

# THE BULLETIN

OF THE ATLAS CLUB

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VOLUME XVII.

DECEMBER, 1915

No. 3

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## ROOM IN INDIANA

Indiana is in need of more good Osteopaths. Plenty of towns of 8,000 to 10,000 are without any Osteopaths and many much smaller towns, centers of prosperous farming districts, are without Osteopathic care.

The State law is to a degree prohibitive. Most of the Osteopathic schools are recognized but the State requires a long course of study. This course consists of a four year high school course, or its equivalent by examination; two years of college work (the subjects are no longer prescribed but certain scientific courses are recommended); and four years osteopathic work. Credentials for such work are passed on by the State Board and if acceptable the applicant is permitted to take a three days' one hundred question, examination. These examinations are fair and no complaints are heard on unfairness in grading. Almost none of the well qualified Osteopaths ever failed and very many have made exceptionally high grades.

The other drawback is that the State is overrun with Chiropractors and other fake manipulative practitioners. The law is not quite clear and some little trouble is found in getting convictions. The worst is that such conviction carries only a \$25 fine which is insufficient. However, steps are to be taken to have this law modified.

There are good remunerative openings for the qualified Osteopaths and a hearty welcome from the State Association. This Association has often been blamed, especially by school authorities, for not attempting the lowering of the educational requirements. The arguments made that we should not keep out good Osteopaths and allow poor imitators to hurt the profession and that since Osteopathy is new not such a high requirement should be made as on the older school. The argument is also advanced that we cannot get fair treatment from a mixed Board.

The profession is doing its best to be rid of the imitator. They are "working at the job." There is no reason why Osteopaths should not be as well educated as the medical man. As a matter of fact there is no more potent argument in the Osteopath's favor, than that they are as well



educated as the Medical man and are working under the same sort of license.

The mixed Board has given no trouble and Osteopaths have received essentially fair treatment. Practically all complaint has come from those who tried to get a hearing from the board without proper qualifications.

R. C. McCaughan,  
Publicity Com. I. O. A.

### CHRISTMAS TIDE

Mankind regards Thanksgiving as a day which brings with it the spirit of gratefulness and Christmas as a day which typifies reverence for the One whose birthday it commemorates.

To the Osteopath, Christmas tide should symbolize a spirit of both gratefulness and reverence for the Old Doctor. It is to him, who was abused and unduly criticized while perfecting our system of therapy, that we bow in humble respect.

With the founding of the "Atlas Club," a brotherhood was developed which, similar to no other organization has done much toward unifying the osteopathic profession. The principles of the "Old Doctor" are embodied as a part of us, and it has always been our ambition to develop as nearly as possible into ideal practitioners of our therapy. We who are still in school realize that our predecessors have nobly upheld the standards of our Club, and have ascended to places of rank in the profession. Being conscious of this fact we are doubly filled with the desire to place ourselves near the head of the list. We want to be Osteopaths in every sense of the word.

Let this season of the year act as a great unifier, that we may all be drawn closer together, so that our common wants may be understood. Then with the advent of a New Year we will be ready to perfect our Resolution to place Osteopathy and the Atlas Club foremost in our lives.

C. J. MANBY.

### FIELD NOTES

David A. Mills, '03, on account of poor health, has given up his practice and is teaching in Chicago College of Osteopathy. He is under the care of Dr. McConnell.

\* \* \*

Dr. R. E. Underwood of New Millford, Conn. was elected Treasurer of the Connecticut State Osteopathic Association at a recent meeting held at New Haven, Conn.

### DEATH OF W. G. FOUT

Osteopaths all over the country will be shocked to learn of the death of W. G. Fout who for years has been cashier of the Citizens National Bank of Kirksville, Mo., and was a heavy stockholder and a trustee of the A. S. O. Mr. Fout died Sunday Dec. 5th of apoplexy, at the home of his son Dr. Geo. E. Fout, of Richmond, Va. He had been in poor health for some time though his condition was not generally known.

The funeral which was held in Kirksville at 2:30 p. m. Wednesday Dec. 8 was in charge of the Knights Templars. School was dismissed for the day in honor of the trustee.

### SCHOOL NEWS

The final enrollment of the new class reached 189.

The seniors have been getting a lot of good practical work in clinics, surgery and obstetrics this fall. Recently there have been three obstetrical cases all of which have been of the "short notice and quick action" variety. The last call came in at 4:30 A. M. and gave the students a real taste of what it means to be an obstetrician. Dr. Charlie has conducted the last two cases.

