establish her own clinic and achieve a long-time goal. While it was challenging and required some learning, she is enjoying having her own clinic to treat patients with compassion and quality care.

"We can make a difference," Dr. Chaux said. "If you have passion for something, just go for it."



Dr. Alexandra Chaux recently published "Dr. Chaux Core Wellness System." See Page 62.

On a mission to provide every patient with a smile

By Lizzy Ellery

As a member of the uniformed services, Melissa Parra, DMD, '11, is on a mission to provide oral health to individuals with limited access to care. Dr. Parra completed her undergraduate education while enlisted in the U.S. Air Force (USAF). She then commissioned as a second lieutenant and attended ATSU-ASDOH through a graduate health professions scholarship program.

After serving 15 years with USAF, she transferred to the U.S. Public Health Service (USPHS). This transition led Dr. Parra to a position in the U.S. Coast Guard Academy, followed by a position at Immigrations & Customs Enforcement (ICE) Health Services Corps, South Texas ICE Processing Center.

“My responsibilities are to provide clinical oversight and multidisciplinary dental care to an underserved population in a detention center,” Dr. Parra said.

At the ICE Processing Center, Dr. Parra tries to ensure every patient she sees leaves with a smile but often encounters language barriers when seeing patients from all over the world.

“In order to treat my patients, I have to phone a translator for their specific language, and at times, the translator can have a bad connection or not know English very well,” Dr. Parra said.

Despite those challenges, Dr. Parra finds her current role very rewarding. Recently, the U.S. surgeon general appointed Dr. Parra as a voting member to the Hispanic Officers Advisory Committee and Dental Professional Advisory Committee. In both committees, she provides consultation and advice to the surgeon general on issues related to professional practices, personnel activities, and matters concerning Hispanic/Latino communities nationally and globally.

Dr. Parra serves as chair of the Women's Initiatives Subcommittee, where she has received recognition for her leadership and contributions. She champions women dentists in leadership and takes note of how far women dentists have come in America. This is done in part through her Quarterly Webinar Speaker Series, which addresses topics from women's health and wellness to leadership and resilience.

“I encourage our women dentists in USPHS to collaborate with the American Association for Women Dentists,” Dr. Parra said. “I believe it is important to be connected with as many women dentists as possible to stand by, encourage, and cheer each other on.”

Dr. Parra is also completing a master of science in human nutrition, as she aspires to become a national advocate in nutrition and oral health for underprivileged communities.

With a full plate professionally, Dr. Parra takes time to decompress, whether it's banging on her exotic mini drums or treating herself to a spa day. But the ones she truly credits with keeping her centered are her husband and two children. Dr. Parra considers it a blessing to be a part of various professional committees and organizations, including remote area deployments throughout the nation.

“I get to work with many of the nation's finest physicians, dentists, nurses, pharmacists, and pediatricians,” Dr. Parra said. “Serving individuals with limited access to quality oral healthcare has always been my goal. I am rewarded knowing I am making a difference in underprivileged communities.”

Dr. Melissa Parra champions women in dentistry while serving in various professional capacities.



PARRA
U.S. COAST GUARD



Friends in the field

By Katie Hubbard

Friends and former classmates Sandra Suarez (left) and Michelle Mueller (right) work together at the Yakima Valley Farm Workers Clinic. (Photo taken before COVID-19 pandemic.)

Sandra Suarez, MHA, '16, and Michelle Mueller, MHA, '14, have formed a one-of-a-kind friendship. They first met as students in ATSU-CGHS' online Master of Health Administration (MHA) program. Online students rarely meet face to face, but a series of in-person learning opportunities led them to team up for the benefit of healthier communities.

Originally a teacher in northern California, Mueller was looking for a new career path because of limited job opportunities. She enrolled in the MHA program on a whim after a friend told her about the great experience he had in the program. Pursuing a degree in the healthcare field, where professionals are in high demand, seemed like a wise choice.

In contrast to Mueller, Suarez had been working at a federally qualified health center in rural Washington state for several years, starting as an executive assistant and moving up into managerial and director roles. When Suarez began looking for master's programs, she already had exposure to ATSU through the dental students who rotated at her clinic. Her beliefs aligned with the University's mission and osteopathic philosophy. Being from a rural area, she liked the emphasis on improving access to care in underserved areas.

Mueller and Suarez soon found themselves in the mix of students at ATSU-CGHS' 2013 Residential Learning Institute in Mesa, Arizona. Classmates spent each full day together - for projects, meals, meetings, and even group chats after hours. During the course of the institute, a camaraderie began to build among students, and Suarez and Mueller became friends.

"It was helpful to have friendships within the healthcare field because I didn't have a healthcare background prior to this program," Mueller says. "Hearing about their real-life experiences and knowledge helped guide me."

The next year, Mueller and Suarez were excited to see each other again

at another Residential Learning Institute. Their friendship didn't skip a beat, and through social media, they remained in contact with each other.

During the course of earning her MHA degree, Suarez paused her education to take advantage of a new career opportunity. She left her not-for-profit healthcare system to work in operations and clinic management at a for-profit hospital. A year later, the Yakima Valley Farm Workers Clinic came calling.

"I weighed the pros and cons, and I found the administrative side of healthcare is where my heart belonged," says Suarez, who joined the Toppenish, Washington, clinic as manager of planning & development.

In 2015, Suarez and Mueller crossed paths again. Mueller had completed her degree and was applying to various openings, including a fellowship at Yakima Valley Farm Workers Clinic. Knowing Suarez lived in the area, Mueller contacted her to ask if she was familiar with the clinic, and Suarez told her she had just taken a job there.

When Mueller's application for the fellowship didn't make the final cut, her resume was passed along to other hiring managers and ended up on Suarez's desk. Suarez then encouraged Mueller to apply for a planning and development associate position within her department.

"She still had to go through the competitive interview process, but I knew what kind of education she had," Suarez says. "I also knew she could research and write based on our work in groups and in other classes together."

Although it didn't feel like it at the time, Mueller described not getting the fellowship as a "blessing in disguise." She was offered the position in Suarez's department and accepted it without hesitation. Without ever having visited the Yakima area, Mueller and her husband took a chance and moved their family of four and a multitude of animals to their new home.

Today, the classmates-turned-colleagues work together at the clinic successfully writing grant applications and growing the organization. As a community/migrant health center, Yakima Valley Farm Workers Clinic provides care for underserved communities through 25 medical, 14 dental, and 53 program locations in Washington and Oregon. Since joining the clinic, Mueller has written applications to add several new sites and mobile units and support several programs. Additionally, she has been promoted to a level-two associate.

"Even though I'm sitting here writing, there are patients benefiting from the work I'm doing," Mueller says. "Everything we do is so important."

Suarez, now the senior manager, especially takes their work personally. Coming from a family of migrant seasonal agricultural workers, she says community health centers have saved her family from poverty. In 2020 alone, the clinic served more than 171,000 patients, 91 percent of whom lived at or below 200 percent of the federal poverty level.

"We're here to help and protect people with backgrounds like mine, and that will always be important to me," Suarez says. "If it wasn't for organizations like this clinic, who knows where I would be right now."

In addition to improving access to healthcare for vulnerable populations, the duo's favorite aspect of working together is maintaining their friendship. They support each other and communicate openly. Suarez cares about Mueller's professional growth and is able to push her appropriately. Simultaneously, Mueller knows Suarez wants her to be successful and has her best interests at heart.

"I'm happy where I am right now, and I have learned so much," Mueller says. "Going forward, wherever my career path leads, this is a really great foundation."

An advocate for rural dentistry

Dr. Bosch learned early about oral healthcare needs in underserved communities

By Jason Hunsicker

Not every young teenager takes a summer job assisting in a dental office, but when your mother is a dental hygienist, it's a natural fit. For ATSU-MOSDOH alumna Lisa Bosch, DMD, MPH, '19, the experience not only planted early interest in a dental career but also helped her understand the paucity of oral healthcare resources rural Americans face.

Originally from Quincy, Illinois, Dr. Bosch worked summers and after school as an assistant in her mother's office. When her mother was recruited to work in Louisiana, Missouri, a river town with a population around 3,000, she saw firsthand how important one dentist can be in a rural community.

Later, the dentist fell ill and, unable to find anyone to purchase his practice and replace him, closed his doors. After high school, Dr. Bosch became a dental hygienist and started working in Columbia, Missouri, where her office saw patients travel from hours away, many from communities with no dentist or that had lost their dentist and could not find anyone to replace them.

"Imagine all of the people who aren't willing to drive that far, who only do it when a tooth needs to be pulled, or when something is in really, really bad shape," she said.

When Dr. Bosch decided to go to dental school, she knew she wanted to stay in Missouri and practice in a rural area. ATSU-MOSDOH was set to open in a few years, and the University's mission was a perfect match with her passion to serve underserved communities.