### STUDENT SHOT THROUGH HEART

Monday, Dec. 6th, about 1:30 P. M. Earl Fisk, from Helena, Mont., a member of the June '18 class, shot himself with suicidal intent. The bullet from a 32 pistol passed through the anterior wall of the left ventricle. Just where it lodged is unknown and will not be known unless symptoms arise which call for its removal. Dr. Geo. Still operated removing the clotted blood from the pericardium and mashing with his fingers the muscle to help hold the clot in the bullet hole. The patient rallied nicely and at this writing is doing well. Dr. George says he has about one chance in a thousand to recover.

### BASKETBALL

Sunday, Dec. 5th, Dr. M. A. Lane of the faculty, gave a lecture at the A. S. O. on "The Osteopath, an Unconscious Hero". He followed the evolution of medicine from its earliest origin to the present day. The proceeds, amounting to \$120, were turned into the basketball fund. The team takes a trip through the Southern States this fall playing at:

Warrenton, Mo., Dec. 18; Jackson, Tenn., Dec. 20; Birmingham, Ala., Dec. 21; Montgomery, Ala., Dec. 22; Mobile, Ala., Dec. 23; Columbus, Ga., Dec. 27; Atlanta, Ga., Dec. 29; Chattanooga, Tenn., Jan. 1; Nashville, Tenn., Jan. 3; Evansville, Ind., Jan. 4; St. Louis, Mo., Jan. 5.



**FOOTBALL**

After rather a poor start the team finished strongly, making a good showing for the season with two games lost, two tied and three won, and another game, which undoubtedly would have been won, cancelled at the last moment. Seventeen men were granted letters.

The record follows:

Oct. 9	Southern Iowa Normal	0	A. S. O.	80
Oct. 16	C. B. C.	20	A. S. O.	0
Oct. 22	Central College	0	A. S. O.	6
Oct. 29	Rolla	36	A. S. O.	7
Nov. 6	Wentworth cancelled			
Nov. 12	Westminster	6	A. S. O.	13
Nov. 20	Kansas City Vets	0	A. S. O.	0
Nov. 25	Warrensburg Normal	0	A. S. O.	0

Total Opponents 62 A. S. O. 106

**MEDICAL JOURNALS PLEASE IGNORE**

The Philadelphia North American brings a detailed account of how Mr. Geo. H. Earle, a prominent capitalist of that city was cured of cataract by osteopathy. This is the kind of news that medical journals should carefully overlook. To be cured of cataract is a highly unconventional and revolutionary proceeding, full of menace to established institutions. It is down in all the respectable books which are indorsed by the State Medical boards and other official guardians of our health and faculties, that the only proper thing for a cataract is the knife, with results that can never be foreseen.

Events like this in Philadelphia, would not be disturbing if patients were as orthodox as practitioners. But they are not. Most of them would much rather be cured in an unorthodox or if necessary a fantastic, fashion than to suffer and go blind along the straight and narrow medical and surgical path.—LIFE.

**REMOVALS**

Dr. Henry Carson, Jr., from Ridgefield, Conn., to 32 Lafayette Place, Greenwich, Conn.

Dr. T. Hurd has located at Ispeming, Mich. According to his statement he is up on the lake to wash out the Kirksville mud.

**BORN**

To Dr. M. A. Boyes and wife of Parkersburg, W. Va., Oct. 22, 1915, a daughter, Mary Ann.

**MINNESOTA STATE BOARD OF OSTEOPATHIC EXAMINERS**

September 1915

**Anatomy**

Dr. E. C. Pickler. Time: One Hour.

1. Name the cranial nerves. Describe the fifth and tenth. 2. Describe the spinal column and name the peculiar vertebrae? Name the three vertebrae in your opinion most subject to dislocation? 3. Give origin, insertion, nerve and blood supply of the following muscles: Deltoid; Quadratus Lumborum; Rhomboidus Major; Psoas Magnus? 4. Name different forms of uterine misplacement. Give causes and spinal conditions usually accompanying it? 5. Describe the circulation of blood to and from the head. What is the circle of Willis? Give common points of interference to these blood vessels. 6. Describe the sympathetic nerve system. What forms the solar plexus? Where is it located? 7. Draw the Brachial Plexus. Name some of the principal muscles supplied by its branches. 8. Describe the hip joints. Give muscles, nerves and blood vessels. Name two diseases resulting from dislocations of the joint, and tell why. 9. What spinal areas are most commonly affected in diseases of the digestive tract? Explain the relation. 10. Name causes leading to and conditions found in cirrhosis of liver. What organs usually involved, and what interference takes place in blood supply? What spinal areas involved?

**Physiology**

Dr. F. D. Parker. Time: One Hour.

1. What is the function of the Eustachian tube? 2. Describe in detail the coagulation of the blood. 3. Give three examples of enzymes and state the specific function of each. 4. Give the neuron doctrine. 5. Define dyspnea, giving its physiological causes; hyperpnea, and apnea, giving their physiological causes. 6. Give origin and function of the bile. 7. Describe the functions of the skin, mucous membranes and serous membranes. 8. Define protoplasm, and give properties of living protoplasm. 9. Name the forces concerned in the circulation of the blood, and describe how each acts. 10. Trace the circulation of the blood beginning at the left Ventricle.

**Dietetics**

Dr. F. D. Parker. Time: One Hour.

1. In a well balanced diet what is the average proportion of (a) proteids, (b) fats, (c) carbohydrates? How many calories would be derived from such a diet? 2. Give a general classification of foodstuffs



and give examples of each. 3. What elements should the food contain for a healthy individual weighing from 150 to 160 pounds, and doing moderate work for twenty four hours? 4. What food is the chief article of diet in feeding the sick? What is its chemical composition? 5. Give diet in case of acute gastritis. 6. What would be your dietetic treatment in a case of Jaundice, biliary calculi, and cirrhosis of the liver? 7. Give your idea of a standard diet in diabetes. 8. Give diet in acute diarrhoea.

### Gynecology

Dr. Arthur Taylor. Time: One Hour.

1. Thru what spinal area would you direct your treatment in uterine prolapse? 2. Explain fully treatment for retro-version? 3. Etiology and treatment for copharitis? 4. Thru what spinal centeres would you expect to do corrective work in dysmenorrhoea? 5. State some of the things that "Dame Fashion" has done to cause perverted functioning of the reproductive organs? How? 6. What effect does an innominate lesion have on the internal generative organs? 7. What pathological conditions follow subluxation of the 11th and 12th ribs? 8. What symptoms would lead you to suspect ante-version? 9. Name the varieties of fibroid tumors. 10. Name the varieties of carcinoma.

### Obstetrics

Dr. Arthur Taylor. Time: One Hour.

1. Give causes of sterility? 2. What is the character of the liquor amnii and what are its uses? 3. Differentiate the positions of the fetus, at term, as determined by external palpation. 4. What is ballottment and how is it performed? 5. Name some of the diseases to which pregnancy predisposes? 6. How do uterine displacements originate and how do they influence conception and pregnancy? 7. What effect will innominate lesions have on pregnancy and labor? 8. Name specifically the important spinal centers to the osteopathic obstetrician? 9. Management of the second stage of labor. 10. What do we mean by placenta previa, phlegmasia alba dolens, hydatidiform mole and ophthalmia neonatorum?

### Chemistry and Toxicology

Dr. A. D. Becker. Time: One Hour.

1. Give chemistry of fat digestion. 2. What is an enzyme? How does it act? 3. What is specific gravity? Specific heat? 4. What is normal salt solution? 5. Name the following formulae:  $\text{CH}_3\text{OH}$ ,  $\text{C}_2\text{H}_5\text{HO}$ ,  $\text{NaHO}_3$ ,  $\text{HgCl}$ ,  $\text{HgCl}_2$ ,  $\text{C}_4\text{H}_{10}\text{O}$ . 6. Name ferments of pancreatic juice. 7. What is an acid? What is a base? 8. Give general rules for treatment of poisoning. 9. Name four emetics and give suitable doses. 10. Give symptoms of acute opium poisoning.

# THE BULLETIN

OF THE ATLAS CLUB

S. L. GROSSMAN, EDITOR

B. B. BALDWIN, BUSINESS MANAGER

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Entered as second-class matter, October 12, 1903, at the post office at Kirksville, Missouri, under act of Congress of March 3, 1879.

Members should send the Editor prompt notice of address on making first location, and on making any change in mail address thereafter.

Copies lost through change of address without notification can generally be furnished by the Editor at ten cents per copy.

KIRKSVILLE, MISSOURI, DECEMBER, 1915



To every Atlas man everywhere, our sincere wish is the merriest Christmas ever. May all without be joy and cheer, and all within be peace and gladness. And may the New Year be prosperous and happy.