While on the Kirksville, Missouri, campus and later at the St. Louis Dental Center, Dr. Bosch served as the legislative liaison for ATSU-MOSDOH's American Student Dental Association chapter. She now is the new dentist representative on the Missouri Dental Association's (MDA) Board of Trustees and the northeast representative on the MDA's New Dentist Committee. The support she gained through that involvement, and her education, helped her begin seeing patients successfully just a day after receiving her license.



Dr. Lisa Bosch

"ATSU prepared me for that," Dr. Bosch said. "If I had been at other schools where they don't get the clinical experiences, I wouldn't have been as prepared. Communicating with patients, that's an art. The amount of patient interactions I had in school and in clinical rotations were immensely beneficial."

Dr. Bosch purchased Knox County Dental in rural Edina, Missouri, in August 2020 and has become deeply involved in the community, serving on numerous volunteer boards. With the help of financial experts and low cost of living, her student loan debt, a factor that causes some students to spurn rural practice, is not a hindrance. In fact, her practice is thriving.

"Because there aren't many rural dentists, as those dentists continue to retire, my practice continues to grow," she said. "Every hour I'm doing something different, and I just love that."

CONNECTIONS



Silver spoons were some of the first souvenirs produced by the American School of Osteopathy for its graduates. The earliest spoon, produced around 1894, features a solid silver skeleton handle with “Kirksville” in the bowl, as pictured above. Another spoon shows a portrait of Dr. A.T. Still in the bowl with an American Indian handle, with a third showing an image of the original school in the bowl with Elks on the handle and an elk relief.

Museum of Osteopathic Medicine, Kirksville, Missouri [1974.15.11] (skeleton), [2004.67.01] (ASO), [2012.119.01] (Dr. Still)

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RECENT ALUMNI EVENTS

American College of Osteopathic Family Physicians (ACOFP) Virtual Alumni Reception - March 12

The virtual gathering of ATSU-KCOM and ATSU-SOMA alumni and students featured a special presentation from Suzanne Steinbaum, DO, FACC, FAHA, '94, ATSU-KCOM. Margaret Wilson, DO, '82, dean, ATSU-KCOM, hosted the event and shared University updates, including highlights of student successes in spite of monumental challenges during the COVID-19 pandemic.

American Academy of Osteopathy (AAO) Convocation Virtual Alumni Reception - March 19

This virtual networking event for alumni, students, and faculty featured ATSU Museum of Osteopathic Medicine Director Jason Haxton, MA, presenting "The Skinny on Fat: Dr. A.T. Still's Perspective."

Words of Wisdom: ATSU-KCOM Alumni Discuss Osteopathic Medicine - March 23

ATSU-KCOM alumni joined forces with Admissions and Alumni Relations to encourage the next generation of DOs. Alumni shared personal and professional insights through a virtual panel discussion/Q&A and participated in one-on-one interactions with pre-med students considering osteopathic medicine and ATSU.

Physical Therapy Alumni Virtual Networking Reception - March 25

A virtual event designed to reconnect with and celebrate ATSU's physical therapy graduates featured a presentation by two alumni and ATSU faculty members who have made the journey from clinician to professional educator. "Clinic to Classroom: How I made the switch" included insights from Jamie Kuettel, PT, DPT, '10; Pamela Kays, PT, DPT, '12, EdD, '20; Tracy Ellison, PT, DPT; Virginia Little, PT, PhD; and Carrie Robinson, PT, DPT.

Arizona Osteopathic Medical Association (AOMA) Virtual Networking Reception - April 8

Jeffrey Morgan, DO, MA, FACOI, dean, ATSU-SOMA, hosted a virtual gathering for alumni, faculty, and students. Participants connected with one another while enjoying "Tales of a former THCGME Program Director," presented by Ryan Christensen, DO, '12, ATSU-SOMA.

Audiology Virtual Alumni Reception - April 14

Ann Lee Burch, PT, EdD, MPH, dean, ATSU-ASHS; Tabitha Parent-Buck, AuD, chair, audiology; and Andrea B. Ruotolo, AuD, director, post-professional audiology, hosted a virtual gathering celebrating the ATSU-ASHS Audiology program. The event highlighted a presentation by Kelly M. Reavis, PhD, MPH, CCC-A, adjunct assistant professor, on "Confronting the Rising Tide of Hearing Loss Worldwide" and alumni perspectives from Michael Vekasi, AuD, '20, and Taylor Benson, AuD, '20.

Occupational Therapy Virtual Alumni Reception - April 29

Ann Lee Burch, PT, EdD, MPH, dean, ATSU-ASHS, and Jyothi Gupta, PhD, OTR/L, FAOTA, chair, occupational therapy (OT), ATSU-ASHS, hosted a virtual gathering for ATSU OT alumni. In addition to celebrating accomplishments, the event honored the late Bernadette Mineo, PhD, OTR/L, former OT department chair, professor, and program director.

ALUMNI EMPLOYMENT OPPORTUNITIES

atsu.edu/alumni-jobs

The University provides an online job board for ATSU alumni seeking employment and for employers searching for ATSU graduates to fill vacant positions. These job opportunities are shared by external employers and other alumni who value the skills and expertise of ATSU graduates. As a free resource for employers and job seekers, we encourage you to check back often when you are looking for a new opportunity or when you have positions at your organization or company to advertise. Please direct any questions to alumni@atsu.edu.

UPCOMING ALUMNI EVENTS

Oct. 7-9 Kirksville Founder's Day and ATSU-KCOM Alumni Reunion

Festivities in 2021 will honor ATSU-KCOM classes of 1996, 1995, 1991, 1990, 1981, 1980, 1971, and 1970 as they celebrate their 25-, 30-, 40- and 50-year reunions. The weekend will include recognition of the 2021 Kirksville Osteopathic Alumni Association Honors Excellence Award recipients.

Oct. 24 | 6:00-9:00 p.m. MST American Osteopathic Association (AOA) - OMED 2021

ATSU will host an alumni networking reception at the Heard Museum in Phoenix, Arizona, in conjunction with the 2021 AOA-OMED annual conference.

October (TBD) ATSU Dental Alumni Reception

An alumni networking reception will be held for ATSU dental alumni in conjunction with the American Dental Association's SmileCon 2021 in Las Vegas, Nevada.

Nov. 5 | 5:30-7:30 p.m. MST Tucson Area Alumni Reception

ATSU will host a regional ATSU Alumni Networking Reception for Tucson area graduates at Hacienda del Sol in Tucson, Arizona.

A lasting legacy

By Kaley Burroughs



In 1917, Lester R. Mylander, DO, graduated from ATSU-KCOM with a dream and a purpose. He couldn't wait to begin serving others as a physician. At the time, however, Dr. Mylander was turned away from several hospitals in his native Ohio due to his osteopathic, rather than allopathic, education.

Instead of becoming discouraged, Dr. Mylander worked alongside his fellow DOs to create a new hospital where osteopathic and allopathic physicians could work alongside one another to provide top-notch medical care in his community. After years of hard work, his dream was realized. Today, the Firelands Regional Medical Center in Sandusky, Ohio, serves as a physical testament to Dr. Mylander's passion for service.

Dr. Mylander quickly became a prominent and well-respected man in Sandusky. Growing up, his son, George Mylander, witnessed the profound impact his father had on those in need and recognized the importance of osteopathic medicine in his life.

To honor his father's lifetime of service to others, George began donating regularly to the University. As an educator, he knew the importance of keeping high-quality education affordable. To that end, he created the Lester R. Mylander Endowed Financial Award.

This award provides annual financial assistance to an ATSU-KCOM student, with preference going to students coming from the Mylanders' home state of Ohio. Because the award is endowed, its impact will be felt for years to come.

"It's a tremendous legacy when you can honor and memorialize somebody, but at the same time leave an impact that lives on in perpetuity," says Bob Behnen, MBA, associate vice president, university advancement.

In 1987, to further honor his parents, George created the Mylander Foundation, an organization that provides financial support to organizations cherished by his mother and father. For years, the Mylander Foundation has given generously to Dr. Mylander's alma mater, providing funding to ATSU's areas of greatest need.

Despite not attending medical school personally, ATSU recognized George's contributions to osteopathic medicine with honorary membership in the Kirksville Osteopathic Alumni Association (KOAA) and awarded him the KOAA Distinguished Service Award in 2005. He is a lifetime Still Society Member.

George passed away in 2016 but ensured ATSU would continue to receive significant, unrestricted gifts from the Mylander Foundation for years to come.

"Philanthropy is different for everybody," says Behnen. "Everybody has a different reason, and we're all at different times in our lives. It may be that all we can do is a nice small annual donation. That means a lot and makes a big difference."