**Subscriptions Due** The business manager wishes to announce that he will send out statements to every subscriber of the Bulletin and that prompt remittance will be greatly appreciated. Look on your wrapper to see when your subscription expires. A number of the field members are even years behind. Not one of you should pass up the opportunity to square up this obligation. We are keeping the issues out on time and putting in our best licks to make the little magazine as snappy as possible. Help us out will you not?

**Recent Editorials** The editorials of last month had a very pleasing effect upon a number of the field members. Several letters were received containing suggestions. We are sorry that we cannot give space for all of them but as we cannot do that, we have selected the most striking parts of the letters.



"Getting out a directory is a difficult job and takes several months but it should be done, and completely, at once. . . . I suggest that the Osteopaths in the field would pay a small sum for this directory, that would pay for its publication. . . . By all means have a new directory."

"Charge us on the outside 50 cents apiece for it (the directory). I'm sure we'll all be willing to pay for it."

"I am opposed to the semi-annual issuing of the BULLETIN. It is money well spent to keep field members in touch with the Club work and to keep them sending in good new members for the Club."

"I should very much regret to see it (The Bulletin) discontinued even to the extent of making it a semi-annual. Couldn't we at least have it quarterly?"

"The Bulletin is one of the few publications that our opponents, the politico-medico and the pseudo-osteopath (the 'Chiro' principally) do not see. Thus it could furnish a full and free discussion of general problems not possible in any of our other journals."

\* \* \*

"Regarding your editorial on 'Time Limit' will say that you have raised a question which is by no means new. Personally, I would favor a change of policy in one of two directions. I think the Club should enter the field of competition on equal terms with other fraternities, provided the Club has abandoned the idea of meaning more to the profession (and its members) than a social organization or a mere fraternity. On the other hand we must remember that the Atlas Club was a professional organization, originally. Students were chosen because of scholastic standing, field members were chosen because of eminence in their profession. The social element was secondary. As to how well this plan succeeded I need only to point to the early Atlas men who hold high positions in our profession today.

As other fraternities entered the field I was surprised to see the Atlas Club enter into competition with them on social grounds. I would suggest that the remedy would be in withdrawing from the field of social organizations, making the Atlas Club a professional organization strictly and in accordance with the original plan. Make an invitation to membership an honor to be sought by all, and accept to membership any one of high scholastic standing and professional attainment, REGARDLESS OF HIS MEMBERSHIP OR ASSOCIATION WITH OTHER ORGANIZATIONS. Most professions have such a fraternity as this. I feel it is the rightful place for the Atlas Club."

Doubtlessly these questions will come up at the meeting of the Grand Council and be threshed out to a considerable extent. All the letters are gratefully received and were read with a great deal of delight. Our only regret is that there were not a hundred of them.

\* \* \*

We wish to call your attention to the omission of W. K. Foley's name in the November issue. Mr. Foley, who is a member of Jan. '17, wrote the article on "System". That particular card system of accounts and short case history is largely original with him.

\* \* \*

### CLUB NOTES

During the Thanksgiving holidays Dr. Earl J. Drinkall and Mrs. Drinkall of Chicago visited friends in Kirksville. Dr. Drinkall was prevailed upon to give a talk to the Atlas Club and its visitors on Saturday evening, November 27.

In characteristic style he told what the Atlas Club really means in the osteopathic profession, and then he developed the subject "Building a Practice". He let fall many good suggestions and several personal experiences.

Some of the Cream:

"Responsibilities gravitate to the man who can shoulder them.

And power to the man who knows how".—HUBBARD.

Study while you wait.

Do you know Osteopathy?

The limit of Osteopathy is the limit of man's mind.

He visited with the fellows until a late hour talking over plans for the meeting of the Grand Council of the Atlas Club in Chicago in December.

\* \* \*

Plans are almost completed for the first meeting of the Grand Council of the Atlas Club at Chicago, Dec. 16. At a recent meeting the following men were appointed to represent the Axis Chapter: C. J. Manby, L. A. Rausch, E. E. Sanborn, B. M. Rogers, I. C. Huneryager, and S. L. Grossman. Dr. Drinkall and Dr. Whitfield were elected as field members to the convention. Rausch has been energetically working to obtain a special car to carry these representatives and many members of the Club who expect to attend the meeting from La Plata to Chicago. Everything points to a good attendance and a grand meeting. Watch the January Bulletin for details.



Dr. E. M. Moore, June '13, Shelbina, Mo., was in Kirksville for the Thanksgiving football game.