Visit the University Advancement website, giving.atsu.edu, to learn more about how you may contribute financially to ATSU and make an impact on future medical students.

George Mylander created a foundation and scholarship to honor his father and ATSU alumnus, Lester Mylander, DO, 1917 (pictured).

Museum of Osteopathic Medicine, Kirksville, Missouri [1917 *Osteoblast 2*]

ATSU online

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ATSU alumni receive a 20% tuition discount.

Alumni are encouraged to contact a tax professional about any tax implications.
Discounts are independent and cannot be combined.

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Athletic training programs

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An Overview

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in Athletic Training

Evidence-Based Practice in
Athletic Training

Guidelines for Best Practices
in Concussion Management:
The Development of Position
and Consensus Statements

Health Information Technology
in Athletic Training

Incorporating Evidence-Based
Practice into Athletic Training:
An Overview of Practice-Based
Partnerships

Lower Limb Preventive Training
Program Best Practice
and Implementation

Medicolegal Considerations
for Sport-Related Concussion

Optimizing Lateral Ankle Sprain
Rehabilitation

Pain: How it Affects Stability
and Movement

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information, email atce@atsu.edu or
call 480.219.6131.

Audiology program

Mayo Video Conference
Sept. 18, 2021 - Virtual

Dental programs

Technical aspects of CBCT applied to clinicians
Sept. 18, 2021 - Virtual

Diagnosis of common nodules and masses of the oral cavity
Sept. 23, 2021 - Virtual

The 2017 Periodontal Classification
Sept. 26, 2021 - Virtual

A review of evidence-based clinical practice guidelines for non-restorative management of caries lesions in primary and permanent teeth
Sept. 30, 2021 - Virtual

New (and old) tobacco products: health effects and helping patients
Oct. 5, 2021 - Virtual

Digital Dentures: Where are we now?
Oct. 16, 2021 - Virtual

CBCT for Endodontics
Oct. 20, 2021 - Virtual

Substance Abuse Disorder
Oct. 29, 2021 - Virtual

Review Nitrous Oxide/Oxygen Sedation and a Review of Local Anesthesia
Nov. 4, 2021 - Virtual

Genetics in Dental Practice, Are you ready?
Nov. 9, 2021 - Virtual

Tertiary Implant Stability
Nov. 12, 2021 - Virtual

5 STEPS To Practicing Dentistry Pain-Free: Evidence-based Strategies for a Long & Healthy Career
Nov. 17, 2021 - Virtual

Silver Diamine Fluoride is the New Black in Medical Management of Caries: What, Why, When, How?
Nov. 18, 2021 - Virtual

Partial Root Extraction Therapy (PET): A tactic to rescue the buccal plate
Dec. 1, 2021 - Virtual

Educating the Dental Team on Nutritional Counseling for the Patient: From Birth through the Life Cycle
Dec. 5, 2021 - Virtual

Treating Anterior Discolorations: Microabrasions, Resin Infiltration, and Bleaching
Dec. 9, 2021 - Virtual

Oral Cancer and Premalignancy: Guide to Diagnosis and Management
Dec. 14, 2021 - Virtual

Clinical Dentistry and Ethics *

Dental Ethics *

* Courses are available year-round and are web-based.

For more information, email asdohce@atsu.edu or call 480.219.6086. ATSU-ASDOH is an ADA CERP-recognized provider.

Medical programs

Founder's Day Systematic Approaches to Osteopathic Manipulative Medicine
Oct. 7-9, 2021
Missouri campus
Kirksville, Missouri

Big Cedar Pre-Conference
Dec. 2, 2021
Primary Care Update
Dec. 2-4, 2021
Big Cedar Lodge
Ridgedale (Branson), Missouri

Las Vegas Primary Care Update
March 3-5, 2022
Treasure Island
Las Vegas, Nevada

ATSU is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

For more information, email continuingeducation@atsu.edu or call 660.626.2232.

CLASS NOTES

1980s

John Takacs, DO, '86, and **Joan Takacs, DO, '80**, both graduates of ATSU-KCOM, received Lifetime Achievement Awards from the Northwest Osteopathic Medical Foundation.

Richard Unger, DO, '89, joined the Prosser General Surgery Center in Prosser, Washington. He is a graduate of ATSU-KCOM and a board-certified general surgeon.

1990s

Stacey L. Sensor, DO, '95, joined Munson Healthcare Otsego Memorial Hospital and Munson Healthcare Grayling Hospital in Gaylord and Grayling, Michigan, as an OB-GYN. She graduated from ATSU-KCOM.

2000s

Lara Salyer, DO, '00, Monroe, Wisconsin, was selected to deliver the annual Fred C. Tinning, PhD, Founder's Day Osteopathy Lecture for Founder's Day 2021. A graduate of ATSU-KCOM, she is a physician, public speaker, author, and mentor. She recently published a book, "Right Brain Rescue." See Page 62.

Scott Klosterman, DO, '01, was elected to the South Carolina Osteopathic Medical Society Board of Trustees. Dr. Klosterman serves as the osteopathic track director in family medicine at the Spartanburg Regional Family Medicine Residency program. He graduated from ATSU-KCOM.

Katheryn Norris, DO, '02, received the 2020 Family Medicine Educator of the Year award from the Washington Academy of Family Physicians. A graduate of ATSU-KCOM, Dr. Norris is a physician at Yakima Valley Farm Workers Clinic Grandview Medical-Dental Clinic and is director of medical education and residency for Sollus Northwest Family Medicine Residency Program, both of Grandview, Washington.

Rebecca Collins, DO, MPH, '04, joined Phelps Hospital's Family Medicine Residency Program as program director in Sleepy Hollow, New York. She earned her doctor of osteopathic medicine degree from ATSU-KCOM and master of public health degree from ATSU-CGHS.

Stelios Dokianakis, AuD, MS, '05, was elected to the American Tinnitus Association Board of Directors. Dr. Dokianakis has worked in audiology for nearly 20 years and founded Holland Doctors of Audiology in Holland, Michigan.

Ingrid Edwards, AuD, '09, Louisville, Kentucky, was chosen as a 2021 Health Care Hero from Louisville Business First. These awards recognize professionals who have made an impact on healthcare in their community through their concern for patients, research and inventions, management skills, innovative programs for employees, and service to the poor and uninsured. Dr. Edwards has worked at Heuser Hearing Institute for 20 years with 26 total years in the industry.

Retired Lt. Col. Paul Kleponis, PT, DPT, '09, was appointed as a member of the Florida Board of Physical Therapy. Dr. Kleponis is a senior physical therapist at Jackson Memorial Hospital in Miami, Florida, and is a veteran of the U.S. Air Force Reserves.

Abigail Mitchell, DHEd, MSN, MBA, RN, CNE, FHERDSA, '09, was recognized by Continental Who's Who as a Top Educator for her remarkable contributions in the fields of nursing and health education and her professional excellence as a professor at D'Youville College in Buffalo, New York.

2010s

Maggie Steinbeisser, DO, '11, an ATSU-SOMA graduate, joined Southwest Health as a general surgeon in Platteville, Wisconsin.

Isaac Bryan, DO, '12, an ATSU-KCOM graduate, celebrated the grand opening of Tullahoma Dermatology in Tullahoma, Tennessee. He has taken over the practice of Dr. Ken Takegami, providing dermatology services to new and current patients.

Paula Stout, PT, DPT, '12, became certified as a specialist in oncologic physical therapy practicing at Franciscan Point Rehabilitation in Crown Point, Indiana. She is part of the first class to obtain this certification.

Leah Tekle, DMD, '12, received the Public Health Dentistry Award from the ATSU-ASDOH Alumni Board during the annual awards ceremony.

Abraham Caroci, DMD, '13, received the Distinguished Service Award from the ATSU-ASDOH Alumni Board during the annual awards ceremony.

Janea S. "Jan" Jones-Schenk, DHSc, '13, Salt Lake City, Utah, was appointed senior vice president and executive dean of Western Governors University's College of Health Professions.

Leif Magnusson, DO, '13, an ATSU-KCOM graduate, joined Prevea Health as a family medicine residency faculty physician in Eau Claire, Wisconsin.

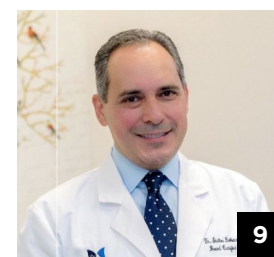
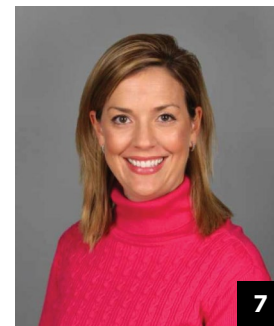
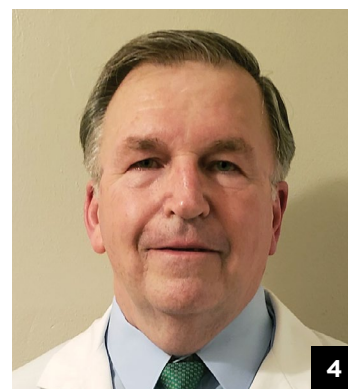
Magon Saunders, DHSc, MS, RDN, LD, '13, is part of the National Diabetes Prevention Program (DPP) team that received the Hubert H. Humphrey Award for Service to America. Dr. Saunders, who is a program development consultant/diabetes care and education specialist with the Centers for Disease Control and Prevention, provides technical assistance and fiscal and management support to state public health department grantees, national organizations, and community-based organizations. Dr. Saunders also serves as a subject matter expert at the National DPP Customer Service Center and responds to consumers and healthcare providers' requests related to these topic areas.

Jared Rickert, DO, '14, an orthopedic surgeon, joined Faith Regional Physician Services Columbus Medical Specialties clinic in Columbus, Nebraska. Dr. Rickert is a graduate of ATSU-KCOM.

Madeline Jones-Ryan, DO, '15, an ATSU-SOMA graduate, joined Complete Endocrinology, part of Bryan Physician Network, in Lincoln, Nebraska.

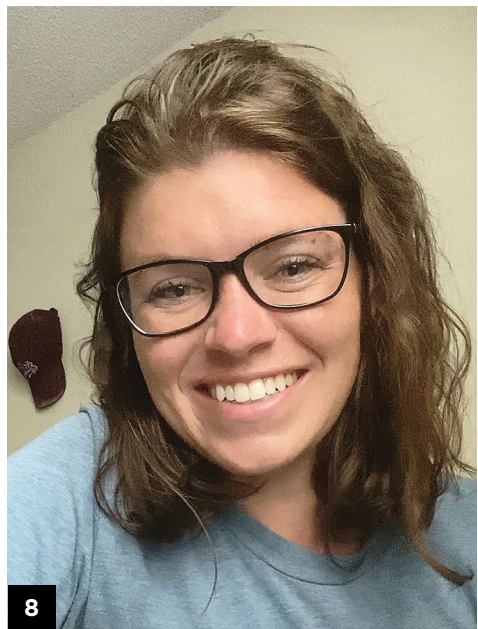
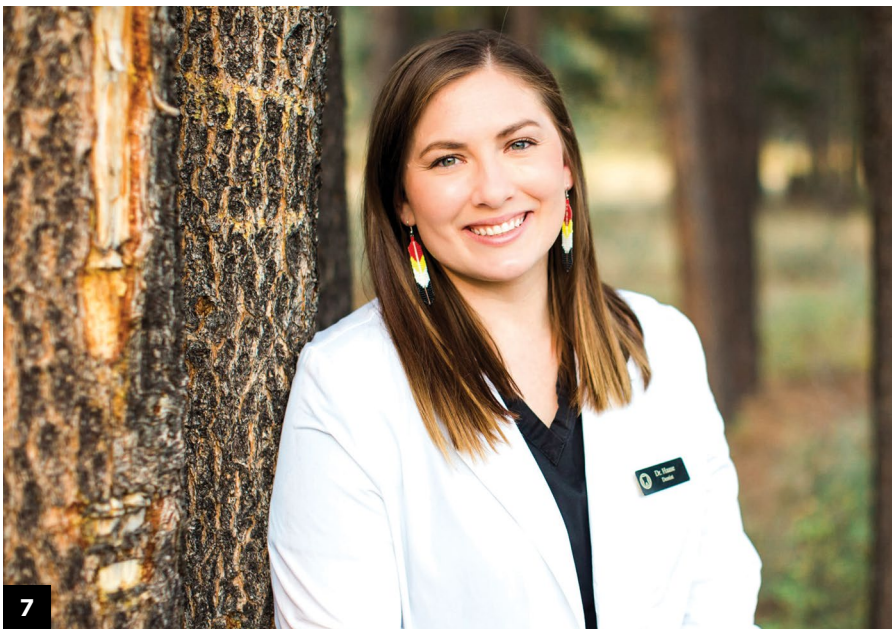
Amanda Kile, DO, '15, a graduate of ATSU-SOMA and an endocrinologist, joined Schneck Medical Center at Schneck Specialty Associates in Seymour, Indiana.

Kristin Lythgoe, DO, '15, an ATSU-KCOM graduate, joined Haliburton Highlands Health Services in the emergency department in Ontario, Canada.



- 1 | Lara Salyer, DO, '00
- 2 | Janea S. "Jan" Jones-Schenk, DHSc, '13
- 3 | Jared Rickert, DO, '14
- 4 | Paul Kleponis, PT, DPT, '09
- 5 | Isaac Bryan, DO, '12
- 6 | Leif Magnusson, DO, '13
- 7 | Paula Stout, PT, DPT, '12
- 8 | Katheryn Norris, DO, '02
- 9 | Stelios Dokianakis, AuD, MS, '05

- 1 | Amanda Kile, DO, '15
- 2 | Mabroor Khan, DMD, '19
- 3 | Kristin Lythgoe, DO, '15
- 4 | Brandon Ryans, DHEd, '15, MS, '09
- 5 | Wanda Cloet, DHSc, RDH, '17
- 6 | Destiny Harrel-Washington, DO, '17
- 7 | Cristin Haase, DMD, MPH, '17
- 8 | Megan Whitehead, DPT, '20
- 9 | Morgan Hungenberg, DO, '17
- 10 | Trevor M. Bates, DHSc, '16
- 11 | Gracie Steidley, MS, '20



Brandon Ryans, DHEd, '15, MS, '09, Chandler, Arizona, was appointed department chair, health sciences, of Trident at American InterContinental University's College of Health and Human Services. He joined Trident in 2017 as a full-time professor.

Greg Stanley, DHEd, '15, received Carson-Newman University's 2020 Teaching Excellence and Leadership Award. Dr. Stanley is an assistant professor of physical education and exercise science and is the exercise science program director.

Trevor M. Bates, DHSc, '16, Wilmington, Ohio, became the 19th president of Wilmington College. He has held several leadership roles, most recently serving as vice president of academic affairs, dean of faculty, and professor of health sciences at Mercy College of Ohio.

Wanda Cloet, DHSc, RDH, '17, is serving as chair of the American Dental Education Association Council of the Allied Dental Program Directors. Dr. Cloet is the dental hygiene program

director at Central Community College in Hastings, Nebraska.

Cristin Haase, DMD, MPH, '17, a graduate of ATSU-ASDOH, received a Dreamstarter Gold grant from Running Strong for American Indian Youth. The grant will help fund expansion of her project, Pre-Admissions Dental Workshop, to increase the number of American Indian and Alaskan Native dentists.

Destiny Harrell-Washington, DO, '17, joined Franciscan Physician Network Broadway Health Center in Crown Point, Indiana, as a pediatrician. She is a graduate of ATSU-KCOM.

Morgan Hungenberg, DO, '17, an ATSU-SOMA alumna, graduated from the Morgan County Family Medicine Residency Rural Training Track offered through the University of Colorado Family Medicine Residency program. She now practices as a family medicine physician at Salud Family Health Centers in Fort Morgan, Colorado.

Tyler Klotz, PT, DPT, ATC, '17, joined the physical therapy and training teams at Husker Rehab in Lincoln, Nebraska.

James Younan, DMD, '17, received the Humanitarian of the Year Award from the ATSU-ASDOH Alumni Board during the annual awards ceremony.

Mabroor Khan, DMD, '19, Port Allegany, Pennsylvania, joined the dental health

team at UPMC Cole's Port Allegany Community Health Center. A graduate of ATSU-ASDOH, Dr. Khan completed his residency in general dentistry with NYU Langone Medicine - El Rio Community Health in Tucson, Arizona.

Yosefa Pessin, DHSc, '19, received second place in the Society of Diagnostic Medical Sonography's Kenneth R. Gottesfeld Awards. Her award is based on her Applied Research Project, titled "Glow Powder: See the Germs? An Innovative Teaching Technique in a Student Sonography Laboratory," which she completed with Eric Matthews, PhD, MS, associate professor, health sciences, ATSU-CGHS.

2020s

Gracie Steidley, MS, '20, was named head coach of the softball team at the University of Antelope Valley in Lancaster, California. She earned a master of science degree in kinesiology with an emphasis in exercise and sports psychology from ATSU-CGHS.

Megan Whitehead, DPT, '20, joined the Joint Effort Physical Therapy team in Hot Springs, Arkansas.

Submit class notes to stillmagazine@atsu.edu.