\* \* \*

These Atlas men hold Varsity football letters: S. L. Grossman, (3), W. G. Rausch (2), B. C. Hartford (1), T. H. Francis (1), J. E. Gumbert (1)

\* \* \*

The Atlas social functions go merrily on. Each dance seems to be better and more enjoyable than the last. More and more of the fellows attend them until the average attendance reaches about thirty-five couples. Nov. 25 the committee put on a special dance with special music and decorations. It is reported as one of the very best of the fall. The last dance to be given under the present committee was held Dec. 10th at the Club rooms.

\* \* \*

Dr. E. E. Tucker, Chair of Principles and Technique at the A. S. O., has been introduced into the inner workings of the Club.

\* \* \*

In the Delta Omega Minstrel given Nov. 22 in the Harrington Theater, seventeen Atlas fellows appeared upon the program. Dale Atwood as an end man and Lor Rausch as a soloist. The others appeared in a Burlesque Orchestra which was the hit of the evening and in a Ragtime Darkey Sketch, with mandolins and guitars. This troupe answered repeated encores. The local papers called it the best amateur production ever produced in Kirksville.

\* \* \*

#### ELECTION OF OFFICERS

Saturday evening Dec. 4th, the Atlas fellows elected the following officers for the spring semester:

Noble Skull, C. J. Manby, June '16.

Occipital, E. A. Parker, Jan. '17.

Stylus, H. G. Sandeford, June '17.

Pyloris, J. W. Templeton, Jan. '18.

Receptaculum, Paul Benedict, Jan. '17.

Sacrum, W. G. Rausch, June '17.

Styloid, J. E. Kilman, June '17.

Editor Bulletin, S. L. Grossman, June '16.

Business Manager Bulletin, B. B. Baldwin, June '16.

Trustees, Dr. Tucker of the faculty; Dale Atwood, June '16; E. E. Sanborn, June '16.

#### INITIATES

James Edward Gumbert, June '18, formerly a student and clerk became so imbued with the idea that Osteopathy was the most natural cure for disease of the body, that he was willing to give up the comforts of his home in Verona, Penn. and come to Kirksville. His uncle Dr. M. E. Hawk of Augusta, Maine, was also influential in bringing him to the A. S. O. "Gummy" has had two years work in a high school and two years in a private "prep" school. He made an excellent record on the football team last fall, winning his letter and putting in a strong bid for All-Missouri fullback.

\* \* \*

Carl R. Ibach (pronounced E baugh) June '18, comes from Preston, Minn., where after having completed three years of high school work he was engaged as a linotype operator. Dr. Becker, a former A. S. O. man was directly responsible for Carl's appearance among the Osteopaths. He is the first of the Ibach family to cut loose from drugs and follow the new trail.

\* \* \*

W. Brock Roben, June '18, comes all the way from South Ryegate, Vt. Before he came he graduated from Lyndonville Academy. His interest in Osteopathy was first aroused by an uncle, Dr. M. A. Roben, Auburn, Maine. And young Roben is certain that this science will cure practically every ill to which suffering humanity fall heir.

\* \* \*

G. Douglas Clark, June '18, following closely the footsteps of Brothers Hutton and Bowman, all of whom came from a little town in New York State called Gouverneur, came to Kirksville for the purpose of studying and when the invitation came allied himself with the Atlas Club. Norman C. Hawes was directly responsible for Clark's decision in favor of Osteopathy. He graduated from the Gouverneur high school in 1915.

\* \* \*

Roy Clarence Dunseth, a product of the justly famous state of Illinois, cast his lot with the June '18 class. The young man taught school over around Peoria, teaching biological science and it was from this experience that he got his first desire for Osteopathy. Drs. Magill and Pringel clinched the matter. Dunseth is an associate Bachelor of Science and will not admit having any relatives in our profession.

\* \* \*

William H. Carr, June '18, coming from Princeton, W. Va. proves that they can raise something more than thistles and rattlesnakes there. He is a regular ladies man. He claims Dr. J. H. Robinett of Huntington, W. Va. as a relative but refuses to disclose the exact relationship.



George S. Watson, June '17, who during his initiation insisted on yelling "Hock der Kaiser" crossed the big pond for a chance to study near "Daddy" Still. "Wats" comes from Greystones, Ireland, where he has been a student, and was graduated from St. Andrew's College, Dublin, Ireland. Dr. R. F. Parker, Listowel, Ontario, Canada is a relative.