9



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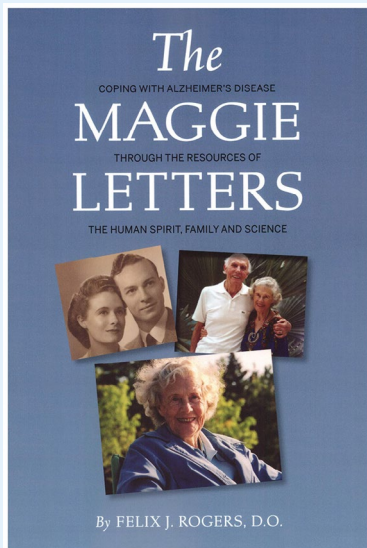
11

The bookshelf Recent books from ATSU alumni

The Maggie Letters

By Felix J. Rogers, DO, '73
New Blue Publishing, September 2019

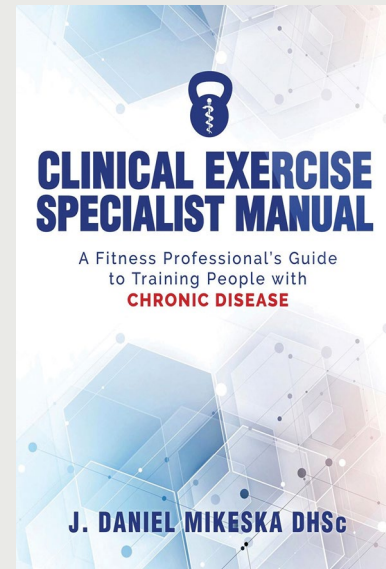
This medical memoir tells of a family's response when Maggie, a mother, physician, and community activist gradually manifests and then becomes completely disabled by Alzheimer's disease. In this book, the neurobiological basis of Alzheimer's disease is juxtaposed with information about the physiologic basis of normal brain function. This forms a background for the application of educational and healthcare resources that are available for families who find themselves in this situation.



Clinical Exercise Specialist Manual

By J. Daniel Mikeska, DHSc, '16, MS, '12
Niche Pressworks, September 2020

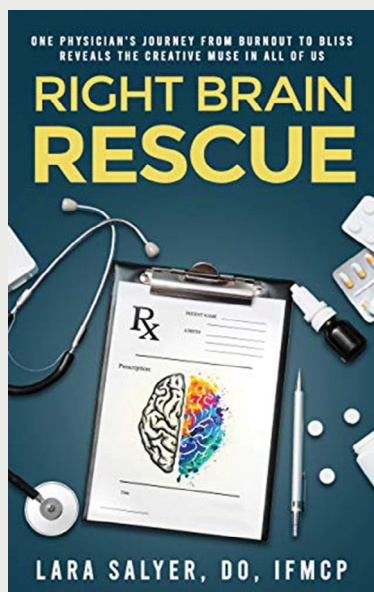
Dr. Mikeska wrote this fitness professional's guide for front-line health, fitness, and exercise professionals to aid in the management and prevention of chronic disease. Exercise and physical activity is the No. 1 deterrent of chronic disease in primary and secondary prevention. The succinct content combined with easy-to-use tables and figures will benefit anyone who wants to learn more about the effects of exercise on more than 35 chronic conditions.



Right Brain Rescue

By Lara Salyer, DO, '00
Independently published, September 2020

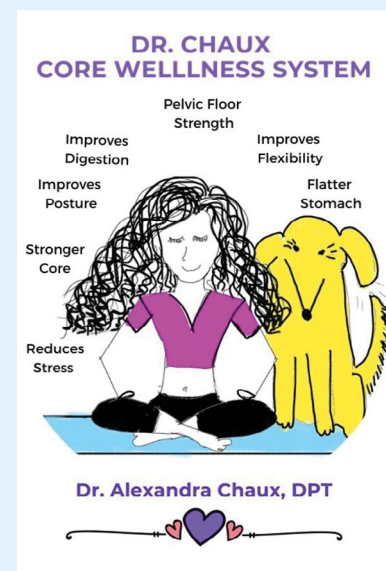
With burnout on the rise, doctors are leaving their profession at an alarming rate. Dr. Salyer found herself in this exact position in 2016 as a working mom of three in rural Wisconsin. After a near-death experience reframed her perspective, she resigned from her employed family medicine position and crafted a medical career on her own terms, using elements like creativity, neuroplasticity, and functional medicine to empower her patients.



Dr. Chaux Core Wellness System

By Alexandra Chaux, DPT, '10
Independently published, January 2021

In her second e-book, Dr. Chaux focuses on reprogramming abdominal muscles to work more efficiently. She covers tips on how to have a healthier core with a healthier lifestyle. The book illustrates exercises designed to release the diaphragm and strengthen the core without sit-ups and other traditional core exercises. Dr. Chaux believes the core of the human body is the center of an overall healthier person.



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Doc Doc Goose podcast

Shaun Palmer, PT, DPT, ATC, '10, a graduate of ATSU-ASHS' Doctor of Physical Therapy program, and Ben Ihms, DO, assistant professor, ATSU-SOMA, are founders and hosts of a health podcast called *Doc Doc Goose*. Established in 2018 and available on all podcast platforms, *Doc Doc Goose* has been ranked in the top 100 podcasts in several countries with thousands of downloads. They also host a guest blog on their website featuring writers of all specialties and backgrounds.

Celebrating Black History Month

By Katie Gastrau

In February, ATSU celebrated Black History Month as a way to remember all of the contributions and achievements African Americans have made throughout the nation's history.

Dawn Shaffer, compliance manager, office of vice president & general counsel, and Renée Crawford, DO, '20, shared their reflections on this month.


Shaffer recently read "The Warmth of Other Suns" by Isabel Wilkerson. After reading this, she found there is still a lot of learning needed to understand African Americans' experience.

She believes Black History Month will help inform more people and foster more empathy in relationships.


"There has been a lot of progress made because of Black Americans, and this progress must be acknowledged and commemorated so that we have an understanding of where we came from in order to move forward," Dr. Crawford said.

ATSU continues to strive toward an inclusive and diverse community. In July 2020, Clinton Normore, MBA, was promoted to vice president of diversity & inclusion. Since joining ATSU in September 2013, he has been instrumental in directing and developing ATSU's framework for cultural proficiency, diversity, and inclusion. His work led ATSU to become the first graduate health professions university to receive *INSIGHT Into Diversity's* Higher Education Excellence in Diversity Award.

Reflecting on his thoughts about the February celebration, Normore said, "Black History Month refreshes my understanding about the struggle of so many before me and the sacrifices they made for me to enjoy the freedom and privileges I've had."



BLACK HISTORY MONTH



FACULTY & STAFF NEWS

ATSU

Dan Aaronson was promoted to support services specialist for Information Technology Services. He also received the Missouri campus Employee Excellence Award for the second quarter of 2020.

Sara Amini-Rad, practice-based research network coordinator, A.T. Still Research Institute, earned a master of public health degree from ATSU-CGHS.

Forrest Bollow, EdD, was promoted to director of the Office of Assessment and Accreditation (OAA). He previously served as OAA's data manager.

Quincy Conley, PhD, director, Teaching & Learning Center, was featured in an episode of the *Versatilist* podcast, where he discussed his research publication, "MantarayAR: Leveraging augmented reality to teach probability and sampling."

John Dees was promoted to project coordinator for Administrative Computing.

Clarice Dickess, MA, CRA, CFRE, joined ATSU as director of preaward services for Sponsored Programs on the Kirksville, Missouri, campus.

Dana Funderburk, MBA, CPA, was named vice president for finance/CFO, effective July 1. She joined ATSU in 2016 as associate vice president for finance. With more than 30 years in public accounting, corporate finance, and higher education administration, she provides leadership and oversight for all aspects of the University's comprehensive financial administration and human resources.

Funderburk earned her bachelor of science in accountancy degree from Southern Illinois University at Edwardsville, Illinois, and master of business administration degree from Northwest Missouri State University in Maryville, Missouri. She is a registered certified public accountant in the state of Illinois.

Carrie Gaines, director of post-award compliance and management, sponsored programs, received ATSU's Missouri campus 2021 Distinguished Service Award.

Brenda Higgins, EdD, MSN, FNP-BC, was appointed assistant director of interprofessional education & collaboration on the Missouri campus, effective June 1. This new position will expand services to support ATSU's interprofessional collaborative endeavors.



Dr. Forrest Bollow, ATSU



Dana Funderburk, ATSU



Carrie Gaines, ATSU



Stephanie McGrew, ATSU



Dr. Germaine Hendon, ASDOH



Dr. Scott Howell, ASDOH

Cynthia Kaye, senior executive assistant, president's office, received ATSU's Arizona campus 2021 Distinguished Service Award.

Stephanie McGrew, MA, coordinator, diversity & inclusion, was named assistant chair for the 2022 United Way Campaign Drive in Kirksville, Missouri.

Jeni Rogers, MHA, is the new senior executive assistant to the senior vice president-academic affairs.

Tina Samms, assistant director, residential admissions, earned a master of public health degree from ATSU-CGHS.

Mary Sims, MA, technical services librarian, A.T. Still Memorial Library, retired from ATSU on April 30, serving the University for nearly two decades.

Christopher Wilken was promoted to desktop security analyst for Network Technologies.

ATSU-ASDOH

J. Rich Cohen, DDS, assistant professor, director of orofacial pain, was appointed to the Commission on Dental Accreditation's Board of Commissioners, beginning October 2021. He is the inaugural commissioner of orofacial pain, which was recently recognized as a dental specialty.

Germaine Hendon, MS, associate director, earned her doctor of education degree in organizational development and leadership from Grand Canyon University.

Scott Howell, DMD, MPH, FSCD, '14, director of public health dentistry & teledentistry, was promoted to associate professor, effective July 1. Dr. Howell was named to the 2021-22 cohort of the Atlantic Fellows for Health Equity US + Global program, and he was named as one of the Top 40 Most Influential Leaders in Teledentistry. The American Mobile & Teledentistry Alliance recognized 40 influential leaders who have used innovation and been forward-thinking with their efforts to keep oral health a priority, even when in-person office visits were not possible.

Dr. Howell also received the 2020 Teledentistry Innovation Award in the dentist/specialist category for developing a robust oral health program and training over 300 students in teledentistry. Nicknamed the "Tellies," the awards were created by MouthWatch to highlight dental professionals and organizations bringing telehealth to dental care and the positive impacts they make.

Satish Kumar, DMD, MS, was promoted to professor, effective July 1.

Kimberly Kunkle was promoted to lead dental assistant in the Advanced Care Clinic.

Monica Nenad, DHEd, MEd, RDH, CHES, was promoted to associate professor, effective July 1.

Michael Papadimitriou, DMD, MS, was promoted to associate professor, effective July 1.

Jae Hyun Park, DMD, PhD, MSD, MS, professor and chair, postgraduate orthodontics, was elected as central body director of the national Edward H. Angle Society of Orthodontists, representing the Angle Northern California Orthodontic Society. Dr. Park was appointed as a contributing editor for the *Journal of Clinical Orthodontics*. In addition, he was appointed deputy editor of the *American Journal of Orthodontics and Dentofacial Orthopedics Clinical Companion*, an international journal dedicated to excellence in clinical orthodontics.

Marc Shlossman, DDS, MS, was promoted to associate professor, effective July 1.

Morgan Shubert was promoted to dental assistant in the pre-doc specialty clinic.

Caitlin Talkington was promoted to dental assistant for oral surgery.

Hanann Tomeh, DDS, assistant professor, comprehensive care unit director, earned a master of public health degree from ATSU-CGHS in December.

Dedrix Tsoisie was promoted to inventory manager in the post-doc clinic.

Amanda Westendorf was promoted to pre-doc coordinator for clinic operations.



Dr. Hanann Tomeh, ASDOH



Dr. Cailee Welch Bacon, ASHS



Dr. Lori Bordenave, ASHS



Dr. Christina Cuka, ASHS

ATSU-ASHS

Barton Anderson, DHSc, MS, AT, ATC, '03, professor, clinical education coordinator, athletic training, received the ATSU-ASHS 2021 Scholar of the Year Award.

Cailee Welch Bacon, PhD, ATC, associate professor, athletic training, received the Innovation in Teaching Award from the Teaching & Learning Center for her project, "Personalized learning pathways: Using Qualtrics to promote learning beyond the classroom."

Lori Bordenave, PT, DPT, PhD, was selected to serve as chair of the Physical Therapy department. Dr. Bordenave has served as program director of the Doctor of Physical Therapy residential program since 2018 and as an associate professor since 2006.

Ann Lee Burch, PT, EdD, MPH, dean, completed the Crisis Leadership in Higher Education program through Executive Education at Harvard Kennedy School.

Tess Coon, MS, PA-C, '14, joined the School as an assistant professor in the Physician Assistant Studies department.

Christina Cuka, DPT, DSc, assistant professor, physical therapy, received the Innovation in Teaching Award, first runner-up, from the Teaching & Learning Center for her project, "Help students become better learners: Using systematic assessments to promote learning and comprehension."

Randy Danielsen, PhD, PA-C emeritus, DFAAPA, director, medical science, was featured on an episode of the *Physician Assistants (PAs) for Tomorrow* podcast and discussed the benefits of PAs obtaining a doctoral degree and overall outlook of the PA profession.

SAVE THE DATE

FOUNDER'S DAY 2021

Kirkville, Missouri | Oct. 7-9

All alumni are welcome to attend!

For more event information, please contact Alumni Relations at alumni@atsu.edu or 660.626.2307.

Kimberly DeVore, MS, PA-C, director and assistant professor, physician assistant studies, received the Physician Assistant Education Association's Clinical Education Award for 2020. She was selected from clinical physician assistant educators across the nation.

Tracy Ellison, PT, DPT, NCS, was promoted to director of clinical education for the Physical Therapy department.

Deanne Fay, PT, DPT, PhD, professor, physical therapy, was selected as director of the Doctor of Physical Therapy (DPT) program. She was one of the founding faculty members of the DPT program at ATSU and has served as director of curriculum for the program since 2011.

Dr. Fay teaches in the area of pediatrics and is active in the American Physical Therapy Association in the pediatric and research sections. Additionally, she is an international classifier for paralympics and has been engaged in adaptive sports at the local and national level for over 20 years.

Katherine Jones, MA, OTR/L, CLT-LANA, was promoted to director of progression and retention for the Occupational Therapy department.

Kenneth Lam, ScD, ATC, professor, interdisciplinary health sciences; **Ashley Marshall, PhD, MEd, ATC, CES, PES**, adjunct faculty, athletic training; and **Alison Valier, PhD, ATC, FNATA**, professor, athletic training, were recognized for their article, "Patient-Reported Outcome Measures in Sports Medicine: A Concise Resource for Clinicians and Researchers," first published in April 2020 by the *Journal of Athletic Training*. The trio earned the 2020 Journal of Athletic Training Clint Thompson Award for Clinical Advancement.

Tami Lofland, administrative assistant, occupational therapy, received the Arizona campus Employee Excellence Award for the second quarter of 2020.

Cory Manton, PT, DPT, OCS, CSCS, '01, was promoted to director of the Orthopedic Physical Therapy Residency program. Dr. Manton has taught in ATSU-ASHS' Doctor of Physical Therapy program for 10 years. He has more than 19 years of physical therapy experience in the outpatient orthopedic setting.

Ray Pavlick, PhD, professor, physician assistant studies, was selected as the grand prize winner of the Osmosis Raise the Line Faculty Award in the Physician Assistant category. The purpose of this award is to recognize health educators and the work they are doing to increase the capacity of healthcare systems worldwide.



Dr. Deanne Fay, ASHS



Tami Lofland, ASHS



Dr. Cory Manton, ASHS



Dr. Ray Pavlick, ASHS



Dr. Kelsey Picha, ASHS



Dr. Erin Breitenbach, CGHS

Seth Peterson, PT, DPT, OCS, CSCS, FAAOMPT, '13, adjunct professor, physical therapy, received the 2020 Emerging Leader Award from the American Physical Therapy Association's Arizona chapter.

Kelsey Picha, PhD, ATC, '14, assistant professor, interdisciplinary health sciences, received the ATSU-ASHS 2021 Junior Faculty of the Year Award.

Cassie Reynolds, administrative assistant, physical therapy, received the Arizona campus Employee Excellence Award for the first quarter of 2021 and annual ATSU-ASHS Exemplary Staff Award.

Marlene Salas-Provance, PhD, MHA, MA, CCC-SLP, FASHA, vice dean and professor, was selected as a distinguished fellow of the National Academies of Practice, an interprofessional group of healthcare practitioners and scholars dedicated to collaborative healthcare practices and excellence in interprofessional care.

Kaylynn Schmitt was promoted to program manager for the Interdisciplinary Health Sciences department.

Jesse Thompson, simulation equipment specialist, physician assistant studies, received the Arizona campus Employee Excellence Award for the third quarter of 2020.

Tessa Tibben, DHSc, MPAS, PA-C, '08, assistant professor, physician assistant studies, received the ATSU-ASHS 2021 Service of the Year Award.