\* \* \*

William Hillary Baker, June '18, a Kentucky Rosebud had never done a lick of work in his life until last fall when he entered school here. He has graduated from a high school and did some college work. He gained his first introduction to Osteopathy when his mother, given up to die by six medics, was saved by an Osteopath. His home is Owensboro, Kentucky.

\* \* \*

William Edwin Betts, June '18, Summit, N. J. as would be expected is a rank Easterner, and rode the goat so gracefully. He has had four years high school work in preparation for the work here. He had no friends in the profession in school and an Osteopath in Summit, N. J., who, by pulling him through a severe attack of rheumatism, showed him what osteopathy could do. He cares little for the ladies but they are particularly fond of him.

\* \* \*

B. Frank Wendel, June '18, Newman, Ill. is a brother of Chas. A., of the June '16 class, but unlike him he is exceedingly quiet and unassuming. Frank has made a great start along the right way for there is not a fellow in school who applies himself more closely nor to better advantage.

\* \* \*

Blaine Clair Hartford, June '17, Gibson City, Illinois, was a pedagogue before he entered the A. S. O. but we forgave him that when he won his "O" on the football team. Osteopathy is nothing new in the Hartford family. His father, two uncles, one aunt and two cousins are are making a living in the profession. And from the way "B. C." tackles things around school it "sorta" looks as though he would be able to get along without aid from "Dad".

\* \* \*

Edward Patrick Kane, June '18, Toledo, Ohio. If you knew J. E. Kane you know Edward Patrick for he sure is a brother of Jack's. He was a civil engineer working for the Hocking Valley Railroad but gave that up for the work here. He has had three years work in St. John's College, Toledo, Ohio. Shortly after receiving his pin he lost it, but it has been an open secret that "the girl from home" who visited here during the Thanksgiving holidays has an Atlas pin.

## BOOK REVIEWS

**Osteopathic Mechanics**—by Dr. Edythe F. Ashmore, published by the Journal Printing Co., Kirksville, Mo. The book contains 240 pages and has 82 illustrations, is published on the heaviest enameled paper, bound in Library buckram. The book contains eleven chapters as follows:

- I. The Lesion.
- II. The Normal Movements of the Spine
- III. Lateral Curvature of the Spine.
- IV. Flexion and Extension Lesions.
- V. Rotation and Sidebending Lesions.
- VI. Cervical Lesions.
- VII. Sacro-Iliac Lesions.
- VIII. Rib Lesions
- IX. Occipito-Atlantal Lesions.
- X. Clavicular and Other Lesions.
- XI. Soft Tissue Technique.

The chapter on curvature is especially fine and well worth the price of the book. The one chapter is really Lovett's book on curvature boiled down. The chapter on Sacro-Iliac lesions takes up pelvic inclination, a subject which has never been solved by the medical profession. It is solved here by a clear understanding of lesions of the sacrum. The authoress, also, has clearly shown by her treatment of experimental palpation, that it is essential to correct diagnosis of lesions. In the back of the book are two pages on principles which we sincerely hope will be elaborated to a chapter or two in the next edition.

It is the first book on Osteopathic Mechanics ever published, and as the preface states it is really a textbook. It should be in the hands of every thinking, wide-awake osteopath.

A lengthy review by Dr. Carl P. McConnell may be found in the December number of the A. O. A. Journal.

The book sells for \$3.50. It may be ordered directly from Dr. Ashmore at 161 Atkinson Ave., Detroit, Michigan.

\* \* \*

**Your Baby**.—by Dr. E. B. Lowry, author of "Herself", "The Home Nurse", etc. Price \$1.00. Sold by Forbes & Co., Chicago.

This book contains everything the prospective mother wants to know for the health and care of her baby and herself. It would aid any mother to bring up her child to its rightful heritage of health and happiness.



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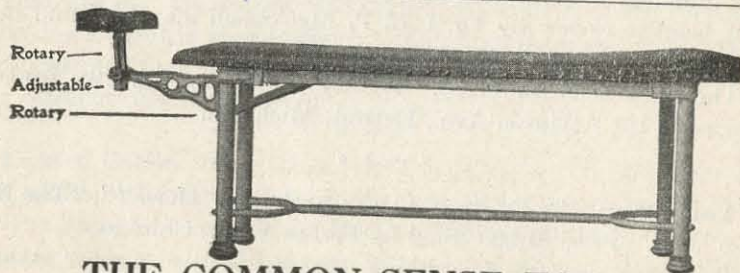
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