Alison Valier, PhD, ATC, FNATA, professor, athletic training, was recognized with two awards from the National Athletic Trainers' Association (NATA) Foundation. Dr. Valier received the 2021 Volunteer Service Award, in recognition of her exemplary volunteer service advancing the NATA Research & Education Foundation. Dr. Valier is also a member of the Strategic Alliance AT Research Agenda Task Force, which received the Rachael Oats Leadership Award.

ATSU-CGHS

Marjorie Belizaire, MD, adjunct professor, public health, received ATSU-CGHS' Outstanding Adjunct Award for public health at the College's 2021 Virtual Awards Ceremony.

Erin Breitenbach, PhD, MA, chair, health education, was selected by the National Center for Interprofessional Practice and Education to co-lead the Online/Virtual and

Technology-Facilitated Learning and Practice track at the virtual 2020 Nexus Summit.

Heather Brown, EdD, MTS, assistant director, University Writing Center, received ATSU-CGHS' Outstanding Employee Award at the College's 2021 Virtual Awards Ceremony. Additionally, Brown and her co-editors were awarded a new three-year term helming *Adult Literacy Education: The International Journal of Literacy, Language, and Numeracy*.

Robert Clegg, PhD, MPH, MCHES, joined the College as chair for the Master of Health Administration and Doctor of Health Administration programs. He was previously a professor and faculty lead for Health Administration programs at Northcentral University School of Health Sciences. Dr. Clegg earned his bachelor of science in health science and master of public health at Fresno State and doctorate in human services with an emphasis in healthcare administration from Capella University.

Lihua Dishman, DBA, MBA, associate professor, health administration, served as a judge for the Business Finance section of the virtual Michigan Distributive Education Clubs of America's 75th Annual Career Development Conference.

Jaana Gold, DDS, PhD, MPH, CPH, professor, public health, is the new chair for the American Dental Education Association Special Interest Group on Evidence-Based Dentistry.

Linda Koonce, DHA, MBA, adjunct professor, health administration, received ATSU-CGHS' Outstanding Adjunct Award for health administration at the College's 2021 Virtual Awards Ceremony.

David Larson, MS, adjunct professor, kinesiology, received ATSU-CGHS' Outstanding Adjunct Award for kinesiology at the College's 2021 Virtual Awards Ceremony.

Ashley Love, DrPH, MPH, MS, CPH, adjunct professor, public health, was elected to the American Public Health Association's Nomination Committee.

Eric Matthews, PhD, MS, associate professor, health sciences, received ATSU-CGHS' Professor of the Year Award at the College's 2021 Virtual Awards Ceremony. In addition, Dr. Matthews was reappointed to another four-year term as a peer reviewer for the Higher Learning Commission.

Mary-Katherine McNatt, DrPH, MPH, MCHES, CPH, COI, chair and associate professor, public health, was selected to be part of a toolkit development team with

Fulfilling ATSU's mission in the era of COVID-19

By ATSU-CGHS faculty members:

Jaana Gold, DDS, PhD, MPH, CPH

Mary-Katherine McNatt, DrPH, MPH, MCHES, CPH, COI

Marsha Presley, PhD, MPH

COVID-19 has impacted our lives, health, economies, communities, and countries around the world. The pandemic has increased the burden of systemic health and social inequities on historically underrepresented groups (HUGs). Our resilience from this and future public health crises will depend on our ability to rectify these inequities and strengthen public health infrastructure.

People of color, those with lower incomes and/or disabilities, and women have shouldered greater hardships and financial burdens. The most vulnerable populations are often unable to work from home since they comprise a disproportionately large share of essential workers. They are more likely to become unemployed as businesses, such as restaurants, either close or restructure operations. Long-standing systemic health and social inequities have put HUGs at increased risk of disability or death from COVID-19, and yet as the vaccines roll out, they are less likely to be vaccinated. As of March 2021, the Centers for Disease Control and Prevention reports Black and Hispanic people are vaccinated less compared with the general population. Vaccines must be equitably allocated and administered for everyone's well-being. To control this global pandemic, we must reach herd immunity. Community or herd immunity thresholds for COVID-19 are currently estimated at 60%-70%, however, new variants and slow vaccinations globally make this difficult to predict. Addressing health equity and disparities is necessary to achieve this goal.

Anti-science rhetoric has obstructed our response to this pandemic, causing tens of thousands of unnecessary deaths. This political division and widespread misinformation have also created a hostile environment for many state and local public health officials. John Hopkins reported that more than 180 public health officials – mostly women and minorities – have left their jobs due to harassment and threats. This estimate does not include staff-level departures, or those in academia and research. Many public health officials have been forced to retract their local evidence-based public health guidelines due to political pressure. The strain on public health professionals is unprecedented and exacerbates the chronic issue of underfunding and understaffing.

Now, more than ever, we need to educate and train future competent public health professionals. ATSU's focus on whole person healthcare includes addressing these inequities and serving HUGs. ATSU-CGHS' Public Health department can answer your public health questions and provide educational opportunities. Please send your questions to publichealth@atsu.edu.

the Federal Office of Rural Health Policy in the Health Resources and Services Administration and the nonpartisan and objective research organization NORC at the University of Chicago. The toolkit will include information and resources about evidence-based and promising approaches to developing programs to advance rural health equity. Dr. McNatt was invited to sit on the CommuniVax Coalition by Johns Hopkins Center for Health Security and the National Rural Health Association. She was also asked to serve on the Texas Pandemic Vaccine Task Force, a selection of subject matter experts who are convening through Immunization Partnerships to provide guidance and recommendations to the Texas governor, Legislature, and Executive Committee on COVID-19 vaccine distribution for the state.

J. Daniel Mikeska, DHSc, '16, MS, '12, adjunct professor, kinesiology, was featured on a podcast of the National Academy of Sports Medicine.

Patrick Palmieri, DHSc, EdS, MBA, MSN, ACNP, RN, adjunct professor, health sciences, was appointed to the editorial board for *Global Qualitative Nursing Research*. Dr. Palmieri received the Blue Ribbon Abstract Award from the Association of Professionals in Infection Control and Epidemiology for his abstract titled "Family Function and Treatment Adherence of People Infected with Tuberculosis in Peru: A Multicenter Observational Study." He also received ATSU-CGHS' Outstanding Adjunct Award for health sciences at the College's 2021 Virtual Awards Ceremony.

ATSU-KCOM

Debra Blessing, aging studies coordinator, Area Health Education Center, received the Missouri campus Employee Excellence Award for the first quarter of 2021.

William Brechue, PhD, chair and professor, physiology, received ATSU's Missouri campus A.T. Still Staff Award for Excellence in Teaching, Basic Sciences.

Valena Fiscus, DO, MPH, '13, joined the College as an assistant professor and internal medicine physician.

Deborah Hudman, MS, senior research associate, microbiology & immunology, was awarded grant funding for her joint project with the Missouri Department of Conservation. The project's goal is to create a Missouri map of tick species distributions and their human pathogens distribution.



Deborah Hudman, KCOM



Dr. Farid Khalafalla, KCOM



Dr. Saroj Misra, KCOM



Dr. Tim Ostrowski, KCOM



Dr. Hussein Al-Wakeel, MOSDOH



Dr. Joan Davis, MOSDOH

Farid Khalafalla, PhD, was named associate dean for academic affairs, effective April 15. He was previously an assistant professor of pharmaceutical and biomedical sciences for the College of Pharmacy at California Health Sciences University. In addition, Dr. Khalafalla received the 2021 American Association of Colleges of Pharmacy (AACP) Biological Sciences Excellence in Teaching Award, which recognizes AACP Biological Sciences section members who have designed innovative teaching techniques to improve student learning.

Jonathon Kirsch, DO, '96, associate professor, osteopathic manipulative medicine, received ATSU's Missouri campus A.T. Still Staff Award for Excellence in Teaching, Clinical.

Saroj Misra, DO, FACFP, '98, was named associate dean for clinical affairs, effective Dec. 1. Dr. Misra most recently served as program director of family medicine at Ascension Macomb-Oakland Hospital in Michigan and as an assistant professor at Michigan State University College of Osteopathic Medicine.

Tim Ostrowski, PhD, associate professor, physiology, received a \$387,403 grant award from the National Institutes of Health National Institute on Aging for his study titled "Respiratory dysfunction in Alzheimer's disease and its link to oxidative damage within the brainstem."

Erial Stutsman was promoted to patient services coordinator in the clinic business office.

Brenda Williams, project coordinator, academic affairs, received the Missouri campus Employee Excellence Award for the fourth quarter of 2020.

ATSU-MOSDOH

Hussein Al-Wakeel, DDS, Dip, MSc, assistant professor, received the ATSU-MOSDOH Elsie Gaber Compassion & Integrity Award.

Joan Davis, PhD, RDH, professor, was promoted to assistant dean of research.

Nae'Wanda Moore, senior administrative assistant, received the Missouri campus Employee Excellence Award for the third quarter of 2020.

Ammar Musawi, MDS, BDS, associate professor and director, preclinical education & simulation clinic, earned a master of public health – dental emphasis degree from ATSU-CGHS.

ATSU-SOMA

Tina Bannochie, credentialing specialist, clinical education, received the Arizona campus Employee Excellence Award for the fourth quarter of 2020.

Anna Campbell, PhD, associate professor, was appointed chair of the Anatomy department.

Sharon Chu, MD, is a new regional director of medical education at Family Health Centers at NYU Langone in Brooklyn.

Natasha Fein Davis, MD, is a new regional director of medical education at Southern Illinois Healthcare Foundation in Alton, Illinois.

Lisa Drummond, DO, is a new regional director of medical education at Family Health Centers at NYU Langone in Brooklyn.

Richard English, MD, is a new regional director of medical education at The Wright Center in Scranton, Pennsylvania.

Candy Fontes was promoted to credentialing coordinator for the Clinical Education department.

Angela Jimenez, MD, is the new regional director of medical education in Santa Maria, California.

Inder Makin, MD, PhD, professor, basic medical science, published a chapter in the fourth edition of Ma and Mateer's Emergency Ultrasound.

Joel Mascaro, DO, assistant professor, celebrated 50 years of medical practice in July 2020.

Jeffrey Morgan, DO, MA, FACOI, associate professor, earned a doctor of education in health professions degree from ATSU-CGHS.

Ellen Savoini, PhD, MSc, joined ATSU-SOMA as an associate professor of anatomy.

Valerie Sheridan, DO, DFACOS, FACS, was named dean of ATSU-SOMA, effective July 1. Dr. Sheridan received her doctor of osteopathic medicine degree from Michigan State University and completed her internship and residency in general surgery at Michigan State University Mount Clemens General Hospital (now McLaren Macomb Hospital). She is certified by the American Osteopathic Board of Surgery and is a diplomat of the National Board of Osteopathic Medical Examiners. Dr. Sheridan is active in professional organizations, including serving as president of the American College of Osteopathic Surgeons in 2014-15.



Dr. Ammar Musawi, MOSDOH



Dr. Anna Campbell, SOMA



Dr. Inder Makin, SOMA



Dr. Jeffrey Morgan, SOMA



Dr. Valerie Sheridan, SOMA



Dr. David Shoup, SOMA

At ATSU-SOMA, she served as assistant dean for clinical education, assessments, and outcomes. Prior to joining ATSU-SOMA in 2016, Dr. Sheridan had clinical appointments at Michigan State University and Midwestern University.

David Shoup, DO, professor, osteopathic principles & practice, received the Innovation in Teaching Award, second runner-up, from the Teaching & Learning Center for his project, "Integrated curriculum for osteopathic medicine."

Ebony Whisenant, MD, associate professor, public health, received the Best Faculty Research Presentation award during the 12th annual Interdisciplinary Biomedical Research Symposium for her presentation, "Utilizing a Team-Based Approach for Improving Colorectal Cancer Screening in Vulnerable Populations."

Submit faculty & staff news to stillmagazine@atsu.edu.

Still Magazine remembers those who have passed away and extends deepest sympathies to their families and friends. Visit stillmagazine.atsu.edu to read full-length obituaries.

1950s

William E. Borkosky, DO, '51
Ormond Beach, Florida

John C. Kemplin, DO, '51
Bedford, Texas

John L. Cowger, DO, '53
Frisco, Colorado

Charles F. Finnell, DO, '55
Tulsa, Oklahoma

Victor F. Krynicki Jr., DO, '55
North Riverside, Illinois

John W. Campbell II, DO, '56
St. Peters, Missouri

Robert E. Madsen, DO, '56
Kirksville, Missouri

Henry G. Trybus, DO, '56
Middlefield, Ohio

Harold A. Ferguson Sr., DO, '57
Eaton, Ohio

Bernard Berks, DO, '58
Germantown, Ohio

Robert L. Kaufman, DO, '58
Lewistown, Pennsylvania

James H. Koogler, DO, '58
Roseburg, Oregon

W. Richard Loerke, DO, '58
Tulsa, Oklahoma

Harry J. DeVore, DO, '59
St. Johns, Michigan

1960s

Arthur S. Billings, DO, '60
St. Petersburg, Florida

Richard C. Burns, DO, '60
Blissfield, Michigan

Rudolph J. Wolf, DO, '60
Skiatook, Oklahoma

William F. Heatley, DO, '62
Florence, South Carolina

James A. Martin, DO, '62
Prescott, Arizona

Raymond A. Murphy, DO, '62
Cape Girardeau, Missouri

Richard E. Tapert, DO, '63
Ferndale, Michigan

Robert E. Evans, DO, '64
Erie, Pennsylvania

James C. Green, DO, '64
Fountain Hills, Arizona

Richard C. Wiltse, DO, '64
Tucson, Arizona

Max E. Ayer, DO, '65
Bonham, Texas

Mohammed Tabibi, DO, '65
Carson City, Nevada

Richard W. Richards, DO, '66
Sammamish, Washington

Richard O. Eicher, DO, '67
Seminole, Florida

Terrence E. Hawkins, DO, '68
Kirksville, Missouri

John T. Taylor, DO, '69
Amarillo, Texas

1970s

Bob R. Carnett, DO, '70
Salem, Missouri

Harvey N. "Norman" Clarkson, DO, '70
San Antonio, Texas

James S. Jealous, DO, '70
Talent, Oregon

Robert G. Panzer, DO, '70
Ocala, Florida

John E. Bodell, DO, '71
Eugene, Oregon

James R. Honeywell, DO, '71
Spokane, Washington

Richard M. Levesque, DO, '72
Portland, Maine

Ronald F. Morley, DO, '72
Jefferson City, Missouri

Jimmie D. Coy, DO, '73
Columbia, Missouri

John R. Howard Jr., DO, '73
Chesapeake, Virginia

Lawrence N. Edson, DO, '74
Coon Valley, Wisconsin

Glen E. Cooper, DO, '78, MPH, '04
Cape Girardeau, Missouri

Karen A. Tidmore, DO, '78
Winchester, Tennessee

Bruno F. Borin, DO, '79
Northville, Michigan

1980s

Steven L. Funk, DO, '80
Kirksville, Missouri

Christopher R. Kleinsmith, DO, '80
Ogden, Utah

Donald C. Walkenhorst, DO, '80
Manchester, Missouri

Dale E. Wheeler, DO, '86
Ava, Missouri

Thomas O. Morgan, DO, '87
Sheridan, Michigan

1990s

Darrell R. Cunningham, DO, '94
Six Lakes, Michigan

2000s

Eric N. Hagberg, AuD, '00
Phoenix, Arizona

Charles L. Hutto, AuD, '01
Severna Park, Maryland

Will G. Peigelbeck, AuD, '01
Wakefield, Rhode Island

Michael K. Thelen, AuD, '01
Neenah, Wisconsin

2010s

Laura E. Smith, DO, '10
Columbia, Missouri

Seth V. Vande Kamp, DO, '17
Katy, Texas

2020s

Aaron Thompson, OMS II, class of 2023
Brookfield, Wisconsin

Friends

Al Abbadessa
Macon, Missouri

Barbara K. Heard, EdD
Kirksville, Missouri

Cynthia L. Hix
Kirksville, Missouri

Sue Magruder, MA
Kirksville, Missouri

Jean Rumney
Minot, North Dakota

Clifton Whitworth, DDS
St. Louis, Missouri

Cecelia J. Winkler
Kirksville, Missouri



PARTING SHOT

ATSU-KCOM graduates from the class of 2021 who are members of the U.S. military marked their commissions with a ceremony May 14. Members of the U.S. Air Force, Army, and Navy, including (left to right) Drs. Kacie Scott, Amanda Oliver, Tarin Phillips, John Wiesler, and Rex Michitsch, took their oaths as commissioned officers and were pinned with their new ranks and shoulder boards.



A.T. Still University
800 W. Jefferson St.
Kirksville, MO 63501-1497

ATSU-MOSDOH's class of 2021 celebrated commencement on Friday, May 14. The fifth graduating class of 42 students, including Paul Asaad, DMD, '21, shown here celebrating, earned doctor of dental medicine degrees, along with five students who also received master of public health degrees.

ATSU-MOSDOH Dean Dwight McLeod, DDS, MS, reminded graduates of their commitment to serving the underserved and addressing healthcare disparities.

"You have a moral and social responsibility to treat all patients equally and advocate for their well-being," Dr. McLeod said. "You can make a significant impact in helping to reduce the inequities and unjust treatment in healthcare, and undesirable social determinants of health that for decades have devastated generations of underserved populations in our nation."

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